

Saraland Middle School October 2017



Breakfast

- 2nd Pancake, Sausage
- 3rd Chicken Croissant
- 4th Breakfast Sandwich,
Yogurt
- 5th Sausage Croissant
- 10th Chicken Croissant
- 11th Hot Cereal, Breakfast
Pizza
- 12th Sausage Croissant
- 13th Yogurt, Muffin
- 16th Waffles
- 17th Chicken Croissant
- 18th Breakfast Sandwich,
Yogurt
- 19th Sausage Croissant
- 20th Pancake on a Stick
- 23rd Pancake, Sausage
- 24th Chicken Croissant
- 25th Hot Cereal, Breakfast
Pizza
- 26th Sausage Croissant
- 27th Yogurt, Muffin
- 30th French Toast, Sausage
- 31st Chicken Croissant

Mon	Tue	Wed	Thu	Fri
2 Chicken Wrap, Broccoli, Chips, Lettuce, Pickles, Tomatoes	3 Hot Dog w Chili, Tots, Tater Tots, Baked Beans	4 Pizza, Green Beans, Fresh Veggies w Dip Cookie	5 Chicken Vegetable Soup, Crackers, Fresh Veggies w Dip	6 No School
9 No School	10 Hamburger, Fries, Broccoli, Lettuce, Pickles Tomatoes	11 Chili Crispito w Cheese, Corn, Sour Cream Taco Sauce	12 Spaghetti, Green Beans, Fresh Veggies w Dip	13 BBQ Sandwich, Baked Beans, Tater Tots
16 Chicken Bites, Green Bean, Fresh Carrots w Dip	17 Hot Dog w Chili, Tater Tots, Baked Beans	18 Chicken Sandwich, Broccoli, Chips Lettuce, Pickles	19 Taco Meat w Chips, Corn, Lettuce, Tomatoes	20 Pizza, Green Beans, Fresh Veggies w Dip
23 Burrito, Corn Fresh Veggies w Dip	24 Hamburger, Tater Tots, Baked Beans, Lettuce, Pickles	25 Mandarin Chicken, Rice w Veggies, Broccoli	26 Salisbury Steak, Potatoes, Greens, Cornbread	27 Gumbo w Rice or Corndog, Corn, Hushpuppies
30 Hot Dog w Chili, Fries, Baked Beans	31 Baked Potato Soup, Broccoli, Cheese Stick			

Offered daily with meals:
Cereal & Toast with Breakfast
Lunch & Breakfast — Low-fat or Skim,
Flavored or Unflavored Milk
Lunch — Mixed Green Salad
Alternate Lunch Meal — Chef Salad

Fruit & Juice served daily.

Menu subject to change due to deliveries.