

Honeybun

Or

Assorted Cereal Bar

Pineapple Tidbits

100% Apple Juice

Assorted Milk

Sausage Biscuit

Or

Assorted Cereal

 Pears

 100% Orange Juice

Assorted Milk

Pancake on a Stick

Or

Chocolate Muffins

Peaches

100% Apple Juice

Assorted Milk

Mini Maple Pancakes

Or

Blueberry Muffins

Tropical Fruit Mix

100% Orange Juice

Assorted Milk

Honeybun

Or

Assorted Cereal Bar

Pineapple Tidbits

100% Apple Juice

Assorted Milk

**All Student Breakfast & Lunch meals are Free for the 2018-2019 School Year.**

Pancake on a Stick

Or

Blueberry Muffins

Tropical Fruit Mix

100% Apple Juice

Assorted Milk

Honey-Bun

Or

 Chocolate Muffin

Fruit Cocktail

100% Apple Juice

Assorted Milk

Breakfast Pizza

Or

 Apple Cinnamon Muffin

Pineapple Tidbits

100% Orange Juice

Assorted Milk

Cinnamon Roll

Or

 PopTarts

Mandarin Oranges

100% Apple Juice

Assorted Milk

Chicken Biscuit

Or

 Assorted Cereal

Pears

100% Orange Juice

Assorted Milk

Mini Maple Waffles

Or

 Blueberry Muffins

Peaches

100% Apple Juice

Assorted Milk

Grits w/Cheese & Biscuit

Or

Assorted Cereal

Scrambled Eggs, Fruit Cocktail

 100% Orange Juice

Assorted Milk

Pancake on a Stick

Or

 PopTarts

Mandarin Oranges

100% Apple Juice

Assorted Milk

Chicken Biscuit

Or

 Blueberry Muffins

Applesauce

100% Orange Juice

Assorted Milk

Chocolate Muffin

Or

Assorted Cereal

Tropical Fruit Mix

100% Apple Juice

Assorted Milk

Breakfast Pizza

Or

 Apple Cinnamon Muffin

Pineapple Tidbits

100% Orange Juice

Assorted Milk

Honeybun

Or

Assorted Cereal Bar

Mandarin Oranges

100% Apple Juice

Assorted Milk

Pancake on a Stick

Or

Chocolate Muffins

Pears

100% Apple Juice

Assorted Milk

Cinnamon Roll

Or

PopTart

Applesauce

100% Orange Juice

Assorted Milk

Chocolate Muffins

Or

Assorted Cereal

Pineapple Tidbits

100% Apple Juice

Assorted Milk

Mini Maple Pancakes

Or

Blueberry Muffins

Tropical Fruit Mix

100% Orange Juice

Assorted Milk

Breakfast Pizza

Or

Assorted Cereal

Mandarin Oranges

100% Apple Juice

Assorted Milk

Cinnamon Roll

Or

PopTart

Sausage Patty

Pears, 100% Orange Juice

Assorted Milk

**OCTOBER 2018**

**Bamberg School District One**



Menus are subject to change. This institution is an equal opportunity provider.