

McKenzie Special School District

Elementary School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct - 1 TURKEY/CHEESE ON BUN TOASTED CHEESE SANDWICH BAKED BEANS POTATO WEDGES LETTUCE & TOMATO PEACH SLICES MILK, VARIETY	Oct - 2 RAVIOLI W/CHEESE GRILLED CHICKEN SISTER SCHUBERT'S ROLL MASHED POTATOES TOSSED SALAD RANCH DRESSING PEARS MILK, VARIETY	Oct - 3 CHEESEBURGER CHICKEN PATTY/BUN FRENCH FRIES LETTUCE & TOMATO BAKED APPLE SLICES MILK, VARIETY
Oct - 6 STUFFED CRUST PIZZA CHICKEN FAJITA SWEET YELLOW CORN SALSA TOSSED SALAD RANCH DRESSING PEACH SLICES MILK, VARIETY	Oct - 7 CHICKEN/BISCUIT SAUSAGE/BISCUIT SCRAMBLED EGGS ROUNDBOUTS PEARS MILK, VARIETY	Oct - 8 CORN DOG MAC & CHEESE SISTER SCHUBERT'S ROLL LIMA BEANS BROCCOLI/CHEESE FRUIT COCKTAIL MILK, VARIETY	Oct - 9 GRILLED CHICKEN SPAGHETTI W/CHEESE SISTER SCHUBERT'S ROLL TOSSED SALAD RANCH DRESSING PINTO BEANS PINEAPPLE TIDBITS MILK, VARIETY	Oct - 10 CHEESEBURGER NACHO SUMPREME SMILES SALSA LETTUCE & TOMATO BAKED APPLE SLICES MILK, VARIETY
Oct - 13 SCHOOL HOLIDAY	Oct - 14 SCHOOL HOLIDAY	Oct - 15 SCHOOL HOLIDAY	Oct - 16 SCHOOL HOLIDAY	Oct - 17 SCHOOL HOLIDAY
Oct - 20 PEPPERONI PIZZA HAM & CHEESE/BUN SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING PEACH SLICES MILK, VARIETY	Oct - 21 OCEAN TREATS HUSHPUPIES BBQ ON BUN NORTHERN BEANS POTATO WEDGES APPLESAUCE MILK, VARIETY	Oct - 22 CHICKEN NUGGETS SISTER SCHUBERT'S ROLL HOT DOG/BUN GREEN BEANS MASHED POTATOES PEARS MILK, VARIETY	Oct - 23 MEATLOAF SISTER SCHUBERT'S ROLL MEXICAN TACO SALSA PINTO BEANS BROCCOLI/CHEESE MANDARIN ORANGES MILK, VARIETY	Oct - 24 CHEESEBURGER CORN DOG NUGGETS ROUNDBOUTS LETTUCE & TOMATO FRESH APPLES MILK, VARIETY
Oct - 27 PEPPERONI PIZZA DELI SUB SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING LETTUCE & TOMATO PEACH SLICES MILK, VARIETY	Oct - 28 MEXICAN TACO BBQ RIB PATTY/BUN SALSA PINTO BEANS BROCCOLI/CHEESE APPLESAUCE MILK, VARIETY	Oct - 29 RAVIOLI W/CHEESE SISTER SCHUBERT'S ROLL CORN DOG MASHED POTATOES LIMA BEANS PINEAPPLE TIDBITS MILK, VARIETY	Oct - 30 HEARTY VEGGIE SOUP TOASTED CHEESE SANDWICH POTATO WEDGES PEARS MILK, VARIETY	Oct - 31 CHEESEBURGER BBQ ON BUN FRENCH FRIES LETTUCE & TOMATO FRESH APPLES MILK, VARIETY

RITA BRANDON, FOOD SERVICE DIRECTOR
KATHY BARCROFT, MANAGER
"MENU SUBJECT TO CHANGE"

	Average	Target	% of Target		Average	% of Calories	Target
Calories	639*	640-640	100%	Tot. Fat	17.59* g	24.79%	<=30.0%
				Sat. Fat	6.77* g	9.54%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.