

Saraland Early Education Center

February 2017



Breakfast

- 1st Eggs, Bacon, Mini Biscuit
Hot, Cereal
- 2nd Sausage Croissant
- 3rd Yogurt, Breakfast Pizza
- 6th Waffles, Sausage
- 7th Yogurt, Muffin
- 8th Hot Cereal, Breakfast Pizza
- 9th Sausage Croissant
- 10th Hot Cereal, Pancake on a
Stick Berry Flavored
- 13th Chocolate Chip French
Toast, Sausage
- 14th Chicken Croissant
- 15th Eggs, Bacon, Mini Biscuit
Hot Cereal
- 16th Sausage Croissant
- 17th Yogurt, Breakfast Pizza
- 20th Pancake, Sausage
- 21st Yogurt, Muffin
- 22nd Hot Cereal, Breakfast Pizza
- 23rd Sausage Croissant
- 24th Hot Cereal, Breakfast
Sandwich
- 2nd Sausage Croissant
- 3rd Yogurt, Breakfast Bagel

Mon	Tue	Wed	Thu	Fri
		1 Chili Crispito w Cheese, Corn, Black Beans, Lettuce, Tomato	2 Lasagna, Green Beans, Steamed Carrots, Cookie	3 Chicken Bites, Mac & Cheese, Lima Beans
6 Hamburger, Fries, Fresh Carrots w Dip, Lettuce, Tomato	7 Sub Sandwich, Chips, Broccoli, Lettuce, Tomato, Pickles	8 Mandarin Chicken, Rice w Veggies, Steamed Broccoli	9 Mexican Casserole, Corn, Black Beans, Lettuce, Tomato	10 Hot Dog w Chili, Oven Tots, Fresh Carrots w Dip
13 Chicken Bites, Green Beans, Fresh Carrots w Dip	14 Pizza Stick w Sauce, Steamed Corn, Fresh Carrots w Dip, Cake	15 Chicken Sandwich, Broccoli, Fries, Lettuce, Tomato	16 Shephard's Pie, English Peas, Carrots, Bread Stick	17 Beef Sliders, Mixed Veggies, Chips, Lettuce, Tomato, Pickles
20 Nachos, Corn, Black Beans, Lettuce, Tomatoes Taco Sauce	21 Chicken Alfredo, Steamed Broccoli, Cookie	22 BBQ Sandwich, Bake Beans, Oven Tots	23 Chicken Tetrazzini, Green Beans, Carrots w Dip	24 Gumbo w Rice, or Corndog, Corn, Cinnamon Bun, Carrots w Dip
27 Mardi Gras Holidays	28		2 Pizza, Steamed Corn, Fresh Carrots w Dip	3 Sub Sandwich, Chips, Broccoli, Lettuce, Tomato, Pickles

Offered daily with meals:
Cereal & Toast with Breakfast
Lunch & Breakfast — Low-fat or Skim,
Flavored or Unflavored Milk
Lunch — Mixed Green Salad
Alternate Lunch Meal — Chef Salad
Fruit & Juice served daily.

Menu subject to change due to deliveries.