



Tiger Times

Ringgold
Elementary School

Volume 6, Issue 4

Nov. 7, 2017

From the Desk of Mrs. Erwin

Happy November!

Although the weather seems to be unsure of its direction, the leaves have changed colors, pumpkins are everywhere, and we've moved our clocks back which all verify that Thanksgiving is just around the corner!

I'm extremely thankful for each of you and your sweet children. Getting to know them and spending my days watching them learn and grow into more mature people is such a blessing. Thank you for being part of our RES family!

As I think about all of the blessings that surround me, I'm reminded of the opportunities each of us have everyday. It is easy to see everything that is

wrong in our world but what a difference it would make if we made the effort to find the good. I want to challenge you this month to focus on the positives instead of the negatives. Notice the good in others, look for the beauty, and acknowledge the kindness you see.

RES is working hard this year to prepare for implementing the Positive Behavior Interventions and Supports (PBIS) frameworks in our school next year. This is a state initiative which helps to focus on the positive instead of the negative. The PBIS team is researching, examining, and creating a matrix to identify expected behavior and attitudes for every

area in our school. Our mantra will be "The RingGOLD Way" where we will immerse ourselves in positivity. I'll continue to share pieces of this initiative throughout the year with you and welcome your feedback!

Ask your child about Wonder. His/her reading teacher should be reading this book to the class and a schoolwide field trip is planned to see the movie soon. This is an excellent story about showing kindness...another way to infuse positive thinking and actions into our school and world!

I hope you have a happy Thanksgiving with your family and friends!

Mrs. Erwin

Set the Date!

- ☺ 11/13 Ident-A-Kid Makeup
- ☺ 11/14 Math Family Night
- ☺ 11/17 4th Grade Thanksgiving Lunch
- ☺ 11/20-24 Thanksgiving Holidays No School
- ☺ 11/30 Progress Reports
- ☺ 12/4-7 PTO Santa Shop
- ☺ 12/8 5th Grade Christmas Lunch
- ☺ 12/15 School Spelling Bee
- ☺ 12/19 Chorus Concert
- ☺ 12/20 Christmas Holidays Begin

Moreland Minute

There once was a mountain man who knew how to get many things done with very little resources. He had almost nothing to work with, but accomplished great things.

Whether the task was to build a fire underwater or stop a waterfall from falling, it seemed he could take care of it. It was so amazing to see the things he could do; I had to know how he did it.

He told me that a long time ago; he had found a magical solution to nearly all challenges that came along. He said it was all contained

in a single, ancient word that had mystic powers. When you understand the meaning of the word, it unleashes immense strength and abilities; it makes your mind clearer; it makes your imagination run wild with ideas.

Well, of course, I could hardly contain myself and I just had to know what this powerful magic was. I pleaded with him to tell me and he finally agreed.

He said the word is, 'YAGODDAWANNA'. In order to accomplish anything, whether it is

small or big, easy or difficult, trivial or of utmost importance, in order to be successful, you've gotta wanna do it. To earn good grades, you got to want to earn them. The main reason people don't succeed at something is because they don't really want it bad enough. By really wanting something, you come up with ideas, make plans, and then do it.

Remember, to do something YaGoddawanna do it.

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Paws for Partners

Ringgold Partners do an excellent job of supporting our students and faculty, for which we are most grateful! The partner we would like to recognize this month is Webb Dentistry. Dr. Jason Webb and Emma Robinson have been RES partners for many years, graciously providing school supplies, dental supplies, financial support, etc... every year as needed. Each time Emma visits the school, she comes with arms loaded with various supplies and treats for teachers and

students! Most recently, this generous partner contributed \$200 to sponsor our Leadership/Service Club's field trips and projects. They also provided an umbrella for every faculty and staff member as a Welcome Back to School gift. Finally, Dr. Webb also sponsored the Cross Country team's end-of-season celebration! Truly, anytime we ask, Dr. Webb is eager to help in any way possible. What a tremendous blessing Webb Dentistry is to our school! We greatly appreciate this support and faithful service to RES!

