

# Mid-Carolina High School



*Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.*

## A Proud Past, A Promising Future

### Volume 18, Issue 2 – February 2019

#### DATES TO REMEMBER

February	22 – 23	Region Band @ Converse College
	25	School Improvement Council Meeting
	28	Kenneth Shuler School of Cosmetology Career Quest - Both Lunches
March	1	Advanced Art Class Columbia Art Museum
	6	2019 National Assessment of Educational Progress (NAEP) Assessment
	6	AAA Cheer State Champions & AAA Girl's Tennis Singles Champion Recognition at the SC State House
	7-9	Chorus – Winthrop University
	9	Military Ball
	13	Early Release
	13	Fall/Winter Athletic Banquet
	14	ASVAB @ 8 a.m.
	14	District Art Show @ Newberry Arts Center 5:30 p.m.-7 p.m.
	15-17	Band – Furman University
	20	End of 3 <sup>rd</sup> Nine Weeks
	21	Senior Supply Delivery Day
	22-24	Student Council State Conference
	22	Report Cards Issued
	25	Chorus Concert Performance Assessment - St. Andrews Presbyterian Church
	27	SAT (3 <sup>rd</sup> Year High School Students)
	29-30	Chorus/Band - Charleston Symphony Orchestra
April	3	Blood Drive
	5	Chorus Concert 7 p.m. - Wiles Chapel @ Newberry College
	8-12	Excellence Week
	12	College/Military Decision Day
	13	ACT
	10	Cap & Gown Pictures
	13	ACT
	15-22	Spring Holidays (Schools/Offices Closed)
	24	Senior Rush @ PTC
	30	Interim Reports Issued

### MCHS WEBSITE

Visit our school website, Twitter or Facebook pages,

[www.mid-carolinahighschool.org](http://www.mid-carolinahighschool.org)

[https://twitter.com/MC\\_Rebels](https://twitter.com/MC_Rebels)

<https://www.facebook.com/pages/Mid-Carolina-High-School/264090993125?ref=bookmarks>

for news, calendar of events, and helpful links.

**Alive @ 25** classes for the 2018-2019 school year will be held at Newberry High School. Please register online at [www.scaliveat25.org](http://www.scaliveat25.org). If you do not see a course being offered in Newberry County, please contact them at 1-800-733-6185 or 803-732-6778.

**Students must take the ALIVE @ 25 class before they can purchase a parking permit.**

#### NEWSLETTER E-MAIL ALERT

We would like to offer parents the opportunity to receive the school newsletter via e-mail. This will save postage and paper, as well as provide a convenience for those who prefer to receive correspondence electronically.

If you are interested in being added to the list, please e-mail:

[sdelesandro@newberry.k12.sc.us](mailto:sdelesandro@newberry.k12.sc.us)

Subject Line: School Newsletter

Body of Letter: Parent's Name/Child's Name along with parent(s) e-mail address

#### YEARBOOKS

Yearbooks for the 2018-2019 school year have already been ordered. A limited number of extras were ordered. If you would like for your name to be placed on the waiting list, please contact Ms. Camp at [hcamp@newberry.k12.sc.us](mailto:hcamp@newberry.k12.sc.us) as soon as possible. If you receive a yearbook at delivery, payment of \$70 will be expected at time of issue.

#### INTERIM REPORTS

Interim reports for the third nine weeks were distributed on **Thursday, February 14.**

**2018-2019 ACT**

Test @ MCHS

April 13, 2019

June 8, 2019

**2018-2019 SAT**

Test @ MCHS

May 4, 2019

Free SAT practice through Khan Academy  
<https://khanacademy.org/sat>

**Registration for SAT or ACT is online:**

SAT website --- [www.sat.collegeboard.org](http://www.sat.collegeboard.org)

ACT website --- [www.actstudent.org](http://www.actstudent.org)

Mid-Carolina High School code --- 411657

## MCHS Course Registration 2019-2020

The Education and Economic Development ACT (E.E.D.A.) requires all high school students to meet with their school counselor each year to update their Individual Graduation Plan (I.G.P.). An I.G.P. is a plan of study that determines courses to be taken each year and career plans following graduation. Parents/Guardians are encouraged to attend this very important meeting. Please call the guidance office and extensions below to schedule your appointment. **Deadline for completion of IGP's and course registration for the 2019-2020 school year is March 8, 2019. Prescheduled appointments were previously mailed. Please plan to attend if possible.**

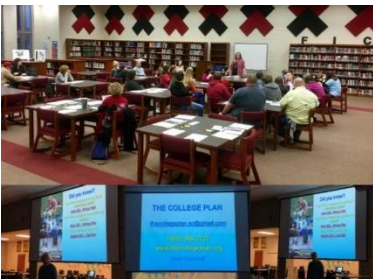
MCHS Guidance Department

Mid-Carolina High School phone# (803) 364-2134

**Current 9<sup>th</sup> Grade—Mr. Kindred Durant, ext 80217**

**Current 10<sup>th</sup> Grade--Ms. Gwen McAllister, ext 80218**

**Current 11<sup>th</sup> Grade –Ms. Susie Smith, ext 80219**



Mid-Carolina High School and the guidance department sponsored two very informative workshops during Parent/Teacher conferences on Thursday, January 17,

2019. At 5:30 p.m. a

representative from Piedmont Technical College shared information with 11<sup>th</sup> grade parents and students wanting to take Dual Enrollment courses as a 12<sup>th</sup> grader. This session discussed the process and procedures for registering and providing all needed documentation for taking dual enrollment courses. At 6:00 p.m. an Education Specialist presented information to students and parents on "The College Plan". This plan is a free assistance program in all areas of College Planning and Funding. Students and parents can find education costs manageable and the college experience rewarding through a "College Planned Path". **THE COLLEGE PLAN CAN BE YOUR SOLUTION:** if you are not sure what college to select; if you don't know the FAFSA do's and don'ts; if you don't understand the importance of the EFC; if you have not examined the 156 strategies to increase aid; or if you don't understand FELP.

## CAFETERIA

The school cafeteria provides free breakfast for all students, and we encourage them to take advantage of it.

## NEWS FROM THE NURSE

"Check your child's homework; check your child's hair!"

Just a Reminder that Fall and Winter are prime seasons not only for the flu bug, but for another bug as well; lice. It is important for parents/guardians to be proactive and continue to check their child's head weekly. Treat only if live lice are found. If you find your child does in fact have head lice, please contact your school nurse to discuss

treatment options. As always, should you have concerns or questions, please feel free to contact your school nurse.

## HEAD LICE FACT SHEET

What are head lice?

- Head lice are tiny, crawling insects that can live on the scalp
- Lice do NOT have wings and cannot jump or fly, although they can crawl very quickly
- Lice have not been known to survive off the head for longer than 2 days
- Head lice can lay eggs called nits
- Lice prefer to remain in the hair, not the environment

How do head lice spread?

- Head lice spread by close head-to-head contact that can allow lice to crawl from one person's head to another
- Lice can also spread by sharing certain items such as: helmets, towels, washcloths, pillows, combs, brushes, hair bows, and hats.

What happens when a person gets head lice?

- The most common sign of head lice is itching especially at the neck and behind the ears. However, with a student's first case of head lice, itching may not develop for 4-6 weeks.
- A person will see tiny, white nits (lice eggs) attached to the hair close to the scalp. The nits look like dandruff flakes or sand, but are not easy to remove.
- Lice look like flat insects about 2-4 mm in length (about the size of a sesame seed), have 6 legs, each leg equipped with a claw, and can be tan or grayish-white in color.
- The presence of nits alone does not indicate an active infestation. The gold standard for diagnosing head lice is finding a live louse on the head

Who can get head lice?

