

Saraland High School

April 2018



Breakfast

- 2nd French Toast, Sausage
- 3rd Ham, Biscuit
- 4th Grits, Eggs, Toast
- 5th Sausage Croissant
- 6th Smoothie, Pop Tart
- 16th Waffles, Sausage
- 17th Bacon, Egg, Biscuit
- 18th Grits, Eggs, Toast
- 19th Sausage Croissant
- 20th Smoothie, Muffin
- 23rd Pancake, Sausage
- 24th Ham, Biscuit
- 25th Grits, Sausage, Biscuit
- 26th Sausage Croissant
- 27th Grits, Breakfast Pizza
- 30th Pancake on a Stick
- 1st Bacon, Egg, Biscuit
- 2nd Grits, Eggs, Toast
- 3rd Sausage Croissant
- 4th Grits, Breakfast Pizza

Mon	Tue	Wed	Thu	Fri
2 Nachos w/ Cheese Corn, Lettuce, Tomatoes, Black Beans, Sour Cream	3 Salisbury Steak w/ Gravy, Potatoes, Greens, Cornbread, Fresh Veggies	4 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Cole Slaw,	5 Chicken Tetrazzini, Green Beans, Cookie, Bread	6 Pizza, Corn, Fresh Veggies
9	10	11	12	13
<h1>Spring Break</h1>				
16 Chicken Bites, Green Beans, Bread, Pudding	17 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies	18 Chili Crispito w/ Cheese, Corn, Black Beans, Lettuce, Tomatoes	19 Spaghetti, Green Beans, Bread, Fresh Veggies	20 Chicken Wrap, Broccoli, Chips Lettuce, Tomatoes, Pickles
23 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Cole Slaw	24 Chicken Sandwich, Corn, Chips, Fresh Veggies	25 Pizza, Broccoli, Fresh Veggies, Pudding	26 BBQ Sandwich, Baked Beans, Cole Slaw, Chips, Pickles	27 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Cinnamon Bun
30 Meatball Sub, Green Beans, Chips, Fresh Veggies, Pudding	1 Nachos w/ Cheese Corn, Black Beans, Lettuce, Tomatoes, Taco Sauce	2 Chicken Bites, Green Beans, Baby Bakers, Bread, Fresh Veggies	3 Beef Tips w/ Gravy, Potatoes, English Peas, Roll, Brownie	4 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies

Offered daily with meals:
Cereal & Toast with
Breakfast
Lunch & Breakfast —
Low-fat or Skim, Flavored or
Unflavored Milk
Lunch — Mixed Green Salad
Alternate Lunch Meal —
Chef Salad
Fruit & Juice served daily.

Menu subject to change due
to deliveries.