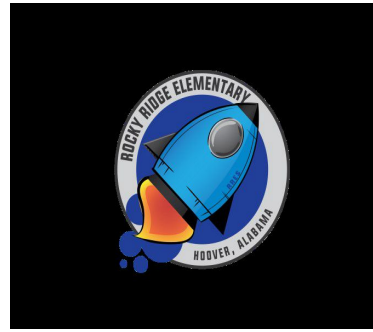


Rocket Report



Rocky Ridge Elementary School Newsletter

April 5, 2018

Upcoming Events:

- | | |
|-----------------|---|
| April 13 | First Grade to Ruffner Mountain |
| April 19 | Second Grade to Aldridge Gardens |
| April 20 | Kindergarten to Old Baker Farm
Second Grade to Aldridge Gardens
Fourth Grade to Montgomery |
| April 23 | NO SCHOOL |
| April 24 | Kindergarten Registration 4pm - 6pm @ Rocky Ridge |
| April 27 | Spring Fling 4:30pm - 7:30pm |
| May 3 | Third Grade Field Trip |
| May 8 | 50th School Anniversary Celebration 1pm
ARTS Night 6pm - 7pm |
| May 11 | Field Day |

ADMINISTRATOR'S CORNER



From The Principal's Desk:

Re: Placements for the 2018/19 School Year

As we begin planning for the next school year, I would like to invite you to help us with this process. **As in the past, we will NOT accept requests for specific teachers.** However, since you are the person who knows your child best, I encourage you to send me an email (duswatte@hoover.k12.al.us) that describes how you feel your child learns and/or the teacher characteristics that support your child's needs. Furthermore, if your child needs to be separated from another child due to discipline issues this year, please send me your request. In placing each child, this year's teacher(s), the counselor, assistant principal, support teachers, and I will use the information we have and your feedback to try and match him/her with a teacher who best meets his/her individual needs. Please understand that with over 600 students, we will do our very best to meet student needs but will also consider whole class dynamics and demographics.

Emails regarding placement must be received by April 20th, 2018. If you do not receive a confirmation of your request on or before April 23rd, please contact the office at 439-2900.

Once again, it has been an incredible year at the Rock and I thank you for all that you have done and will continue to do to make this a great school.

Looking forward to another great year with you and your child,

Dil Uswatte, Ed.D

Principal, Rocky Ridge Elementary

CLASSROOM CLIPS

MH - We are so excited that spring is here and are celebrating with our plant/flower language unit. Our sensory garden in the school courtyard will be spruced up by the herbs and flowers that we are planting to help us explore our 5 senses. We will be planting seeds and watching them grow. Our solar frog fountain is back up and running and we are looking forward to being able to spend time in this special area. We have also welcomed a new paraprofessional in our classroom, Aimee Pierce, replacing Mr. McQueen, who moved back to Auburn.

Kindergarten - We hope you had a great spring break! It was fun to hear of all of the kids' adventures and time with family. We will begin studying balls and ramps in the coming weeks, so if you see examples of these in the world around you, explore them with your kids! We are learning all about spring, insects, and plants. The farm field trip is on Friday the 20th. If you have not yet paid for the farm field trip, please log on to [myschoolfees](http://myschoolfees.com) and turn in your payment.

1st Grade - First graders are getting excited about our Ruffner Mountain field trip. We are scheduled to go on April 13th. If you have not done so, please remember to pay for the trip on Myschoolfees.com. In reading, we are going to be studying theme, or life lessons learned from the books we have read. In math, we will finish up place value and number sense and move to solving addition and subtraction word problems.

2nd Grade - We are SO excited to be scientists in our classrooms conducting investigations to describe and classify various rocks according to physical properties. We are discovering that erosion of rocks happens over a longer period of time than one can observe.

3rd Grade - We hope you all had a wonderful, restful spring break! We were thankful to see everyone back safe and healthy! Third graders are still working hard on researching while reading. We are also learning about subject and predicates and persuasive writing. In math we will be reviewing subtraction strategies, as well as continuing our work on multiplication facts and fractions. Please keep practicing those multiplication facts at home! Please let us know if you have any questions or if we can help you in any way.