- Anyone can get head lice! Getting head lice has nothing to do with cleanliness or socioeconomic status.
- Head lice infestation is common in the US among children 3-12 years of age; approximately 6-12 million have infestations each year.

How does a person get rid of head lice?

- There are special shampoos that are made to kill lice. Your health care practitioner may prescribe other products. Talk with your doctor or pharmacist about the best treatment for your child
  - All products must be used exactly as the instructions on the label say. An adult should apply the product
- Vacuum rugs, furniture, pillows, mattresses and the seats of the car
- Wash bedding, towels, and clothes you have recently worn in hot water and dry them in the dryer on high heat for at least 20 minutes

- Soak combs, brushes, hair clips in very hot water (at least 130 degrees F) for at least 10 minutes
- Vacuum non-washable items like dolls and stuffed animals or seal them in an airtight bag for 2 weeks to kill any remaining lice
- All household members should be checked for head lice. Anyone showing signs of infestation should also be treated. If head lice and/or nits are found less than ¼ inch from the scalp on a child 2 years old or less, treatment advice should be sought from a health care practitioner.

**REPORT CARDS**

Report cards were distributed for the second nine weeks during Parent/Teacher Conferences, January 17 & 18. If you were unable to attend the conferences, students may pick their report cards up from the guidance office.

**SCHOOL IMPROVEMENT COUNCIL**

Our next School Improvement Council (SIC) Meeting will be held on **Monday, February 25**, at 6:00 p.m. in the Media Center.

**EARLY RELEASE DATES**

The last early release day for the 2018-2019 school year is **March 13**. Students will be required to leave school at the designated time of 1:05 p.m.

**SEASON OF SHARING**



The Season of Sharing program is a tradition for the student body at Mid-Carolina. This year's Season of Sharing program took place on Friday, December 7. Our students presented over 450

nonperishable can goods to the Pomaria Food Bank. Also, thanks to the generosity of our students, faculty/staff, and community members we were able to serve 58 families and give over 190 gifts with our Angel Tree program.

On behalf of Student Council, we would like to announce the winners of the can food drive. In first place, with the most overall cans brought in per class, was the Piedmont group with 68 cans. However, we would also like to thank everyone who brought in cans to donate to the Pomaria Food Bank; when we donate to those in need, we are all winners.

**BLOOD DRIVE**



Mid-Carolina High School Student Council and Leadership Class hosted their 2nd Annual Blood Drive on Wednesday, January 30<sup>th</sup>. We would like to thank everyone that came out to give the gift of life.

**RECOGNITIONS**

Each month faculty members nominate one student from each grade level to be placed on a ballot for voting. The following were elected Students of the Month:



November	9 <sup>th</sup>	<b>Abbi Livingston</b>
	10 <sup>th</sup>	<b>Savannah Lozada</b>
	11 <sup>th</sup>	<b>Brandon Fowler</b>
	12 <sup>th</sup>	<b>Troy Richburg</b>
December	9 <sup>th</sup>	<b>Jon Ruff</b>
	10 <sup>th</sup>	<b>Cassie McCullough</b>
	11 <sup>th</sup>	<b>Veronica Scott</b>
	12 <sup>th</sup>	<b>Lauren Cope</b>
January	9 <sup>th</sup>	<b>Kelsey Tisdale</b>
	10 <sup>th</sup>	<b>Addison Bowers</b>
	11 <sup>th</sup>	<b>BJ Tobe</b>
	12 <sup>th</sup>	<b>Shanna Wicker</b>



Congratulations to Jalen "Jack" Edwards and Elizabeth Riley Eldridge! Jack is the MCHS Newberry County Exchange Club Youth of the Month for November 2018 and Riley is the MCHS Newberry County Exchange Club Youth of the Month for December 2018.

They were recognized at the Newberry County Exchange Club meeting on Tuesday, December 4.



Congratulations to **Deanna Meade**! Deanna is the MCHS Newberry County Rotary Club Student of the Month for December 2018. She was recognized at the Newberry County Rotary meeting on Friday, December 7.



Congratulations to **Lauren Cope**! Lauren is the MCHS Newberry County Rotary Club Student of the Month for January 2019. She was recognized at the Newberry County Rotary meeting on Friday, January 25.

Best Evening Wear: **Alexis Shealy**  
 People's Choice Queen: **Makayla Wright**  
 Miss Freshman Runner Up: **Elizabeth Higgins**  
 Miss Freshman: **Courtnee Love**  
 Miss Sophomore Runner Up: **Reagan White**  
 Miss Sophomore: **Emma Grace Connelly**  
 Miss Senior Runner Up: **Courtnee Stafford**  
 Miss Senior: **Anna Wicker**



Miss Mid-Carolina High School 2019  
**Alexis Shealy**

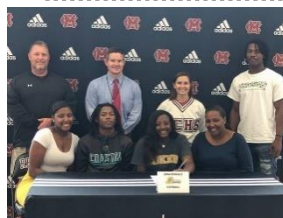
Congratulations to **Megan Grubbs** and **Elise Mills**! Megan is the MCHS Newberry County Exchange Club Youth of the Month for January 2019 and Elise is the MCHS Newberry County Exchange Club Youth of the Month for February 2019. They were recognized at the Newberry County Exchange Club meeting on Tuesday, February 5.



Congratulations to **Elise Mills**! She has signed a national letter of intent to play tennis for the University of South Carolina Gamecocks!



Several MCHS students were selected to participate in the "Junior Leadership Program" directed by Mayor Foster Senn of Newberry County. The first meeting was held on Monday, November 26<sup>th</sup>. The aim of the program is to encourage and equip young people for



Congratulations to **Jena Dewalt**! She has signed a national letter of intent to play softball for the Coker College Cobra's.

leadership roles in the future and introduce students to various aspects of Newberry County by touring businesses and meeting with community leaders. Junior Leadership will meet approximately once per month.

### APES Ocean Acidification Lab



Congratulations to the Miss Mid-Carolina Pageant winners:



Miss Congeniality: **Courtnee Love**  
 Miss Photogenic: **Emma Grace Connelly**  
 Best Interview: **Reagan White**  
 Best Theme Wear: **Emma Grace Connelly**



**Amelia Foster** from Newberry College teaching a **Biology I Literacy Lesson on Cloning**



Thirty-five MCHS students attended the Piedmont Technical College Open House in Greenwood, South Carolina on Friday, November 16th.

Students were able to explore the many programs at PTC with hands on demonstrations, conversations with current students, and insight from program coordinators and directors.

Thank you Piedmont Tech for providing transportation and lunch for this event.

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The MCHS Guidance Department took our Freshmen Class on a Career Exploration to

the Newberry County Career Center. The purpose of the 9th Grade trip to the Newberry County Career Center is to provide career and post-secondary education opportunities. Engaging students in career and technology education ensuring the success and life-long learning in the global economy.

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Ms. Felker kicked off Hour of Code week on Monday, December 3 during lunch in the cafeteria. She had students try their hand at manipulating The Claw for a piece of candy. This not only introduced the concept of simple coding but also simple robotics.

