

Bamberg School District One
2017-2018 6th-8th grade Chef Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chef Salad:#CSMON	Chef Salad:#CSTUES	Chef Salad:#CSWED	Chef Salad:#CSTHUR	Chef Salad:#CSFRI
2 oz. Diced Grilled Chicken	2 oz. Diced Turkey Ham	1 oz. Diced Turkey Bologna	2 oz. Diced Turkey	2 oz. Diced Taco Chicken
1 oz. RF Shredded Cheese	1 oz. RF Shredded Cheese	1 oz. Chopped Boiled Egg	1 oz. RF Shredded Cheese	1 oz. RF Shredded Cheese
1 c Mixed Salad Greens	1 c Mixed Salad Greens	1 oz. RF Shredded Cheese	1 c Mixed Salad Greens	1 c Mixed Salad Greens
½ cup Diced Tomatoes	¼ cup Diced Tomatoes	1 c Mixed Salad Greens	¼ cup Diced Tomatoes	¼ cup Diced Tomatoes
¼ cup Cucumbers	¼ c Broccoli Florets	¼ cup Diced Tomatoes	¼ cup Diced Cucumbers	¼ cup Black Beans
¼ cup Garbanzo Beans	1 ea. Red Apple	¼ cup Baby Carrots	½ cup Pineapple Tidbits	½ cup Diced Pears
½ cup Sliced Peaches	1-1.55 oz. Fruit Snacks	½ cup Mandarin Oranges	4 oz. 100% Grape Juice	4 oz. 100% Apple Juice
4 oz. 100% Orange Juice	2/.50 oz. pkts. WGR Croutons	1 bg. RF Spicy Sweet Chili Chips	2/.50 oz. pkts. WGR Croutons	1 bg. WGR RF Tortilla Scoops
1 bg. Garden Salsa Sun Chips				
8 oz. Assorted Milk	8 oz. Assorted Milk	8 oz. Assorted Milk	8 oz. Assorted Milk	8 oz. Assorted Milk
1-2 ea. Assorted Light or FF Dressings: Ranch, French)	1-2 ea. Assorted Light or FF Dressings: Ranch, French)	1-2 ea. Assorted Light or FF Dressings: (Ranch, French	1-2 ea. Assorted Light or FF Dressings: (Ranch, French	1-2 ea. Assorted Light or FF Dressings: (Ranch, French

Menu items are subject to change.
 provider.”

“This institution is an equal opportunity