4th Grade - The awesome Rocky Ridge 4th graders have been working hard to prepare for the state testing that will happen on April 17-18. Luckily, they have worked hard all year and are confident that they can do their best! They have practiced complicated math problems, some that involve fractions, geometry and computation all in one problem. They've practiced reading passages carefully and answering questions using evidence they find in the text. They have also brushed up on writing grammar skills. Our 4th graders are ready to prove how much they have learned this year!

5th Grade - 5th grade is preparing for testing next week! In science, we are conducting planet research. In math, we are reviewing multiplying fractions. We are learning about the events that led to the War for Independence in social studies. Finally, we are working on argumentative writing and debating in language arts.

Words of Learning Wisdom for all
(by Instructional Support Team)

Movement in learning is a teaching method based on the concept that humans learn better through movement. This teaching method can be applied to students, who should have the opportunity throughout a class period to move around to take "brain breaks" to refocus their attention so they can learn new material.

Teaching lessons as active games also enhances attention and memory. How about a kinesthetic spelling bee in which your child spells vocabulary words by positioning his/her body in the shapes of letters?

Brain breaks are planned learning activity shifts that mobilize different networks of the brain. These shifts allow those regions that are blocked by stress or high-intensity work to revitalize. Brain breaks, by switching activity to different brain networks, allow the resting pathways to restore their calm focus and foster optimal mood, attention, and memory.

Brain breaks should take place before fatigue, boredom, distraction, and inattention set in for the student. Depending on students' ages and focus development, brain break frequency will vary. As a general rule, concentrated study of 10 to 15 minutes for elementary school and 20 to 30 minutes for middle and high school students calls for a three- to five-minute break.

Brain breaks do not require disruption in the flow of learning. Simply stretching, moving to a different part of the room, or singing a song can revitalize the brain.



Rocky Ridge Elementary School

April 4, 2018

Dear Parents,

The Scantron Performance Series will be administered to our third, fourth, and fifth-grade students beginning the week of April 9, 2018. Please see the back of this letter for the testing schedule. Please help us provide the best testing situation for your child to demonstrate his/her abilities. Please monitor your child's eating and activity levels during this time. Well-nourished and rested children are more alert and better prepared to meet the demands of standardized testing conditions.

Students will be taking the Scantron Performance Series in their classrooms on their Chromebooks. Other than taking the test on a Chromebook, the possession of digital devices (including but not limited to cell phones, digital watches, watches with alarms, MP3 players, cameras, mobile entertainment, social connections, navigation devices, or other telecommunication devices) are **strictly prohibited** in the testing setting. If a device is in the possession of a student in the testing setting, testing for that student will cease, the device will be taken up and turned into the office, the student will be dismissed from testing, and the student's test will be invalidated. Therefore, please make sure your child leaves these devices at home or if he/she need the device for after school, please make sure they are powered off and inside his/her bookbag. All bookbags will be left in the hallway during testing.

We also request your cooperation in assuring your child's prompt arrival to school each day. Due to standardized administration guidelines, no testing session can be interrupted once it has begun at 8:00. Any child who arrives late will miss the testing session for the day. Please make sure that any appointments for your child occur after 11:00 a.m.

Listed are some tips that will help your child to be better prepared for the Scantron Performance Series:

1. Ensure that your child gets plenty of sleep the night before the test and gets up early enough to avoid rushing.
2. Try to prevent your child from participating in any strenuous or late-night activities during test week.
3. Understand the importance of your child eating a good breakfast before taking the test.
4. Encourage your child to wear clothes on test days that are comfortable. Bring a jacket if they are worried about being cold.
5. If your child wears glasses, make sure he or she brings them to school.
6. Encourage your child to do his/her best without creating unnecessary pressure.
7. Please arrange all appointments around testing times. Testing **cannot** be interrupted for checkouts.
8. Be sure your child has working headphones or earbuds for testing.

Thank you for your cooperation and be assured of our commitment to providing a positive learning environment for all of our students.

Sincerely,

Dr. Dilhani Uswatte, Principal

Mrs. Aqila Malpass, Assistant Principal

Amy Willis, School Counselor



Rocky Ridge Elementary School

Week of April 9-13, 2018

Testing will begin promptly at 8:00 a.m.