Hour of Code week continued at MCHS on Wednesday,

December 5, with a demonstration during both lunches by Ms. Felker with the Ozobots. The Ozobots read color code. Students had the opportunity to draw different lines for the Ozobots to "read" and program for them to go in different directions. By doing this, the students correlated how what they drew made the Ozobots do.

To learn more, go to [code.org](http://code.org)



Mid-Carolina High School students were able to attend a presentation by the Newberry County Fire Department on their Explorer Program on Thursday, January 31, during both lunch

periods. This program is available for individuals between the ages of 14 and 18. The Explorer program gets our youth involved in training and educates them on the fire services and department. The program assists in response and with the community risk reduction program.

### FACULTY RECOGNITION

Each month faculty members nominate one teacher and one support staff member to be placed on a ballot for voting. The following have been elected Teachers of the Month.

November	<b>Susan Smith</b>
December	<b>Valerie Haltiwanger</b>
January	<b>Kevin Winch</b>

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The following have been elected Support Staff of the Month.

November	<b>Teresa Dominick</b>
December	<b>Alex Bedenbaugh</b>
January	<b>McKeva Kinard-Shelton</b>

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MCHS English Teacher, **Mrs. Kristina Cannon**, was awarded the Newberry County Reading Council's Distinguished Literacy High School Teacher of the Year Award at the Reading Council Banquet on Tuesday, November 13. Assistant Principal, **Mr. Zeb Reid**, was awarded the Newberry County Reading Council's Distinguished Literacy Administrator of the Year Award. Congratulations Mrs. Cannon and Mr. Reid.



**AMERICAN EDUCATION WEEK**

Public schools are the cornerstone of our communities. We welcome students of all backgrounds, abilities, and incomes. Each of us play a role in ensuring our schools are open to all. American Education Week was November 12 – 16. MCHS Administration, Student Council, and



Leadership Class hosted fun events and activities throughout the week to celebrate all we do to help prepare our students to become college and career ready. We finished the week with a faculty chili cook off competition. The champion was memorialized with the coveted, and highly sought after, GOLDEN SPOON award. We would like to thank everyone

who participated in our 3rd Annual Mid-Carolina High School Chili Cook off. Thanks to our judges, Carson Ware, Beth Brooks, and Sherri, for taking time out of their day to spend at MCHS and eat some great chili.

**WINNERS**

3rd Place - **Mr. Tyler Hook**

2nd Place - **Mr. John Bass**

1st Place & GOLD SPOON WINNER - **Mrs. Kim Moore**

**ARCHERY**

Congratulations to the Mid-Carolina Archery team on their performance at the Qualifying tournament held on February 12th at the Anderson Civic Center. The team finished the IBO 3D tournament in 4th place with **Remington Cox, Jimmy Berry, Euston Farr, and Wesley Livingston** as the top shooters for the Rebels. The team shot good enough for a fourth place finish in the Olympic Bullseye tournament with **Jacob Gilliam, Remington Cox, Jon Lawson Cope, and Jimmy Berry** leading the way. **Lauren Cope** was the recipient of a \$500 scholarship given to a senior archer at the event and **Remington Cox** was the 3rd place shooter in the IBO 3D event. The team is waiting for completion of the qualifying tournament in Columbia to determine if the state competition is in their future. Stay tuned!



**ART**

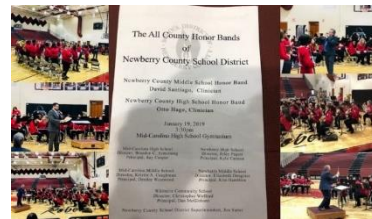


On Tuesday, November 20<sup>th</sup>, MCHS Art Club Students painted holiday themed images and greetings on school and storefront windows throughout Newberry County and Chapin for their annual window painting service learning project! Thank you to all community

members for supporting our art program and all of the hard-working art students at MCHS!

**BAND**

The bands of Mid-Carolina Middle and High School presented their Winter Holiday Concert on Thursday, December 20, in the Mid-Carolina High School Gymnasium.



The Newberry All-County Honor Bands Performance took place on Saturday, January 19<sup>th</sup>, at 3:30 p.m. in the MCHS Gymnasium. Students

participating in this band are from all of the middle and high schools of the district. They all went through an audition process in December and from that, formed two bands, one middle school and one high school.



We are so very proud of all our students that auditioned for Region 6 Bands on Saturday, January 26, at Woodruff High School. Mid-Carolina Bands were well represented by 15 middle school students and 17 high school students. From those that auditioned, the preliminary results have come in and congratulations are in order to 6 of our musicians from the Mid-Carolina Bands that have received All-State Auditions:

- Katy Mae Crooks** - MCMS
- Dy'Qun Meetze** - MCMS
- Emma West** - MCHS
- Lucia Gaitan** - MCHS
- Madison Oviedo** - MCHS
- Judah Rendelman** - MCHS

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 Congratulations to **Judah Rendelman** on a job well done at the State Master Recital competition. He ended up tied for 3rd place and will receive a scholarship along with an additional award for committing to study music education in the fall. After a rigorous audition process, Judah was 1 of 14 students selected to perform this weekend for the South Carolina Music Educators Association. To play a solo in front of adjudicators, your peers, and the band directors of South Carolina is a daunting task. He performed beautifully. We are extremely proud of his hard work and dedication.



their academic and leadership abilities. All students worked very hard to prepare for these competitions. Each one of these students placed in their selected categories, winning against hundreds of students from across South Carolina, and they will have the opportunity to compete at the National Senior Beta Club convention this summer. In addition to receiving individual and group awards MCHS Beta Club received a National Beta Club School of Merit award.

- **Ashlyn Kinard** - 1<sup>st</sup> – Visual Arts, Division I (Recyclable Art)
- **Ashlyn Kinard** - 1<sup>st</sup> - Best in Show, Visual Arts
- **Bailey Gause** - 2<sup>nd</sup> - Visual Arts, Division I (Painting)
- **Tyler Shackelford** - 2<sup>nd</sup> - Speech, Division I
- **Drew Bunce** - 2<sup>nd</sup> - Social Studies, Division II, 11<sup>th</sup> Grade
- **Emma Wicker, Ashlyn Kinard, Emily Davis, Erica Davis, and Josie Blanchard** - 1<sup>st</sup> - Service Learning Showcase
- **Club award:** National Beta School of Merit

MCHS Beta Club Sponsors: **Taci Allen, Phyllis Chebbi, Kindred Durant, Nicole Frick, Tabitha Harmon, Tyler Hook, and Tiffani Lyles**

### CHORUS

The Mid-Carolina High School Chorus Winter Concert was held in at St. Philips Lutheran Church on Monday, December 18.



### BETA CLUB

*(The National Beta Club is a student-centered organization that provides opportunities and experiences for students to demonstrate the ideals of character, achievement, service, and leadership in a global community.)*

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 The MCHS Senior Beta Club attended the annual Beta Club Convention in Myrtle Beach during the month of February. The National Beta Club holds annual state conventions in eighteen states both for Senior and Junior Beta divisions. Winners of the state events will go on to compete on a national level. Activities range from academic contests to quiz bowls to talent competitions. Conventions give the opportunity for members to interact, share project ideas, and showcase



On Thursday, January 24 and Friday, January 25, seventeen Mid-Carolina chorus students attended the 2018 SCMEA Central Region Choir. These students learned 6 college-level pieces on their own and then worked with Ms. Bridges to perfect the notes and rhythms before traveling to USC Thursday evening. Students were joined by students from 6 other high schools and conducted by Dr. Alicia

Walker, Associate Director of Choral Music at USC, from 7-10pm Thursday evening and then all day Friday with breaks for lunch and dinner. Students then performed a beautiful concert in The Hootie Johnson Performing Arts Hall in the Darla Moore School of Business. Bravo to all students involved in a successful weekend!

