

# Manaugh Elementary

## Manaugh Messenger 2

### ~A Few Fall Items to Share~

#### **Count the Days? We really do!**

October 2nd is the official count day for our school. Did you know our school funding is set on by the number of students here on Count Day? Please have your child here for count day and every day! It really is a **BIG** deal!!

#### **Tardy Problem?**

We average over 21 tardies a day! Yes, **over 21!!** Some are the same kids over and over but some are brand new scholars.

Please have your scholars here and on time!! It's the law! **Colorado Statute 22-33-104** says that your student must attend 968 hours each school year. Are they here? Being on time is a habit that can positively impact your children for the rest of their life.

#### **Parent Teacher Conferences October 26 & 27th**

Soon you will receive a note from your child's teacher asking you to schedule a conference on one of these days. It is SOOOOOOOOOOOOOOO important that you come! You will not receive your child's report card until the end of the trimester in November but you will receive information at conferences that will lead the discussion for how your child is doing at school and in their learning.

**COME BY ANYTIME!!**

### **Dates to remember**

Sep 29 - No School

Oct 02 - Count Day, please have your scholar at school

Oct 04 - Picture Day, only one for the year

Oct 26 & 27 - Parent/Teacher Conference

**Every Friday – We will be selling pretzels and beef sticks for \$1 each.**



Flu season is knocking at the door!

While the timing of flu season is unpredictable, seasonal flu activity can begin as early as October and last as late as May. In fact, the [Centers for Disease Control and Prevention](#) recommends that people get vaccinated by the end of October, if possible. As you know, the flu vaccine can reduce flu illnesses, doctor's visits, missed work and school days, and prevent flu-related hospitalizations and deaths in children. It is recommended that our students, their families and everyone who is 6 months of age and older get vaccinated.

Did you know we have our very own PRIDE Values song?! See if your scholar knows the tune and can sing it for you. If you need a little help, you can hear the audio version at <https://soundcloud.com/whitney-stewart-1.../tiger-pride-master>.

Please turn the newsletter over and go over our school song with your scholar.



10 to 11 Hours?!?!

Yes, children 5 to 12 years of age need 10 to 11 hours of sleep a night! If your scholar is getting up at 6am they should be going to bed at 8pm at the latest. Having a good night's sleep helps with a child's mood, behavior, concentration, memory, and their overall health.

You can help your scholar get to bed earlier by having a set bedtime routine and setting them up for bedtime success. Establish a routine of stopping electronics an hour before bed, put on pajamas and get them to brush their teeth, lower the lights, read a story, and talk about your day together. Stay consistent and let them know how important it is. With time they will be used to the routine and your hard work will pay off at home and school