Saraland Middle School

April 2018



Mon	Tue	Wed	Thu	Fri
2 Nachos w/ Cheese Corn, Lettuce, Tomatoes, Black Beans, Sour Cream	3 Salisbury Steak w/ Gravy, Potatoes, Greens, Cornbread, Fresh Veggies	4 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Cole Slaw,	5 Chicken Tetrazzini, Green Beans, Cookie, Bread	6 Pizza, Corn, Fresh Veggies
9	Spr	ing B	reak	13
16 Chicken Bites, Green Beans, Bread, Pudding	17 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies	18 Chili Crispito w/ Cheese, Corn, Black Beans, Lettuce, Tomatoes	19 Spaghetti, Green Beans, Bread, Fresh Veggies	20 Chicken Wrap, Broccoli, Chips Lettuce, Tomatoes, Pickles
23 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Cole Slaw	24 Chicken Sandwich, Corn, Chips, Fresh Veggies	25 Pizza, Broccoli, Fresh Veggies, Pudding	26 BBQ Sandwich, Baked Beans, Cole Slaw, Chips, Pickles	27 Gumbo w/ Rice or Corndog, Potato Salad, Cinnamon Bun
30 Meatball Sub, Green Beans, Chips, Fresh Veggies, Pudding	1 Nachos w/ Cheese Corn, Black Beans, Lettuce, Tomatoes, Taco Sauce	2 Chicken Bites, Green Beans, Baby Bakers, Bread, Fresh Veggies	3 Beef Tips w/ Gravy, Potatoes, English Peas, Roll, Brownie	4 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies

Breakfast

2nd French Toast, Sausage 3rd Ham, Biscuit Grits, Eggs, Toast 4th Sausage Croissant 5th Yogurt Parfait, Pop Tart 6th 16th Waffles, Sausage 17th Bacon, Egg, Biscuit 18th Grits, Eggs, Toast 19th Sausage Croissant 20th Yogurt, Muffin 23rd Pancake, Sausage 24th Ham, Biscuit 25th Grits, Sausage, Biscuit 26th Sausage Croissant 27th Grits, Breakfast Pizza 30th Pancake on a Stick Bacon, Egg, Biscuit 1st 2nd Grits, Eggs, Toast 3rd Sausage Croissant 4th Grits, Breakfast Pizza Offered daily with meals: Cereal & Toast with Breakfast Lunch & Breakfast — Low-fat or Skim, Flavored or **Unflavored Milk**

Lunch — Mixed Green Salad Alternate Lunch Meal —

Chef Salad

Fruit & Juice served daily.

Menu subject to change due to deliveries

This institution is an equal opportunity provider.