**Parker Metts, Jerran Long, Emily McCullough, Emma West, Katie Koon, Ashleigh Charpentier, Travis Haltiwanger, Hailey Roach, Jasmine Wheeler, Jeremy Hollowell, Alice Montgomery, Alex Berry, Harmon Vinson, Chavis Davenport, Isabella Perez, Chandler Berry, and Judah Rendelman.**

**JROTC**



On November 17, 2018, the Mid-Carolina JROTC Drill Team consisting of **Emily Wessinger, Adilene Rodriguez, Melina Cardenas, Yaritza Rojas, Archkela Lane, Jeremy Hollowell, Mya Larsen, Savanna Fulmer, Katerina Schnackenberg, Leana Cardenas, Tura Lail, Brittany Moore, Katelyn Davis, Sarah Smith,**

**Grace Cox** participated in the JL Mann High School Jack Frost Drill Meet in Greenville, SC. Mid-Carolina competed in the following five drill events: Color Guard, Unarmed Squad, Armed Squad, Unarmed Platoon, and Armed Platoon.



On December 2, 2018, the Mid-Carolina JROTC participated in the annual Prosperity Christmas Parade.



On January 10, 2019, the Mid-Carolina High School JROTC Battalion went to the Mid-Carolina Middle School to talk to the eighth grade students about JROTC. MAJ Taylor and SFC Foster both spoke and gave an overview of the program and the benefits of joining. Cadets **Emily Wessinger, Melina Cardenas, Georgia Durden, Remington Cox, Sarah Smith, Brittany Moore, and Tyler Shackelford** also attended and informed students of

the different teams within the program and answered questions. The students were also given a JROTC information pamphlet to share with their parents.

**MEDIA CENTER**

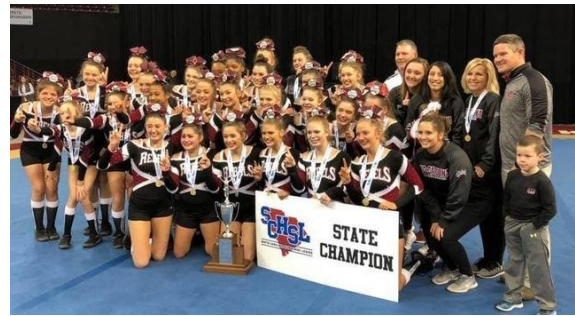


Valerie Byrd-Fort, School of Library and Information Science Instructor and Director of Cocky's Reading Express and Kasey Mitchell, USC School of Library and Information Science

undergraduate student, visited the MCHS Library Media Center to tour the facility and learn more about Ms. Felker's library media program. Pictured from left to right are: Kasey Mitchell and Valerie Byrd-Fort

**ATHLETICS**

Mid-Carolina High School Competitive Cheer Squad brought home the 3A State Championship title on Saturday, November 17. Congratulations to Coach Bedenbaugh, Coach Green and our MC Cheerleaders!

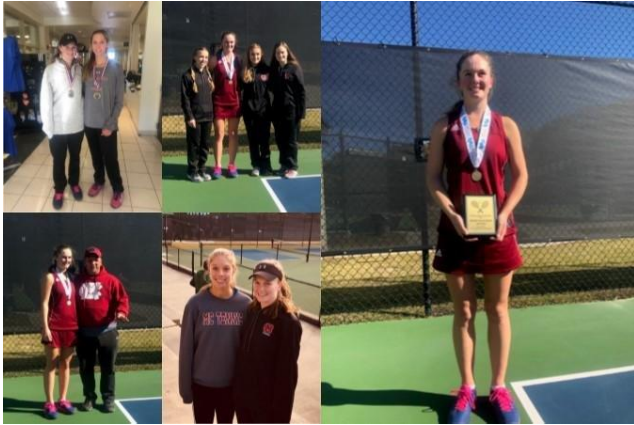


The Newberry County Touchdown Club has named the following Mid-Carolina High School players to the Academic All-County Team **Fritz Lewis, Zach Frick, Drew Dominick, and Josh Hedgepath.** The All-County Team from Mid-Carolina High School consists of **BJ Tobe, Blake Arnoult, Grantt Doolittle, and Connor Gray.** Congratulations to all of these outstanding student athletes.





Congratulations to **Caroline Matney** and **Elise Mills**. Both young ladies played in the Girls Tennis Singles State Championship and did a fantastic job. Caroline ended her season after being defeated in the consolation round. Elise won the SCHSL AAA individual State Championship. This marks her 4th individual state championship. Elise was also named the Sportsmanship Award Winner. Both young ladies were named All-State in Girls Tennis. We are very proud of both of these outstanding student athletes.



Congratulations to **Elise Mills**! Elise has been selected by the SC Coaches Association of Women's Sports as the Class AAA Tennis Player of the Year! Elise was also selected to play in the North-South All-Star tennis match.



Congratulations to **Elizabeth Hunter**! Elizabeth has been selected by the SC Coaches Association of Women's Sports as the Class AAA Competitive Cheer Player of the Year!

## SPRING SPORTS

<u>Date</u>	<u>GIRLS' LACROSSE</u>	<u>Time</u>
3/7	@ River Bluff	5:30
3/9	Tournament @ Dutch Fork	5:30
3/18	@ Chapin	5:30
4/4	@ Chapin	5:30
4/8	@ River Bluff	5:30



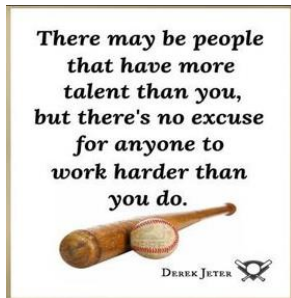
<u>Date</u>	<u>TRACK</u>	<u>Time</u>
3/4	@ Newberry	TBA
3/5	Field Events @ MC	TBA
3/6	@ Chapin	TBA
3/14	@ Newberry	TBA
3/15	Field Events @ MC	TBA
3/21	@ Emerald	TBA
3/27	@ Chapin	TBA
4/4	@ Emerald	TBA
4/10	@ Chapin	TBA
4/24 & 25	Region Meet @ Emerald	TBA
5/4	Upper State @ Seneca	TBA
5/11	State Meet	TBA



<u>Date</u>	<u>GOLF</u>	<u>Time</u>
2/28	@ Ponderosa Pondo Preview	4:30
3/12	@ Greenwood CC Emerald/Newberry	4:30
3/14	@ Mid-Carolina CC Woodruff/Saluda	4:30
3/19	@ Lakeside Clinton/Newberry	4:30
3/21	@ Greenwood CC Viking Classic	4:30
3/25	@ Mid-Carolina CC Batesburg-Leesville	4:30
3/26	@ Heddles Broome/Newberry	4:30
3/28	@ Mid-Carolina CC Emerald/Newberry	4:30
4/3	@ Persimon Hill Saluda/Newberry	4:30
4/9	@ Three Pines Woodruff/Saluda	4:30
4/10	@ Newberry CC Broome/Newberry/Union	4:30
4/11	@ Chapman	4:30
4/15	@ Mid-Carolina CC Chapman	4:30
4/25	@ Ponderosa Batesburg-Leesville	4:30
TBA	Region Tournament	TBA



