

Chili & Cheese

Or

Taco-Seasoned Chicken & Cheese

Seasoned Fries, Green Beans

Pineapple Tidbits,

Baked Cookie

Assorted Milk

Beef & Cheese Burrito

Or

Crispy Corndog

Corn, Sweet Peas

Black Beans, Pears

Assorted Milk

Fish Sticks

Or

Chicken Rings

Seasoned Fries, Green Beans

Pears, Peaches, Baked Cookie

Assorted Milk

Rib Patty Sandwich

Or

Beef Personal Pizza

Sweet Potato Fries, Corn

Tropical Fruit Mix, Fruit Raisins

Assorted Milk

Spaghetti & Meatsauce

Or

Chicken Tenders

Sweet Peas Steamed Carrots

Pineapple Tidbits, Fruit Cocktail

Dinner Roll

Assorted Milk

**All Student Breakfast and- Lunch meals are FREE for the 2018-2019 School Year.**

Menu is subject to change. This institution is an equal opportunity provider.

Rib Patty Sandwich

Or

Beef Personal Pizza

Sweet Potato Fries, Mixed Vegetables

Tropical Fruit Mix, Fruit Raisins

Assorted Milk

Grilled Chicken Sandwich

Or

Cheeseburger on Bun

Shr. Lettuce w/Pickles

Seasoned Fries, Fresh Fruit,

Fruit Cocktail

Assorted Milk

Turkey Hot Dog w/Chili

on Bun

Or

Glazed BBQ Pork on Bun

Sweet Peas, Coleslaw

Fresh Apples, Pineapple Tidbits

Assorted Milk

Meatloaf

Or

Glazed Rib Patty

 Brown Rice, Turnip Greens

Lima Beans, Strawberry Cup

Mandarin Oranges

Assorted Milk

Mexican Personal Pizza

Or

Chicken

Green Beans, Corn

Fruit Raisins, Pears

Assorted Milk

Fish Sticks

Or

Chicken Tenders

Seasoned Fries, Stm. Carrots, Peaches

Tropical Fruit Mix, Baked Cookie

Assorted Milk

Glazed BBQ Pork on WG Bun

Or

Cheeseburger on WG Bun

Shr. Lettuce w/ Sl. Tomato

Green Beans

Fruit Cocktail, Fresh Apples

Assorted Milk

Taco-Seas. Chicken on

Tortilla Wrap

Or

Pepperoni Pizza

Shr. Lettuce w/Fr. Diced Tomatoes

Corn, Pears, Mandarin Oranges

Assorted Milk

Baked Spaghetti

Or

 Crispy Corndog

Mixed Vegetables, Sweet Peas

Applesauce, Fruit Raisins

Assorted Milk

Meatloaf

Or

Chicken Rings

Steamed Broccoli, Lima Beans

Cinnamon Apples

Tropical Fruit Mix, WG Roll

Assorted Milk

Beef & Cheese Burrito

Or

Chicken Patty on Bun

Baked Fries, Steamed Carrots

Shr. Lettuce w/Pickes

Pineapple Tidbits

Assorted Milk

Beef-a-Roni

Or

Rib Patty Sandwich

Steamed Broccoli, Sweet Peas

Mandarin Oranges, Fresh Fruit

Assorted Milk

Meatloaf

Or

 Seas. Diced Chicken w/Gravy

Brown Rice

Blackeye Peas, Mixed Vegetables

Pears, Gala Apples

Assorted Milk

Grilled Chicken on Bun

Or

Beef Personal Pizza

Shr. Lettuce w/Sliced Tomatoes

Sweet Potato Fries

Applesauce, Fruit Raisins

Assorted Milk

Chili & Cheese

Or

Taco-Seasoned Chicken & Cheese

Seasoned Fries, Green Beans

Pineapple Tidbits, Pears

WG Cookie

Assorted Milk

Chicken Rings

Or

Crispy CornDogs

Steamed Carrots, Corn

Tropical Fruit Mix, Fresh Fruit

WG Roll

Assorted Milk

Chili & Cheese

Or

Taco-Seasoned Chicken & Cheese

Seasoned Fries, Mixed Vegetables

Mandarin Oranges, Fr. Red Apples Baked Cookie

Assorted Milk

Meatloaf

Or

Chopped BBQ Pork in Sauce

 Brown Rice

Turnips Greens, Lima Beans

Fresh Orange Wedges, Pears

Assorted Milk

**OCTOBER 2018**

**Bamberg School District One**