Monday, April 9, 2018	Tuesday, April 10, 2018	Wednesday, April 11, 2018	Thursday, April 12, 2018	Friday, April 13, 2018
5th grade Prep Day	5th grade <u>Reading</u>	5th grade <u>Math</u>	5th grade <u>Science</u>	5th grade Make-Up

Week of April 16-20, 2018

Testing will begin promptly at 8:00 a.m. for 3rd grade and 9:30 am for 4th grade

Monday, April 16, 2018	Tuesday, April 17, 2018	Wednesday, April 18, 2018	Thursday, April 19, 2018	Friday, April 20, 2018
5th grade Make-Up 3rd & 4th Prep Day	3rd grade <u>Reading- 8:00</u> 4th grade <u>Reading- 9:30</u>	3rd grade <u>Math- 8:00</u> 4th grade <u>Math- 9:30</u>	3rd, 4th, and 5th Make-Up	3rd, 4th, and 5th Make-Up

Week of April 16-20, 2018

Testing will begin promptly at 8:00 a.m. for 3rd grade and 9:30 am for 4th grade

Monday, April 23, 2018	Tuesday, April 24, 2018	Wednesday, April 25, 2018	Thursday, April 26, 2018	Friday, April 27, 2018
3rd, 4th, and 5th Make-Up	3rd, 4th, and 5th Make-Up	2nd grade will begin testing		

2nd grade will be taking the End of the Year Scantron tests between April 25th and May 10th in the Primary Computer Lab.

HCS TRANSITION NIGHTS

Dear HCS Families:

You may have received notice from your child's school about Transition Nights scheduled for this coming Monday, March nineteenth (19) and Thursday, April twelfth (12).

We are rescheduling those meetings for the month of May.

Confirmed dates and times for Hoover Transition Nights are as follows:

Tuesday, May first (1) - Elementary/Intermediate

South Shades Crest- 5:25pm-6:30pm

Bluff Park- 5:30pm-6:30pm

Deer Valley- 5:30pm-6:30pm

Green Valley- 5:30pm-6:30pm

Greystone- 5:30pm-6:30pm

Riverchase- 5:30pm-6:30pm

Rocky Ridge- 5:30pm-6:30pm

Shades Mountain- 5:30pm-6:30pm

Gwin- 6:00pm-7:00pm

Trace Crossings- 6:00pm-7:00pm

Brock's Gap- 6:30pm-7:30pm

Monday, May seventh (7) - Middle School

Berry, Bumpus, and Simmons- 6:00pm-8:00pm

Tuesday, May eighth (8) - High School

Hoover and Spain Park- 6:00pm-7:30pm

For your convenience, access this [address lookup tool link](#) for your use. In addition, refer to this [Apartment Guide for 2018-19 School Zones](#) if needed.

Your attention to this message is appreciated.

Thank You -

Hoover City Schools

Estimadas Familias de HCS:

Es posible que haya recibido un aviso de la escuela de su hijo acerca de los programas de Transición de escuelas por la recalificación del distrito para el año que viene, programado para el próximo lunes, el 19 de marzo y el jueves, 12 de abril..

Estamos cambiando esas reuniones para el mes de mayo.

Las fechas y horas confirmadas para Los Programas de Transición son las siguientes:

Martes, el primer de mayo (1) - Escuelas Primarias e Intermedias

South Shades Crest- 5:25 p.m. - 6:30 p.m.

Bluff Park: de 5:30 p.m. a 6:30 p.m.

Deer Valley - 5:30 p.m. - 6:30 p.m.

Green Valley: de 5:30 p.m. a 6:30 p.m.

Greystone- 5:30 p.m. - 6:30 p.m.

Riverchase: de 5:30 p.m. a 6:30 p.m.

Rocky Ridge- 5:30 p.m. - 6:30 p.m.

Shades Mountain - 5:30 p.m. - 6:30 p.m.

Gwin- 6:00 p.m. - 7:00 p.m.

Trace Crossings- 6:00 p.m.-7:00 p.m.

Brock's Gap: 6:30 p.m. - 7:30 p.m.

Lunes, 7 de mayo -Las Escuelas Secundarias

Berry, Bumpus y Simmons, de 6:00 p.m. a 8:00 p.m.

Martes, 8 de mayo (8) - Los Colegios

Hoover y Spain Park- 6:00 p.m. - 7:30 p.m.

Para su conveniencia, tiene acceso a [este enlace](#) para buscar su dirección para ver la escuela adónde asistirá su hijo el año que viene. Además, consulte esta [Guía de apartamentos](#) para ver las zonas escolares para el año 2018-19 si es necesario.