<u>Date</u>	<u>B-Team</u>	<u>Time</u>
2/23	@ Strom Thurmond	9:00 AM
2/27	@ Ninety Six	5:00
3/1	@ Saluda	5:00
3/4	@ Ninety-Six	5:00
3/5	@ WCS	5:00
3/9	@ Newberry	11:00 AM
3/11	vs. Chapin	5:00
3/16	vs. Saluda	10:00 AM
3/18	vs. Batesburg-Leesville	5:00
3/23	@ Chapin	12:00 PM
3/27	vs. WCS	5:00
3/30	@ Clinton	10:00 AM



<u>Date</u>	<u>BASEBALL</u>	<u>Time</u>
2/19	Scrimmage @ B-L (VARSITY)	5:00
2/22	Peach-Ridge Invitational vs. Ninety-Six (VARSITY)	5:00
2/23	JV Pre-Season Tournament @ Strom Thurmond – vs. ST	11:00 AM
2/26	Peach-Ridge Invitational vs. Spring Valley (VARSITY)	5:00
2/27	JV Pre-Season Tournament @ Strom Thurmond - vs. 96	7:00
2/28	Peach-Ridge Invitational vs. Spring Valley (VARSITY)	7:30
3/1	JV Pre-Season Tournament @ Strom Thurmond - vs. Saluda	7:00
3/2	Peach-Ridge Invitational vs. TBA (VARSITY)	TBA
3/5	@ WCS	7:00
3/7	vs. Chapin	5:00/7:00
3/9	@ Newberry (JV)	1:00
3/12	vs. Emerald	5:00/7:00
3/15	@ Clinton	5:00/7:00
3/19	@ Union	5:00/7:00
3/22	@ Woodruff	5:00/7:00
3/23	@ Chapin	3:00/6:00
3/26	vs. Newberry	5:00/7:00
3/27	vs. WCS (VARSITY)	7:00
3/29	@ Emerald	5:00/7:00
4/3	@ Saluda	5:00/7:00
4/9	@ Newberry	5:00/7:00
4/10	vs. Saluda	5:00/7:00
4/12	vs. Clinton	5:00/7:00
4/15	vs. Union	5:00/7:00
4/17	vs. Woodruff	5:00/7:00

<u>Date</u>	<u>BOY'S TENNIS</u>	<u>Time</u>
3/6	vs. Saluda	5:00
3/11	@ Emerald	5:00
3/14	vs. Clinton	5:00
3/18	vs. Union	5:00
3/21	vs. Woodruff	5:00
3/25	@ Newberry	5:00
3/28	vs. Emerald	5:00
4/2	@ Saluda	5:00
4/9	vs. Newberry	5:00
4/10	@ Woodruff	5:00
4/15	@ Clinton	5:00
4/24	@ Union	5:00



<u>Date</u>	<u>Softball</u>	<u>Time</u>
2/21	Scrimmage @ Emerald	5:30/7:00
2/23	Tournament @ Camden	5:30/7:00
2/26	Scrimmage vs. B-L	5:30/7:00
3/1	JV Tournament @ White Knoll	TBA
3/2	JV Tournament @ White Knoll	TBA
3/4	vs. Chapin	5:30/7:00
3/6	@ Whitmire (JV)	5:00
3/8	Wildcat Invitational @ Lexington	TBA
3/9	Wildcat Invitational @ Lexington	TBA
3/11	@ Chapin	5:30/7:00
3/12	@ Emerald	5:00/7:00
3/15	vs. Clinton	5:00/7:00
3/19	vs. Union	5:00/7:00
3/22	vs. Woodruff	5:00/7:00
3/26	@ Newberry	5:00/7:00
3/29	vs. Emerald	5:00/7:00
4/1	@ Saluda	5:30/7:00
4/2	vs. Whitmore	5:00/7:00
4/5	Aiken Triple Crown Tournament	TBA
4/6	Aiken Triple Crown Tournament	TBA
4/10	vs. Saluda	5:30/7:00
4/12	@ Clinton	5:00/7:00
4/15	@ Woodruff	5:00/7:00
4/16	@ Union	5:00/7:00
4/23	vs. Newberry	5:00/7:00



<b>Date</b>	<b>Boys Soccer</b>	<b>Time</b>
2/19	vs. Broome (VARSITY)	7:00
2/22	@ Broome (VARSITY)	7:00
2/27	@ Columbia HS	5:30/8:00
3/8	vs. Woodruff	5:30/7:00
3/11	vs. Union	5:30/7:00
3/12	@ Emerald (VARSITY)	7:00
3/15	@ Clinton	5:30/7:00
3/19	@ Union	5:30/7:00
3/22	@ Woodruff	5:30/7:00
3/26	vs. Newberry	5:30/7:00
3/29	vs. Emerald (VARSITY)	7:00
4/3	Vs. River Bluff (JV)	6:00
4/9	@ Newberry	5:30/7:00
4/12	vs. Clinton	5:30/7:00
?	vs. Columbia HS	5:30/7:00

<b>Date</b>	<b>Girls Soccer</b>	<b>Time</b>
2/8	Scrimmage vs. Indian Land	6:00
2/13	Scrimmage vs. Heathwood Hall	5:00
2/19	Scrimmage @ Gilbert	5:30/7:00
2/27	Tournament - White Knoll (VARSITY)	8:00
2/28	Tournament – Camden (VARSITY)	6:30
3/2	Tournament – TBA (VARSITY)	TBA
3/4	vs. Airport	5:30/7:00
3/8	@ Woodruff	5:30/7:00
3/11	@ Union	5:30/7:00
3/12	@ Emerald (VARSITY)	7:00
3/15	vs. Clinton	5:30/7:00
3/19	vs. Union	5:30/7:00
3/20	@ Columbia HS (VARSITY)	6:00
3/22	vs. Woodruff	5:30/7:00
3/26	@ Newberry	5:30/7:00
3/29	vs. Emerald (VARSITY)	5:30/7:00
4/3	@ Airport	5:30/7:00
4/4	@ Pelion	5:30/7:00
4/9	vs. Newberry	5:30/7:00
4/10	vs. Columbia HS (BCA Night) (VARSITY)	6:00
4/12	@ Clinton	5:30/7:00
4/23	vs. TBA	5:30/7:00



### ATTENTION 12<sup>th</sup> GRADE STUDENTS AND PARENTS/GUARDIANS

Senior (graduation) supply delivery date is **Thursday, March 21, 2019 – 11 a.m. – 1 p.m.** Balances must be paid in full before seniors can receive their supplies. Parents may pay online at [www.rhodesgraduation.com](http://www.rhodesgraduation.com) and only need their invoice number and student name, school, etc. If you have questions concerning your balance or have not yet placed your order, please contact Rhodes Graduation Services (Jostens) at (803) 485-4503. You may also contact them at [office@rhodesgraduation.com](mailto:office@rhodesgraduation.com).

*(Due to students attending Piedmont Tech and Newberry County Career Center, we more than welcome parents to come by the school on the delivery date at the designated time to pick your students supplies up and/or pay their balances.)*

## HONOR ROLL AND PRINCIPAL'S LIST FOR 2<sup>nd</sup> NINE WEEKS

To be eligible for the honor roll, students must have a GPA of 3.0 or higher (with no grade below an 80) for the quarter. For the principal's list, students will have a GPA of at least 4.0 (with no grade below a 90) for the quarter.

