



Tiger Times

Ringgold
Elementary School

From the Desk of Mrs. Erwin

Volume 6, Issue 3

Oct. 3, 2017

Happy October!

Isn't the change in weather wonderful? Fall is my favorite time of the year!

The new school year is off to a great start. We are settling into routines and beginning to show progress in many areas of our studies. I'd like to encourage you to pay close attention to weekly reports, progress reports, and Tuesday folders. If you notice your child performing lower than you expect, please contact his/her teacher and ask for a time to discuss your child's performance.

Attendance is becoming an issue for many students. Please remember that teachers are teaching from 8:00-2:30 each day. No

Moreland Minute

Hope your school year is off to a great beginning. It is very exciting to see everyone eager to learn. I want to take a minute to thank our custodians and all the hard work they do to keep out building and playgrounds clean. One thing we can do to assist them is help pick up any paper we might see laying around and put it in the trash. I want to share a story with you about a famous place that had problems with trash. Way back in the late 1950s, when Disneyland was new, there were already litterbugs - it's not a new thing. As a matter of fact, at Disneyland, trash became a problem. The goal at Disneyland was to have the park look brand-new every

longer are the days where all teaching is completed before lunch. The requirements for student performance are rigorous; any amount of time missed by the student can be detrimental. Of course, there are times such as sickness, surgery, or death which cannot be avoided. For these reasons, it is extremely important that students arrive on time, stay the entire day, and only miss school when absolutely necessary.

All schools are being held accountable for student attendance. Procedures are in place to help with students who are frequently tardy, absent, and/or check out early frequently. Please understand that we are

morning when it opened. That meant that every night, people would pick up trash, clean, and repair. During the day, there were no people walking around picking up trash because there were plenty of trashcans all over. But, some people still chose to throw trash on the ground. And, that trash built up by the end of the day so there was more than what could be cleaned up overnight. Someone decided that the only way the trash could get picked up would be to work on it all day. So, Disneyland started having people pick up trash during the day. The results were amazing! The workers picked up far less trash than what had previously been on

held accountable for following these procedures.

RES would like to say Welcome to our new interventionist, Kathleen Berry. Mrs. Berry will be working with students who need additional help to reach grade level in reading and/or math. She is not new to our school; she and her husband have three children at RES and one at RPS. We are excited to have Mrs. Berry as part of our team!

Thank you to everyone who joined us for History Night last week. Great crowd; Great activities; Great Fun!!!

I hope you and your family have a great Fall Break!

Mrs. Erwin

the ground. As it turned out, when people looked around and saw a wrapper on the ground, they were more inclined to drop their trash instead of finding a trashcan. Once workers kept those few initial wrappers picked up, almost everyone used trashcans. Things haven't changed - why do people leave their popcorn buckets in movie theaters? Why do people throw their trash on the ground? I believe it is because they are lazy and someone else did it before them. Let's not be like others that don't care about what they leave behind. If we put in some effort to keep our school and community clean whenever we can, there will be much less trash overall. Do what you can, when you can.

Set the Date!

- ☉ 10/9-10 No School
- ☉ 10/13 End of 1st Nine Weeks
- ☺ 10/23-27 Red Ribbon Week
- ☺ 11/1 Picture Retakes
- ☺ 11/3 Vision and Hearing Screening 5th Grade
- ☺ 11/17 4th Grade Thanksgiving Lunch

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Title I News

Fall Parent Advisory Meeting

10/13/17

1:00 p.m.

RES Family Center

Everyone is invited to discuss, review and revise policies

Dance Team

Be sure to look for the Dazzlers in the Ringgold Homecoming Parade on October 6th!

The girls are also working on their first routine and will perform it for the first time at the Heritage Fall Showcase on November 7th.

The Showcase is a great opportunity to watch cheer and dance teams from across the county.

Counselor's Corner

We were invited by First Volunteer Bank to participate in a food drive during the month of October. This food drive is a COMPETITION between us, Tiger Creek, and Woodstation. Each week, starting Thursday, the bank will come and collect the food. Our collection will be displayed at the bank, so the community will see that we are winning. :)



FEED THE HUNGRY

DFCS.