Gracias-

Las Escuelas de Hoover

MS. CORRIGAN NEEDS:

Ms. Corrigan is in need of empty baby wipe containers ASAP. Any color tub will work. Please see picture below to see style/size that she is looking for.



FROM PTO

Spring Fling and **Silent Auction** is on April 27th. Volunteers are needed for the silent auction committee. We need people to help solicit donations, errand runners to pick up items at various places over the next few months, and people to help us package and set up the week of auction. Please contact me at lizziethorn@bellsouth.net if you can help!

Thank you!

Lizzie

ROCKY RIDGE'S SPRING FLING!



**FRIDAY
APRIL 27TH**

**4:30 TO
7:30 PM**

**SILENT AUCTION • CONCESSIONS - CASH ONLY \$1 - \$5
MARCO'S PIZZA, DOODLES ICES & MORE • GAME TRUCK
CARNIVAL GAMES WITH PRIZES • CAKE WALK • LASER TAG**

**SPECIAL OFFER: \$20 ALL ACCESS PRE-SALE ARMBANDS WILL INCLUDE 2 SLICES
OF PIZZA AND DRINK IF ORDERED BEFORE APRIL 20TH.**

AT THE DOOR - \$25 (PIZZA NOT INCLUDED) ALL ACCESS ARMBANDS



**TICKETS CAN BE PURCHASED AT MySchoolFees.com OR YOU CAN RETURN THIS PORTION
AND PAYMENT TO YOUR CHILD'S TEACHER. LAST DAY TO PRE-ORDER IS FRIDAY, APRIL 20TH.**

STUDENT NAME: _____

TEACHER: _____

OF ARMBANDS: _____ X \$20 = \$ _____



IT'S COUNTDOWN TIME TO SPRING FLING 2018!

PLEASE DON'T FORGET THAT WE NEED YOUR HELP AS WE "ROCK" INTO SPRING!

It's that time of year again to get our silent auction items together for our annual Spring Fling here at the Rock! Spring fling is Friday, April 27th. Please consider a contribution of \$5 or an item or service from your workplace to help create packages for the

auction.

Simply send cash or check made out to "Rocky Ridge" in a sealed envelope marked "PTO Silent Auction" in your child's daily folder by Friday, April 13th.

Some of you have donated goods and services to the auction in the past and we certainly welcome that again this year! If you are able to assist in donating a tax-deductible item from your place of business, we will also need those items by Friday, April 13th.

SILENT AUCTION SUGGESTED DONATION (GOODS AND SERVICES)

- Gift certificates towards manicures/ salon services, restaurants
- Home and garden, BBQ/patio, and tailgating items
- Jewelry, arts and crafts, and home décor

*****Please indicate below if you are donating an auction item so members of our committee can contact you directly*****

All checks should be made payable to Rocky Ridge Elementary and should be marked "PTO Silent Auction"

Please contact Lizzie Thorn with questions- lizziethorn@bellsouth.net

_____please return bottom portion back to school in your child's folder_____

I have enclosed a monetary donation to support the 2017 Rocky Ridge PTO Silent Auction.

Name: _____

Student(s) / Teacher(s): _____

Please contact me about donating a tax-deductible item to the Silent Auction:

Phone: _____

Email: _____

Item: _____

meineke
Match Up

ROCKY RIDGE ELEMENTARY

APRIL 9-21, 2018
JOIN MEINEKE AS WE GIVE BACK
TO OUR SCHOOLS.

Meineke Car Care Center
2505 Rocky Ridge Road
Vestavia Hills, AL 35243
(205) 598-5567

Make an appointment at
www.meinekevestavia.com
Walk-ins are always welcome too!

By mentioning this promotion...

We will donate \$10 from any oil change package to your school.

Packages start at \$34.95 and include 5 quarts of Chevron oil, filter,
tire rotation, fluid top-off, and full inspection.

Or

We will donate 10% of any ticket over \$200 to Rocky Ridge Elementary.

Come see our beautiful new store located behind The Twisted Root.
We are a locally owned, full service shop with trained, experienced technicians
ready to serve our community!