### PRINCIPAL'S LIST

GRADE 9	GRADE 10	GRADE 11	GRADE 12
Alana Brown	Kendal Boland	Erin Ballentine	Kaleb Boland
Kaela Chapman	Addison Bowers	Rebekah Dominick	Lylah Brooks
Emily Davis	Ny Ariel Burton	Zachary Frick	Jordan Cary
Ashlyn Kinard	Emma Connelly	Travis Haltiwanger	Lauren Cope
Halle Koon	Jessica Franklin	Madelyn Huffstetler	Kathleen Crotwell
Jaylee Koon	Bailey Gause	Fritz Lewis	Jarrett Delk
Madison Koon	Brenda Gonzalez Reyes	Jayla Lewis	Sidney Dozier
Jon Ruff	Scotlyn Lominick	Koedy Longshore	Cara Elsenheimer
Ella Schafer	Grayson Long	Amanda Morris	Kerry Faglie
Tyler Shackelford	Mitchell McCracken	Oliver Noerager Nielsen	Hayleigh Fulmer
Sabrina Weng	Emily McCullough	Zoie Owens	Bennett Hawkins
Emma Wicker	Anna Meetze	Veronica Scott	Katherine Hernandez
	Christopher Scott	Abigail Shealy	Kadianne Knight
	Harrison Scott	Amelia Shealy	Alex Lake
	Philip Spotts	Bailey Stuck	Deanna Meade
	Harmon Vinson		Jessica Mills
	Pi-Yen Wang		Noah Moore
	Reagen E. White		William A. Murray
			Makayla Nichols
			Brenna Perry
			Kally Rauch
			Mason Roosen
			Natalie Schnackenber
			Jacob K. Shealy
			Lauren Shealy
			Courtnie Stafford
			Ryan Stewart
			Georgia Summer
			Kyndal White
			Margaret White
			Reagan White
			Shanna Wicker

### HONOR ROLL

GRADE 9	GRADE 10	GRADE 11	GRADE 12
Olivia Abrams	Adelaide Ashmore	Blake Arnoult	Seth Baggott
Jillian Anderson	Christopher Davis	Sarah Bendenbaugh	Curtis Boland
Macon Arnoult	Colby Doolittle	Matthew Boland	Christian Bookman
Joshua Arrowood	Julia Eargle	Andrew Bunce	Aynsly Bowers
Danielle Ballentine	Terra Easterlin	Zacorian Byrd	Patrick Carrillo
Katelynn Barbour	Albert Farmer	Emilee Carpenter	Paul Carter
Alexavier Berry	Dontasia Farrow	Libby Castillo	Danielle Chappell
Josie Blanchard	Hunter Fellers	Hannah Cook	Brantlee Collins
Ava Boland	Caleb Fulmer	Abigale DeLavalley	Benjamin Corley
Kaitlyn Brown	Kyle Hansen	Ashly Diaz Perez	Remington Cox
Alexis Brunson	Blakely Hendrix	Andrew Dominick	Matthew Crapse
Emma Bundrick	David Hester	Kinsley Dorroh	Hillary Dana
Anna Christina Cary	Raleigh Hobgood	Shelton Elliott	Jena Dewalt
Jennifer Castro	Elizabeth Hunter	Ingrid Escobedo Prieto	Jason Dickert
Jennifer Cervantes	Aaron Kelly	Brandon Fowler	Grantt Doolittle
Emma Chapman	Tura Lail	Emma Fulmer	Elizabeth Eldridge
Jon Cope	Shelby Lever	Joshua Hedgepath	Chloe Epting
Taylor Cumbie	Michael Leyva Pacheco	Heather Howe	Tyler Fulmer
Nicole Curtis	Tyler List	Alice Montgomery	Kathryn Garbart
Erica Davis	Colton Lominick	Melissa Morris	Megan Grubbs
Jared Dukes	Perla Lopez	Joseph Murray	Nia Hall

Carli Eggleston	Savannah Lozada	Anthony Noah	Alexis Higbe
Leon Fulmer	Eliza McManus	Tandice Northcutt	Maddison Higbe
Keren Garcia	William R. Murray	Madison Oviedo	Payton Hughes
Cadence Gonzalez	Marissa Oviedo	Nydia Robinson	Patrick Jacobs
Janyiah Goode	Reagan Peel	Jacob G. Shealy	Katie Koon
JaTavia Graham	Ashtyn Perry	Morgan Shealy	Seth Koon
Samuel Hawkins	Cameron Sease	Carlee Washington	Wesley Livingston
Justin Hedgepath	Steven Senn	Ashlynn Waters	Nancy Lopez Garcia
William Horn	Christopher Still	Samuel Worley	Adrian Lopez-Soberano
Karlie Huffstetler	Colin Stribble		Gabriele Mason
Jose Interial Romo	Amanda Summers		Bryntrisha Mathis
Dorothy Jacobs	Evelyn Williams		Calen McManua
Madelyn Koon	Ke'Ajarria Williams		Daniel Metts
Jackson Livingston	Semora Wise		James Millis
Tori Livingston			Elise Mills
Lawson Lominick			Darian Morris
Dantzler Long			Heidy Munoz Durate
Hailey MacDermott			Jacob Nelson
Caroline Matney			Makenzie Nichols
Thomas McCormack			Sydney Owens
Angela Moore			Judah Rendelman
Aaliyah Morgan			Savannah Renwick
Jackson Owens			Madison Reppart
Joshua Rendelman			Sarah Reta
Don Richardson			Emily Reyes
Calvert Smith			Hailey Roach
Avari Suber			Alexis Shealy
Cheyene Vaughan			Tyreik Smith
Andrew Washington			Sara Spinks
			Emily Terry
			Ashlyn Whitley
			Amie Wicker
			Anna Wicker
			Niteryanna Wicker
			Shelby Wicker
			Keyonna Wilson
			Tashel Wilson
			Reagan Woods

**Please notify us if your student was left off of the Principal's List or Honor Roll List. We apologize for any oversight and would like to make sure that all of our students who have earned recognition are recognized at the end of the school year awards program.**

### Our mission:

**To engage students in educational experiences that ensure success and life-long learning.**

*Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.*

## **ATTENTION SENIORS & SENIOR PARENTS**

I have reviewed GPA, courses, and class rank and need you to please review the **test score** requirements below. Let me (Ms. Smith) know ASAP if you have **scores to meet the criteria for receiving these awards.**

### **Newberry County Honor Graduate**

Beginning with the graduating class of 2019, the Newberry County Honor Graduate will have earned at least 30 units; maintained a 90 average for four years; **earned a score of at least 1180 on the SAT or at least 26 on the ACT**; and completed the full college preparatory program.

### **South Carolina Academic Honors Award**

#### **Requirements for a student to receive a South Carolina Academic Honors Award:**

- complete twenty-four units of credit as prescribed;
- be eligible for graduation with a state high school diploma;
- receive a minimum grade of “B” for each semester course in grades 9–12 through the seventh semester; and
- achieve either a score of 710 or higher on the SAT verbal, a score of 690 or higher on the SAT mathematics, a score of 30 or higher on the ACT English, or a score of 33 or higher on the ACT mathematics;

**- OR -**

- complete twenty-four units of credit as prescribed;
- be eligible for graduation with a state high school diploma;
- receive a minimum grade of “B” for each semester course in grades 9–12 through the seventh semester; and
- achieve a combined score of 1400 on the SAT verbal and math sections, or an ACT composite score of 31.

