September PES/PMS Lunch Menu

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| 4 | 5Chicken AlfredoCarrotsSalad and rollFruit and cookieChoice of Milk | 6Nachos Pinto BeansCorn on the cob Salsa and Sour CreamLettuceFruit & Choice of Milk | 7Corndog Sweet Potato FriesCornFruitChoice of Milk | 8Personal Pan PizzaCalifornia VeggiesSalad w/ RanchFruitChoice of Milk |
| 11Chicken Sandwich w/ fixings Sweet Potato FriesFruitChoice of Milk | 12Spaghetti SaladCalifornia VeggiesBreaded Cheese StickFruitChoice of Milk | 13Sweet and Sour Chicken Steamed RiceEggrollBroccoli and CarrotsFruitChoice of Milk | 14Fish or grilled chicken sandwich FriesPeasFruitChoice of Milk | 15CrispitoPintosLettuce and SalsaFruitCookieChoice of Milk |
| 18Chicken Nuggets Mac and CheeseMixed VeggiesGreen BeansRoll and FruitChoice of Milk | 19Country Fried Steak Mashed PotatoesGreen BeansBiscuitFruitChoice of Milk | 20Chicken & Dumplings Steamed BroccoliCarrotsRoll and FruitChoice of Milk | 21Hamburger w/ fixings Fries w/ ketchupBaked BeansCinnamon GrahamsFruitChoice of Milk | 22Personal Pan PizzaCalifornia VeggiesSalad w/ RanchFruitChoice of Milk |
| 25SausageGravy BiscuitEggPancakesHashbrown & TomatoFruitChoice of Milk | 26Chicken ParmesanCalifornia VegetablesSaladRoll and FruitChoice of Milk | 27Sloppy Joes Tater TotsBaked BeansFruitChoice of Milk | 28Hamburger SlidersTater totsBaked BeansFruitChoice of Milk | 29CrispitoPintosLettuce and SalsaFruitCookieChoice of Milk |

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