# Science Tips & Resources for Parents of High School Students

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# I talked about the survival of the fittest



- Talking Works!
  Ask Questions- Ask your teen what they learned in class that day
- Teach Me- Let your teen teach you about what they learned in class.
- Review Together-Review the days notes together
- Encourage-Encourage your student to explain ideas in their own words. If they can incorporate their own thoughts into the information, then they have the concepts down.

## **Online Resources:**

- Newsela
  - www.newsela.com
- Khan Academy
  - www.khanacademy.com
- USA Test Prep
  - (available through student Clever account)
- PBS
  - www.pbslearningmedia.org



### Tips & Tricks to get your teen excited about Science:

- Set aside 15-30 distraction free minutes a day (no TV, no phone, etc.) for your teen to review the concepts learned that day.
- Help your teen organize their thoughts by encouraging them to write down the steps of procedures.
- Discuss and research science in current events with your teen.
- Read scientific journals/articles together.
- Encourage your student to ask "why" something works the way it does.
- Check out some science activities you can do at home. There are an abundance of YouTube and TikTok videos for at home science experiments.
- Discuss the environment around you with your teen, and encourage them to relate it to what they've learned in class.

*"Science* is simply the word we use to describe a method of organizing our curiosity" – Tim Minchin