There is also a competition between homerooms. The bank will sponsor a pizza party for the homeroom which contributes the greatest number of items to the food

Lost and Found

Lost and found is now located in the alcove of third grade hall, across from Lane and Webb. We have a nice new rack and a nice new sign for our Lost and Found.

Parents it would be great to mark jackets and coats, lunchboxes, and accessories with the student's name. Items that are in Lost and Found for too long will be donated.



Nurse News

We are off to a great start this year!

Just some reminders for any student that takes medicine at school:

All medications must be **brought to school by an adult** and paperwork signed. This includes prescription and Over the Counter medicine. Students who take inhalers for Asthma or have a Epi-Pen at school for allergies must have a health plan completed by the students doctor and on file with the school nurse. A new plan must be completed each school year for your child.

Best Wishes, Nurse Denise

At the end of October, the food will be donated to Christ Chapel and Catoosa

drive.

The service club students distributed boxes to homerooms . They plan to come around to classrooms on Thursday mornings to collect food.

Thanks for participating!
Mrs. Cobb

PE With Mrs. G

Be Healthy and Fit! There's a lot of discussion these days about fit kids. Just what does this mean and how can we (parents, teachers, doctors, and others) help kids be more fit? Being fit means a person eats well, gets plenty of physical activity, and maintains a healthy weight. With hectic schedules and other distractions this can be a difficult task. Here are five rules to live by, if you're a kid who wants to be fit.

Eat a variety of foods.

This way your body is more likely to get all the nutrients it needs. Shoot for at least five servings of fruits and vegetables a day – two fruits and three vegetables.

Drink water and milk.

When you're really thirsty, cold water is the best thirst-quencher. And there's a reason the cafeteria offers cartons of milk. Kids need calcium to build strong bones, and milk is an excellent source of this mineral. It's okay to have other beverages once in a while, but try to limit sugary drinks like sodas, fruit punches and sweet tea.

Listen to your body.

When you're eating, notice how your body feels and when your stomach feels comfortably full. Sometimes people eat too much because they don't notice when they need to stop eating. Eating too much can make you feel uncomfortable, and over a period of time can lead to unhealthy weight gain.

Limit screen time.

Screen time includes the amount of time you spend watching TV and movies, playing video games, and using the computer. Try to spend no more than 2 hours a day on screen time so you have plenty of time for activities like riding your bike, playing tag with your friends, and swimming.

Be active!

Find an activity and/or sport that you enjoy doing and get involved! Ask your parents to help you do your favorite activities regularly. Find ways to be active every day.

Spend this Fall focused on being healthy so that we feel good and can do all the things we want to do!

NEW to RES STEAM Class

Students are LOVING the new STEAM Lab this year! We've have already had fun with microscopes, experiments and art. I

post pics regularly on class dojo so make sure you are checking it. I am also hoping to hear details on STEAM club soon, so be on the lookout for that on google classroom.

– Mrs. Shadwick



SCIENCE • TECHNOLOGY
ENGINEERING • ART • MATHEMATICS

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Our Mission
Ringgold Elementary School believes each child is a unique individual capable of reaching his or her full potential in a safe, positive environment
CATOOSA COUNTY SCHOOLS

Vision Statement
Catoosa County Public Schools will be a nationally recognized learning community whose graduates are prepared for tomorrow's challenges.

REMEMBER-
You can always view a copy of our County and School Title I Policies information in the Family Resource Center, Room 408. We welcome your input with any comments or changes you suggest regarding the above policies. We also welcome your input on our Title I spending.

PTO would like to thank everyone who was able to join us for Skate Night!

PTO would also like to announce the membership drive winners.

In 3rd Grade Fava's homeroom won with 94%

In 4th Grade Whitely's homeroom won with 104%

And in 5th Baker's homeroom won with 107%

These classes have earned a snow cone party in the near future.

