

Saraland Middle School

January 2018



Breakfast

- 4th Sausage Croissant
 - 5th Yogurt, Muffin
 - 8th Pancake, Sausage
 - 9th Sausage Biscuit
 - 10th Grits, Eggs, Cheese Toast
 - 11th Sausage Croissant
 - 12th Grits, Breakfast Pizza
 - 16th Sausage Biscuit
 - 17th Grits, Eggs, Cheese Toast
 - 18th Sausage, Croissant
 - 19th Yogurt, Muffin
 - 22nd French Toast, Sausage
 - 23rd Sausage Biscuit
 - 24th Grits, Eggs, Cheese Toast
 - 25th Sausage Croissant
 - 26th Grits, Breakfast Pizza
 - 29th Waffles, Sausage
 - 30th Sausage Biscuit
 - 31st Grits, Eggs, Cheese Toast
 - 1st Sausage Croissant
 - 2nd Yogurt, Muffin
- Offered daily with meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast — Low-fat or Skim, Flavored or Unflavored Milk
 Lunch — Mixed Green Salad
 Alternate Lunch Meal — Chef Salad
 Fruit & Juice served daily.
 Menu subject to change due to deliveries.

Mon	Tue	Wed	Thu	Fri
1 Holiday	2 Holiday	3 Holiday	4 Chicken Bites, Green Beans, Potatoes, Bread, Fresh Veggies	5 Potato Soup, Cheese Stick, Broccoli, Brownie
8 Chicken Wrap, Oven Potatoes, Broccoli, Fresh Veggies	9 Pizza, Corn, Fresh Veggies, Cookie	10 Nacho w/ Cheese, Black Beans, Fresh Veggies	11 Cheesy Chicken and Broccoli Casserole, Green Beans, Bread	12 Hamburger, Oven Potatoes, Baked Beans
15 Holiday	16 Chicken Sandwich, Broccoli, Chips, Pudding	17 Chili Crispito Corn, Black Beans, Fresh Veggies	18 Chili, Grilled Cheese, Cookie, Fresh Veggies	19 BBQ Sandwich, Oven Potatoes, Baked Beans, Slaw
22 Pizza, Corn, Fresh Veggies, Cookie	23 Hot Dog w/ Chili, Oven Potatoes, Baked Beans	24 Meatball Sub, Broccoli w/ Cheese, Chips Fresh Veggies	25 Chicken, Mac & Cheese, Turnip Greens, Cornbread	26 Gumbo w/ Rice, or Corndog, Corn, Potato Salad, Cinnamon Roll
29 Chicken Bites Green Beans, Potatoes, Bread, Fresh Veggies	30 Salisbury Steak w/ Gravy, Potatoes, English Peas, Bread	31 Hamburger, Fries, Baked Beans, Fresh Veggies	1 Taco Soup w/ Chips, Cheese, Cookie, Lettuce, Tomatoes	2 Pizza, Corn, Fresh Veggies, Cookie