GREEN VALLEY ELEMENTARY PTO
presents

PARTY ON THE PLAYGROUND

a community event with food, film & fun

SATURDAY, APRIL 14
4:00-7:00

\$5
ADMISSION

FOOD TRUCKS

Pazzo • Broad Street Peaux Boys • Wicked Haute Dogs
Bruster's Ice Cream • Dixieland Funnel Cakes

GAMES • GAME TRUCK (\$2) • LASER TAG (\$2)
TIE DYE SOCKS (\$3) • FACE PAINTING (\$1)
STAR WARS CHARACTERS • TELESCOPES

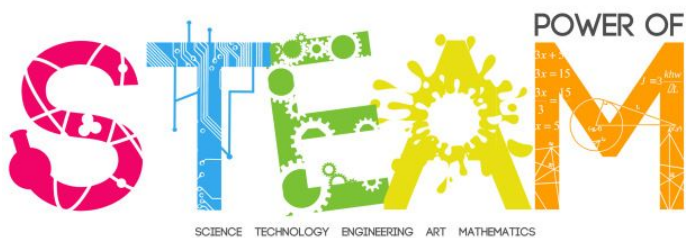
MOVIE STARTS AROUND 6:45 P.M.

free popcorn | bring your blankets and lawn chairs for the movie

BLOOD DRIVE

2-7 p.m. at Sertoma Gym | sign up at redcross.org
sponsor code: greenvally | in memory of Miss Kelly Cash

AMERICAN
RED CROSS
WILL DONATE \$10
FOR EACH PINT
DONATED



In our STEAM Lab classes, students will work together to explore the realms of science, technology, engineering, art, and math under the guidance of Ashley Waring.

2-5th graders learning what it takes it be a computer and how computers work. 3rd, 4th, and 5th graders are also reviewing mathematical practices through rigorous problem solving to help them prepare for testing after Spring Break.

Kindergarten, first, and second graders are beginning to learn vocabulary associated with computer science through designing, testing, and debugging “programs” for processes like tying our shoes or navigating the school. We have been reading the book Iggy Peck, Architect by Andrea Davis and building bridges while learning about teamwork, designing, and engineering. We have also been reading about Rosie Revere, Engineer and trying to stick with challenges in constructing buildings from just index cards. Some classes are on the third book in the series, Ada Twist, Scientist and asking scientific questions while using magnets, X-rays, and light boxes donated by the Cantrell family!

Local STEAM-related events ----Kids Code Sunday- this is a **free** event for students 8 and up who are interested in coding and computer science! Just register your child and send him or her with a device. There is one every month hosted by TechBirmingham.

[April 8th.](#)

[May 13th](#)

STEAM Camp

The March/April STEAM Camp session has started!. This will be another maker session! [See the flyer for more information.](#)

How you can help our STEAM Lab:

- I am always on the lookout for **guest speakers** to come share with our students. If you or someone you know **works in any science, technology, engineering, art or math fields** and they would be up for sharing with students, please let me know. Feel free to share my email address with them: awaring@hoover.k12.al.us
- **Thank you so much for everything you have already sent in!** I am now looking to collect: **CDs, pipe cleaners, masking tape, and straws**. Also, if you find it in your heart to send some **paper towels and/or Clorox wipes**, they would be greatly appreciated!

See this link for STEAM pictures:

<https://drive.google.com/drive/folders/0B1liNOj-t5tNZXRVSdVCWDZuZ2M?usp=sharing>



Mark your Calendar for Tuesday, May 8th. It is our annual **Fine Arts Night**. The Artome' Art Show is from 4:30 -7:30, which features artwork done by Rocky Ridge students, K – 5, matted and framed, and can be purchased for just \$25. This is a Fundraiser to buy Art Supplies for the Art Room. You can prepay online on MySchoolFees.com with check or charge it with Master Card or Discover.

2018 LITTER POSTER CONTEST for Grades 4-5

It starts this week and posters must be turned in by Wednesday, April 4th. Judging will be on Thursday, April 5th.

4th Graders, get your instructions and poster board from Ms. Ezekiel.

5th Graders, get your instructions and poster board from Ms. Davidson.

GOOD LUCK!!!!

FROM THE LIBRARY



Dear Families:

We are excited to announce a new school resource, **PebbleGo**, that can be accessed from school, home, or on the go—anywhere with an internet connection.

PebbleGo is a database specifically geared toward the needs of K-2 learners. It helps your student learn foundational research skills plus provides critical early-reader supports like audio voice overs and text highlighting.