Lines from the Library

New books and new furniture will be arriving to our media center soon. We have many books of all topics and reading levels available for students to check out. Please remind your student to always keep library books in his or her book bag when not reading the book. Many students are neglecting to bring books back to school. Kids are missing opportunities to read and check out new books. Students are allowed to check out two books at a time and keep for two weeks. If a student needs more time then bring the book in to renew for another two weeks. Also, don't forget to visit the Catoosa County Library. To learn of upcoming family events scheduled visit their website at <http://www.catoosacountylibrary.org/>

PLEASE LOOK FOR
A LETTER COMING
HOME
REGARDING
THANKSGIVING/
CHRISTMAS
ASSISTANCE FOR
KIDS AND
FAMILIES. GET IN
TOUCH WITH MRS.
COBB THROUGH
DOJO OR BY
PHONE IF YOU
HAVE ANY
QUESTIONS

Dance Team

Be sure to look for the Dazzlers in the Ringgold Homecoming Parade on October 6th!

The girls are also working on their first routine and will perform it for the first time at the Heritage Fall Showcase on November 7th.

The Showcase is a great opportunity to watch cheer and dance teams from across the county.

**Math
Night at
Food Lion
Tuesday,
November
14th
6:00 p.m.**

Counselor's Corner

Food Drive
Results -
awesome job
everyone!!

4th place goes
to..... Whitley -
441

3rd place goes
to Baker -
457

2nd place goes to Lane -
683

1st place goes to Gravley
(Wolf) 691



The participation was awesome this year! Thank you all so much for encouraging your kids to get involved. First Volunteer will be in touch regarding a pizza party for Mrs. Wolf's room!

Thanks for participating!

PE With Mrs. G

The children at RES are working hard in PE, and I'm having a blast with them. Everyone is doing their best to get into the Healthy Fitness Zone. This zone is made up of cardiovascular endurance, muscular strength and endurance, flexibility, and body composition. We are combining muscle strength and cardio with mini workouts made up of a variety of exercises like squat jumps, planks, skiers, jumping jacks, lunges, and more. I have been so pleased with the effort put forth each day by all the children. Remember it's important to exercise every day. This doesn't mean you have to jog a mile or work out at the gym. You can get the daily exercise your body needs simply by playing with your friends. Go for a bike ride. Take your dog for a walk. Turn on some music and dance. Play tag. All of these activities help your body in a variety of ways. Just have fun and stay active! In addition, experts find that when families eat together, meals are likely to be more nutritious and kids who regularly eat meals

with their families also tend to snack on healthier foods like fruits, veggies, and whole grains.

Try this recipe! It makes a great lunch or can be used as a light supper.

Avocado Chicken Salad

Ingredients:

2 cups shredded chicken

1 avocado

½ tsp garlic powder

½ tsp salt

½ tsp pepper

2 tsp lime juice

1 tsp fresh cilantro

¼ cup olive oil mayo

¼ cup plain Greek Yogurt

Directions:

Mix all ingredients in a large bowl. Cover and refrigerate for at least 30 minutes to let all those yummy flavors blend together. Serve on your favorite bread, crackers, pita pocket or on a bed of lettuce.

NEW to RES STEAM Class

We are having a great time in STEAM! In October we had fun learning about gravity and slopes with Legos and zip lines! We also had fun learning about chemical reactions when we made slime! This month we will be working more on Code.org and 5th grade will be starting a new online STEM program called Hockey Scholar. I am super excited to see how they will like it! Remember to look on Class DOJO for updates as well as Google Classroom!

Mrs. Shadwick



SCIENCE • TECHNOLOGY
ENGINEERING • ART • MATHEMATICS

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Our Mission

Ringgold Elementary School believes each child is a unique individual capable of reaching his or her full potential in a safe, positive environment

CATOOSA COUNTY SCHOOLS

Vision Statement

Catoosa County Public Schools will be a nationally recognized learning community whose graduates are prepared for tomorrow's challenges.

REMEMBER-

You can always view a copy of our County and School Title I Policies information in the Family Resource Center, Room 408. We welcome your input with any comments or changes you suggest regarding the above policies. We also welcome your input on our Title I spending.

PTO

Box Tops for Educations:

- ◆ **Thanks for collecting box tops**
- ◆ **Please do not send expired box tops**
- ◆ **25 box tops = ONE Blow Pop for your student**
- ◆ **Pops for Tops rewards will come home the end of each month**
- ◆ **A new collection form will come home the end of each month**
- ◆ **Can also send box tops in a Ziploc bag**
- ◆ **Don't forget to write your student's name and teach on the form or Ziploc bag**
- ◆ **School totals so far= over \$500.00 This money goes to help with our cafeteria makeover**
- ◆ **Keep those box tops coming!**