Of the twenty-four units earned, **eighteen units** must be **college preparatory coursework**, four units in additional electives, and two units in one or more of the following: English, science, social studies, or mathematics.

College preparatory coursework includes the following:

- English (English I or above), four units;
- mathematics (Algebra I or above), four units;
- laboratory science, three units;
- social studies (United States History and Constitution, economics and United States Government and one unit of world history, world geography or western civilization), three units;
- computer science, one unit;
- physical education, one unit; and
- foreign language, two units.

### **College & Military Signing Day**

Please bring your acceptance letter or official enlistment letter to Ms. Smith so you can be added to this celebration in April. Deadline to submit information is Friday, March 29, 2019.

## Illness Reminder:

We need your help to reduce the spread of germs! By working together, taking precautions, we can help to minimize the impact of any illness that can be spread to others.

Please be reminded of the following:

- Wash hands often with soap and water for 20 seconds;
- Avoid touching eyes, nose, and mouth with unwashed hands;
- Avoid kissing, hugging, and sharing cups or eating utensils with people who are sick;
- Disinfect frequently touched surfaces, such as toys and doorknobs, especially if someone is sick;
- **Stay home when feeling sick, and obtain consultation from your health care provider.**
  - Keep sick children at home for at least 24 hours after they no longer have vomiting or diarrhea
  - Ill children should stay home until 24 hours after they are fever free without the use of fever-reducing medicines.
- Cover your cough/sneeze. It is best to *cough or sneeze* into your upper sleeve or *elbow*, not your hands. If you cough/sneeze in your hands or in a tissue, make sure you wash your hands afterwards.
- These everyday steps are a good way to reduce your chances of getting the flu. However, a yearly flu vaccine is the best protection against flu illness.

IT IS NOT TOO LATE TO GET YOUR FLU SHOT 😊

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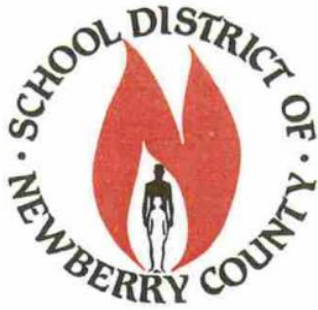
Recordatorio en caso de enfermedad:

Necesitamos su ayuda para reducir la propagación de gérmenes. Al trabajar juntos, tomando precauciones, podemos ayudar a minimizar el impacto de cualquier enfermedad que puede transmitirse a otras personas.

Por favor recuerde lo siguiente:

Lávese las manos frecuentemente con agua y jabón durante 20 segundos;  
Evitar tocar sus ojos, nariz y boca con las manos sin lavar;

- Evitar los besos, abrazos, compartir vasos o cubiertos con personas que están enfermas;
- Desinfectar las superficies frecuentemente tocadas, como juguetes y pomos de las puertas, especialmente si alguien está enfermo;
- **Quédese en casa si se siente enfermo y haga una consulta con su médico.**
  - Mantenga a los niños enfermos en casa por lo menos 24 horas después de que ya no tienen vómitos o diarrea
  - Los niños enfermos deben permanecer en casa hasta 24 horas después de que les haya pasado la fiebre sin el uso de medicina para reducir la fiebre.
- Cubra su boca cuando tosa o estornudo. Lo mejor es estornudar o toser en su manga superior o *codo*, no en sus manos. Si usted tose/estornuda en sus manos o en un pañuelo de papel, asegúrese de que usted se lave sus manos después de hacerlo.
- Estas instrucciones todos los días son una buena manera de disminuir las posibilidades de la gripe. Sin embargo, la vacuna anual contra la gripe es la mejor protección contra la influenza



February 7, 2019

Dear Parent/Guardian:

I wanted to inform you of some changes concerning medication intake, which is our process for accepting prescription medications and over the counter medications. These changes are not meant to inconvenience you, but to protect your child.

All medications, prescription or over-the-counter, can only be accepted by the school nurse. If you are planning to bring medication for your child, please call the school ahead of time to ensure that the nurse will be available. I understand your time is precious, and we do not want you to go to the school to drop off medication and be told that the nurse is not there and to come back another time. By working directly with the nurse regarding medication intake, it will provide us the opportunity to get any other needed information then, instead of the nurse calling you later.

If you are bringing a controlled medication, your school nurse will need to look up the pill on Pill Identifier to ensure it is the correct pill before you and the nurse sign the count sheet. As nurses, it is our responsibility to know what we are giving and that it is the correct medication as labeled.

Lastly, if you are bringing over-the-counter medications, they must be in the original, unopened container with the label intact. The nurse will not be able to accept if the bottle has been previously opened.

Please do not hesitate to contact your school nurse or me should you have any questions or concerns.

Sincerely,

Tricia Ulch, BSN, RN  
School Nurse Coordinator  
803-321-2620



# High School YEARS

Working Together for Lifelong Success



## Short Clips

### Safety first

Your teenager may want to make plans without having to clear them with you first. But to keep her safe, you still need to know where she's going and who she'll be with. Insist on details, and give her a curfew. She may scoff, but deep down she'll know you love her.

### Dangers of e-cigs

Although e-cigarettes may be marketed as a safer way to smoke, they're not. E-cigs, vapors, or "vapes" as they're sometimes called, are simply a different way to put nicotine into the bloodstream. And they are illegal for anyone under 18 years old. Let your teen know these facts, especially if you suspect that his friends might be "vaping."

### Kindness is easy

Being kind in small ways shows others that you care—and it's simple. Encourage your high schooler to show kindness throughout the day. For instance, she could carry the lunch tray for a classmate on crutches. Or she might give a quarter to a cashier if the person in front of her comes up short.

### Worth quoting

"The things that make me different are the things that make me me."  
A.A. Milne

### Just for fun

**Q:** Why did the computer cross the road?

**A:** Because it was programmed by the chicken!



## Time to talk

Fifteen minutes may not seem like much. But research shows spending that amount of time each day talking with your teen can keep your lines of communication open. Try these four ways to make the minutes count.

### 1. Chat with your teenager when he's relaxed and in a good mood.

Knock on his door before he goes to bed, or greet him when he comes home from an evening out with friends. Start a conversation about your night and his, rather than asking him a lot of questions.

**2. Watch for cues that your teen wants to talk.** If he has something on his mind—or just feels like talking—he may linger nearby while you cook or offer to go along to the grocery store with you. Encourage him to open up by casually asking how things are going.

**3. Do an activity together.** Your high schooler may feel more comfortable



discussing his life while you're taking a walk or driving to the mall. Be ready to listen extra closely if he mentions a serious topic like a new relationship or a friend who is in trouble.

**4. Reconnect after interruptions.** If you have to stop a conversation to take a younger child to soccer practice, for instance, let your teen know you still want to talk. ("I'll be back in 30 minutes. Can we talk more then?") Be sure to follow through when you get home. 👍

## I wouldn't miss it!

Teens who attend school regularly are more likely to graduate. Good attendance also creates a habit that can carry over into work later. Consider these tips.

### Set expectations

Being out for even a day or two a month means losing valuable learning time. Tell your child that the only acceptable excuses are illness, family emergencies, or pre-approved college visits.

### Discuss results

Point out that missing school means she'll have to make up coursework. If she falls far behind, she may have to retake courses.