But best of all, students love using PebbleGo. The easy navigation makes it inviting for students to discover new information. Features like videos and fun games keep them engaged and learning. And you can feel comfortable knowing that they are exploring an ad-free website bursting with resources to help your student master many skills and learn fun facts they will be so proud to share.

Please explore PebbleGo with your student and let us know your feedback.

.....

To access our library's subscription, go to www.PebbleGo.com and login with our school-wide password and login.

Login: avl

Password: avl

.....

Our library subscribes to the following PebbleGo databases:

Animals
Science



capstone

Capstonepub.com
© 2014 Capstone. All Rights Reserved.



HOOVER CITY SCHOOLS ELEMENTARY TRACK MEET

Come compete against kids from other Hoover City Elementary Schools in many different track events on April 30th. Please click [here](#) to print out the form and return the form by April 19th.

FROM HOOVER CITY SCHOOLS



MANAGE CAFETERIA BALANCES!

- ✓ Set up a PayPams account & pay for your child's meals 24/7!
- ✓ Schedule automatic payments based on account balance!
- ✓ View your child's cafeteria purchases online!
- ✓ Receive e-mail notifications when balances get low!

Set up today: <https://www.paypams.com/>



FROM THE CITY OF HOOVER



Hoover Celebrate Hoover!

Saturday, April 28 - 11:00 am - 3:00 pm
(Rain Date: Sunday, April 29 - 1:30 - 5:30 pm)

Veterans Park on Valleydale
Parking at Spain Park High School with shuttle service

FREE TO THE PUBLIC

Veterans Memorial Plaza Dedication Ceremony
including Iwo-Jima Re-enactment

Car show
All show car owners invited to display cars

Live entertainment *Large exhibitor pavilion*

Complimentary ice cream and apple pie baked by
Jefferson State Culinary & Hospitality Institute

kids zone with inflatables, games, entertainment,
Birmingham Zoo Animal Exhibit, McWane Center Interactive Area,
Michael's Crafts, pony rides, petting zoo and more!

Carnival Rides *6th Day Creatures* Xtreme Bungee
Balloon artists, face painting & airbrush tattoos
child finger printing by Hoover Police Department
Document destruction provided by Shred-It

Variety of Food Truck options

For information visit
www.hooveralabama.gov or call 444-7500.



HOOVER CITY SCHOOLS FOUNDATION

Fun for a Cause! The Hoover City Schools Foundation is hosting its 3rd annual Denim & Dining event at the Met on April 7. In addition to outstanding BBQ and local craft drinks, we're excited that Robert Abernathy will be with us again and our silent auction will have great items! The proceeds raised from this wonderful event enable the Foundation to provide grants to Hoover City Schools teachers and schools. The Foundation granted over \$50,000 in 2017. Together, we can improve the educational offerings for our students, and enable teachers to find new and innovative ways to help our students learn. Attire: Jeans (yes, really!) Tickets available on Eventbrite at <https://denim2018.eventbrite.com>.

FROM THE OFFICE



We are collecting all kinds of used ink cartridges. Please drop used ink cartridges off at the front office. Thank you for helping us recycle and earn money for our school at the same time.

Think Marian & the Michael Douglas Youth Foundation
presents

THE HARLEM LEGENDS

Hoops & Health Celebrity Basketball Show



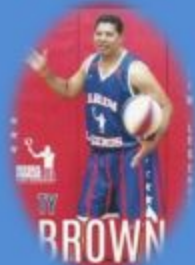
Michael Douglas



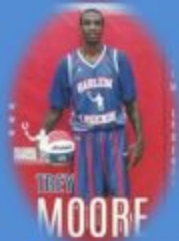
Larry Coleman
"Shorty"



Dr. Kathy Murphy
Superintendent



Tyrone Brown
"Hollywood"



Trey Moore

You may purchase
tickets at
Riverchase Car Wash
[www.paypal.com/
harlemlegends24](http://www.paypal.com/harlemlegends24)
@harlemlegends.com
or
Contact an All Star

Mayor Frank Brocato



-VS-

The Hoover All Stars Spain Park High School Hoover, AL

May 5, 2018

1:00pm Basketball Clinic

2:00pm Meet & Greet 3:00pm Showtime

\$15.00 Admission \$25.00 VIP \$25.00 Basketball Clinic

The Hoover All Stars will be comprised of Mayor Brocato, Dr. Kathy Murphy, Police Chief Derzis, Patrick Kellogg, Dr. Chris Robbins, Charles Echols, Fire Chief K.C. Bentley, Aqila Malpass, Paul Brown, Quincy Collins, Terry Lamar City Councilmen Derrick Murphy & John Lyda, and others from your area who will agree to an evening of fun in their challenge of the Harlem Legends in a friendly game of hoops, Globetrotter style. A portion of proceeds will benefit Spain Park High School Athletic Dept. and the Michael Douglas Youth Foundation.

