

McKenzie Special School District

Elementary School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 RAVIOLI W/CHEESE BBQ GRILLED CHICKEN SISTER SCHUBERT'S ROLL MASHED POTATOES GREEN BEANS PEACHES MILK, VARIETY	Oct - 2 CHEESEBURGER CHICKEN PATTY/BUN FRENCH FRIES LETTUCE & TOMATO PINEAPPLE TIDBITS MILK, VARIETY
Oct - 5 STUFFED CRUST PIZZA PIZZA WITH CHEESE TOP SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING PEACHES MILK, VARIETY	Oct - 6 FRENCH TOAST STICKS SAUSAGE LINK SYRUP ROUNABOUTS MANDARIN ORANGES MILK, VARIETY	Oct - 7 CHICKEN TACO MAC & CHEESE SISTER SCHUBERT'S ROLL PURPLE HULL PEAS BROCCOLI/CHEESE SALSA FRUIT COCKTAIL MILK, VARIETY	Oct - 8 CORN DOG SPAGHETTI W/CHEESE SISTER SCHUBERT'S ROLL MASHED POTATOES PINTO BEANS PINEAPPLE TIDBITS MILK, VARIETY	Oct - 9 CHEESEBURGER PIGGY NACHOS SMILES SALSA LETTUCE & TOMATO PEACHES MILK, VARIETY
Oct - 12 SCHOOL HOLIDAY	Oct - 13 SCHOOL HOLIDAY	Oct - 14 SCHOOL HOLIDAY	Oct - 15 SCHOOL HOLIDAY	Oct - 16 SCHOOL HOLIDAY
Oct - 19 PEPPERONI PIZZA CHICKEN PATTY/BUN SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING FRUIT COCKTAIL MILK, VARIETY	Oct - 20 OCEAN TREATS HUSHPUPIES BBQ ON BUN NORTHERN BEANS POTATO WEDGES PEACHES MILK, VARIETY	Oct - 21 CHICKEN TENDERS SISTER SCHUBERT'S ROLL HOT DOG/BUN MASHED POTATOES GREEN BEANS PEARS MILK, VARIETY	Oct - 22 CHICKEN FRIES MEXICAN TACO PINTO BEANS BROCCOLI/CHEESE SALSA APPLESAUCE MILK, VARIETY	Oct - 23 CHEESEBURGER CORN DOG NUGGETS CURLY FRIES LETTUCE & TOMATO PINEAPPLE TIDBITS MILK, VARIETY
Oct - 26 PEPPERONI PIZZA BIG DADDY PIZZA CORN DOG SWEET YELLOW CORN GREEN PEAS APPLESAUCE MILK, VARIETY	Oct - 27 BBQ RIB PATTY/BUN HAM WRAP PINTO BEANS SALSA BROCCOLI/CHEESE FRUIT COCKTAIL MILK, VARIETY	Oct - 28 CHICKEN NUGGETS CORN DOG SISTER SCHUBERT'S ROLL LIMA BEANS MASHED POTATOES MANDARIN ORANGES MILK, VARIETY	Oct - 29 VEGGIE & MEAT SOUP TOASTED CHEESE SANDWICH POTATO WEDGES PEARS MILK, VARIETY	Oct - 30 CHEESEBURGER NACHO SUPREME FRENCH FRIES LETTUCE & TOMATO SALSA PEACHES MILK, VARIETY

RITA BRANDON, FOOD SERVICE DIRECTOR

KATHY BARCROFT, MANAGER

"MENU SUBJECT TO CHANGE"

"USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

	Average	Target	% of Target		Average	% of Calories	Target
Calories	638*	640	100%	Tot. Fat	17.48* g	24.66%	<=30.0%
				Sat. Fat	6.41* g	9.05%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.