*Note:* Call the attendance line or write notes for excused absences so the school knows your teen is not skipping. If she does skip, contact the school so you can create a plan together to get her back on track. 👍



## Q & A The opioid epidemic and teenagers

You may have heard news reports about the opioid epidemic and wondered whether it could affect your teenager. Here are answers to questions about opioids, which include heroin and prescription pain relievers like OxyContin, Vicodin, and codeine.

**Q:** How can I talk to my teen about opioids?

**A:** Explain the dangers, including the serious consequences like addiction and even fatal overdose. When you hear sobering statistics in the news, such as the number of overdoses in your state, share them with your high schooler.



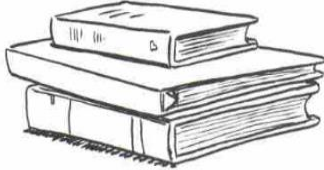
*I do if I think my child has tried these drugs?*

**A:** Signs of opioid use include shifts in relationships with family and friends, not caring about one's appearance, changes in sleep habits, and poor concentration. If you suspect or discover your teen is using drugs, contact her pediatrician immediately. 👍



## Be a frequent reader

Nearly half of 17-year-olds report reading for fun only once or twice a year. Here are ways to change that trend with your teen.



■ **Keep reading material on hand.** Put books, magazines, and comics in the car and in various rooms around the house. Change up the mix with finds from yard sales and used-book stores. And make regular trips to the library together—seeing all the choices can inspire your teen to pick out books he'll enjoy.

■ **Subscribe to a newspaper.** Leave the paper on the kitchen table. As your child gets used to reading at breakfast or after school, he'll develop his own go-to sections. Whether it's the front page, the sports section, or the arts column, reading a daily paper is a great way to develop a reading habit. 👍

**OUR PURPOSE**

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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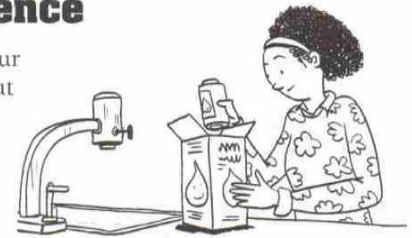
## How to increase confidence

Feeling confident can pave the way for your high schooler's future success, both in and out of the classroom. Try these tips to boost her self-esteem.

■ **Stay upbeat.** Encourage your teen with positive statements like "I know you'll rock your presentation today!" Also, share what gives you confidence. "I was a little nervous about my presentation at work, but I felt good because I had backed up my points with solid information."

■ **Give her responsibility.** Put your teenager in charge of home projects like replacing a water filter or a printer cartridge. Accomplishing tasks successfully, and seeing family members benefit from her efforts, will boost her confidence.

■ **Focus on what your teen can do.** Shine the spotlight on what your child is good at. Say she has a knack for explaining complicated ideas in simple language. Ask her to help her younger brother with his fractions homework or to teach the whole family how to play a challenging board game. 👍



## Parent to Parent Does multitasking work?

My son regularly scanned Twitter and texted his friends while doing homework. James told me not to worry—that he could "multitask"—but I wasn't so sure.

I asked his homeroom teacher about this last spring, and she said kids tend to make more mistakes and take longer to finish work when they multitask. To show my son the difference, she suggested this. I asked him

to track how long it took him to do homework for a week and the number of errors marked when the work was returned. Then, he tracked the same things for a week of homework without tweeting and texting.

He was surprised by the results!

Once James saw he could finish more quickly and do better work, he decided on his own to cut down on multitasking—giving him more time for socializing afterward. 👍



THE SCHOOL DISTRICT OF NEWBERRY COUNTY  
**REGISTRATION**

FOR  
**KINDERGARTEN AND PRE-KINDERGARTEN**  
**February 25 - March 8, 2019**

You may also register online at:

<https://registration.powerschool.com/family/gosnap.aspx?action=16733&culture=en>

3 year olds by September 1, 2019 and in the attendance area for Boundary Street Elementary, Gallman Elementary and Newberry Elementary, please follow the same requirements that are listed for Kindergarten registration.

**KINDERGARTEN**

All children 5 years old by September 1, 2019, entering public school for the first time

You must bring: Birth Certificate (long form) and Immunization Record

**3 Proofs of Residency**

**Mandatory (1)**  
Current tax notice  
Mortgage  
Lease

**Required (Any 2)**  
Automobile Tax or Registration  
Current power bill  
Current phone/cell bill  
Current water bill  
Current Fed. Tax. Return with physical address  
Cable TV bill  
SC Driver's license

**\*You will still need to visit your assigned school to submit proofs and schedule a date for Dial 4 testing.**

Questions – please call 321-2600 Dr. Beth Brooks or Mrs. Jan Redden

**PRE-KINDERGARTEN**

All children 4 years old by September 1, 2019, entering public school for the first time.

You must bring: Birth Certificate (long form) Income Verification ie: Medicaid card, most recent check stub, SNAP verification and Immunization Record

**3 Proofs of Residency**

**Mandatory (1)**  
Current tax notice  
Mortgage  
Lease

**Required (Any 2)**  
Automobile Tax or Registration  
Current power bill  
Current phone/cell bill  
Current water bill  
Current Fed. Tax. Return with physical address  
Cable TV bill  
SC Driver's license

EL DISTRITO ESCOLAR DEL CONDADO DE NEWBERRY  
**REGISTRACION**

PARA  
**KINDERGARTEN Y PRE-KINDERGARTEN**  
**Febrero 25 - Marzo 8, 2019**

Usted también puede registrarse en línea:

<https://registration.powerschool.com/family/gosnap.aspx?action=16733&culture=en>

Niños que cumplan 3 años antes del 1 de septiembre de 2019 y vivan en el área de las escuelas de Boundary Street, Gallman y Newberry Elementary. Por favor seguir los mismos requisitos que están listados para la registración de Kindergarten.

**KINDERGARTEN**

Todos los niños que tengan cinco años cumplidos antes del 1º de septiembre del 2019, que entren por primera vez a la escuela pública.

**Usted debe traer:** Acta de nacimiento (formato largo) y el registro de vacunas

**3 Pruebas de Residencia**

**Obligatorio (1)**

Recibo de pago de impuestos  
Hipoteca  
Contrato de arriendo

**Requerido (2 de los siguientes)**

Registración o pago de impuestos del vehículo  
Recibo de electricidad reciente  
Recibo de teléfono o celular  
Recibo del agua reciente  
Recibo de los impuestos federales que contenga la dirección  
Recibo de la TV por cable  
Licencia de conducción de SC

Preguntas – Por favor llamar al 321-2600 Dr. Beth Brooks o Jan Redden

**PRE-KINDERGARTEN**

Todos los niños que hayan cumplido 4 años antes del 1º de septiembre de 2019, que entren por primera vez a la escuela pública.

**Usted debe traer:** Acta de nacimiento (formato largo) verificación de sus ingresos ej.: tarjeta del Medicaid, el más reciente desprendible de cheque, SNAP verificación y el registro de vacunas

**3 Pruebas de Residencia**

**Obligatorio (1)**

Recibo de pago de impuestos  
Hipoteca  
Contrato de arriendo

**Requerido (2 de los siguientes)**

Registración o pago de impuestos del vehículo  
Recibo de electricidad reciente  
Recibo de teléfono o celular  
Recibo del agua reciente  
Recibo de los impuestos federales que contenga la dirección  
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Licencia de conducción de SC