FUN, PRIZES, FAMILY ENTERTAINMENT

The Harlem Legends are a group of professional athletes, former players from the Harlem Globetrotters, NBA, NFL, past USA Olympians and other professionals. Some of the Legends includes: Michael "Memphis" Douglas, Larry "Shorty" Coleman, Tyrone "Hollywood" Brown, Trey Moore, Darius Smith, DJ Henley, Elbert "Tree" Gordon, Steve Mitchell, Announcer Mike Glenn and referee Jimmy Bolden.

For more information and tickets contact us

Michael Douglas Youth Foundation
Harlem Legends Basketball Entertainers
678-630-8843 www.harlemlegends.com

SOCCER SHOTS

Families,

Soccer Shots 2018 is here! If you are interested in including your child, please go online to register :

https://centralalabama.ssreg.org/?sitename=&program=778&input_address=

Why Soccer Shots?

---We come to your child's school. Your child will have a weekly session that includes fitness, skill development, and character building. And they get to score a goal at the end of every class, which build confidence and respect.

---A child can wear whatever they wore to school that day! We do recommend comfortable, athletic clothes with a good pair of tennis shoes.

---We use age appropriate curriculum. We have 3 program levels : MINI - ages 2-3, CLASSIC - ages 4-5, and PREMIER - ages 6+.

---We have trained and dedicated coaches who love what they do. We enforce energy, fun, and imagination into all of our classes.

---We are the official Youth Soccer Program for children ages 2-5 according to USYS - United States Youth Soccer. This means they see our program as one that can not only grow the sport in the USA, but can also impact this age group in a positive and meaningful way that can build good habits and character development for future growth and opportunities.

Here are some other aspects of getting involved with Soccer Shots that you can take advantage of :

1. We are introducing our **Spring League** this year. It will be for ages 4 and up and is intended for only those kids who are already registered for our weekly program. It will be @ Shades Mtn Baptist Church in Vestavia. We would love for you to come see your child show off everything they have learned during the week in a game setting.

2. Join a **Public Park Program** today. We have an indoor location set to start on January 13th and several locations opening in March (both indoors and outdoors). If your child already does our weekly program, you will get a discount. If you are interested please register online @ https://centralalabama.ssreg.org/?sitename=&program=780&input_address=.

Thank you and we hope to see you soon! -Soccer Shots Central Alabama-



JOIN THE FUN with MISS BETH'S GYMNASTICS!!



Miss Beth's Gymnastics offers tumbling classes on Monday afternoons right after school at Rocky Ridge Elementary!! Our program will give your child the opportunity to learn tumbling skills (i.e. cartwheels, rolls, backbends, splits, handstands, etc.) while increasing their overall body strength, flexibility, and coordination in a fun and safe environment!!! There are only a few spots left, so sign-up soon!

To enroll, or if you have any questions, please call or e-mail Beth Butterworth at (205) 243-7174 or bamagymnast@charter.net !!!



JOIN THE FUN with MISS BETH'S BALLET!!

Miss Beth's Ballet offers classes on Friday afternoons right after school at Rocky Ridge Elementary!! Our program will give your child an outstanding introduction to the fundamentals of ballet, focusing on imagination, creativity and FUN!!!

There are only a few spots left, so sign-up soon!

To enroll, or if you have any questions, please call or e-mail Beth Butterworth at (205) 243-7174 or bamagymnast@charter.net !!!

F2S FARM 2 SCHOOL

Proudly serving fresh Grape Tomatoes from
J & J Tomato in Steele, Alabama



April



Breakfast in the Classroom

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@HooverCNP

*Trace Crossings, Green Valley & Rocky Ridge


Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Assorted Pop-Tart (Strawberry or Brown Sugar)	Breakfast Sliders	Assorted Mini Pancakes	Chicken Biscuit	French Toast Sticks
9	10	11	12	13
Assorted Cereal Bars (Trix, Cocoa Puffs or Cinnamon Toast Crunch)	Egg & Cheese on Bun	Assorted Frudel (Cherry or Apple)	Pancake on a Stick	Mini Cinnamon Rolls
16	17	18	19	20
Assorted Pop-Tart (Strawberry or Brown Sugar)	Breakfast Sliders	Assorted Mini Pancakes	Chicken Biscuit	French Toast Sticks
23	24	25	26	27
Teacher Workday No School 	Egg & Cheese on Bun	Assorted Frudel (Cherry or Apple)	Pancake on a Stick	Mini Cinnamon Rolls
30	<div data-bbox="406 1386 844 1617"> <h3>National Gardening Month</h3>  </div> <div data-bbox="860 1428 1323 1564" style="background-color: #8ebf8e; padding: 10px;"> <p>Assorted Fruit Selections & Low-Fat/Fat-Free Milk options offered daily!</p> </div>			
Assorted Pop-Tart (Strawberry or Brown Sugar)				

This institution is an equal opportunity provider & employer

April



Elementary & Middle School Lunch

Follow us 
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**Fresh Salad Bar served daily*

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Pan Cheese Pizza OR Hamburger on Bun Baked Waffle Fries Vegetable 5-Way Mandarin Oranges	Crispito OR Beef Taco Salad Seasoned Corn Chili Beans Salad Fixings Applesauce	Chicken Tenders OR Country Fried Steak Dinner Roll Seasoned Green Beans Au Gratin Potatoes Fresh Fruit	Turkey Pot Pie OR Breaded Chicken Sandwich Sweet Potato Fries Steamed Broccoli Fresh Fruit	Fiestada Pizza OR Orange Chicken with Brown Rice Potato Rounds Caribbean Carrots Fresh Fruit
9	10	11	12	13
Cheese Sticks w/Marinara BBQ Pork Sandwich Sweet Potato Fries Pasta Salad Mandarin Oranges	Crispito OR Beef Taco Salad Seasoned Corn Chili Beans Salad Fixings Canned Pear Slices	Chicken Tenders w/Roll OR Hot Turkey & Cheese Hoagie Mashed Potatoes Seasoned Green Beans Fresh Fruit	Spaghetti & Meat Sauce OR Beef Parmesan Patty Breadstick Steamed Broccoli Roasted Ranch Carrots Fresh Fruit	Chicken Corndog OR Hamburger on Bun Seasoned Corn Baked Curly Fries Fresh Fruit
16	17	18	19	20
Cheese OR Pepperoni Flatbread Pizza Potato Rounds Steamed Broccoli Mandarin Oranges	Crispito OR Beef Taco Salad Seasoned Corn Chili Beans Salad Fixings Canned Sliced Peaches	Chicken Tenders OR Turkey Tetrazzini Dinner Roll Black-Eyed Peas Macaroni & Cheese Fresh Fruit	Teriyaki Chicken OR Chicken Bites Fried Rice Steamed Broccoli Roasted Cabbage Fresh Fruit	All-Beef Hot Dog OR Fish Nuggets w/Roll Roasted Red Potatoes Seasoned Green Beans Fresh Fruit
23	24	25	26	27
Teacher Workday No School 	Crispito OR Beef Taco Salad Seasoned Corn Chili Beans Salad Fixings Applesauce	Chicken Tenders OR Country Fried Steak Dinner Roll Seasoned Green Beans Au Gratin Potatoes Fresh Fruit	Turkey Pot Pie OR Breaded Chicken Sandwich Sweet Potato Fries Steamed Broccoli Fresh Fruit	Fiestada Pizza OR Orange Chicken with Brown Rice Potato Rounds Caribbean Carrots Fresh Fruit
30	<div style="display: flex; align-items: center;"> <div style="flex: 1;">  </div> <div style="flex: 1; border: 1px solid purple; padding: 5px; text-align: center;"> <p><i>Individually Wrapped PB & Jelly Sandwich Meal and/or Soy Nut Butter Sandwich Meal available every day</i></p> </div> <div style="flex: 1; background-color: yellow; padding: 5px; text-align: center;"> <p><i>This institution is an equal opportunity provider & employer</i></p> </div> </div>			
Cheese Sticks w/Marinara BBQ Pork Sandwich Sweet Potato Fries Pasta Salad Mandarin Oranges	<p>https://schools.mealviewer.com/district/Hoover</p>			