

McKenzie Special School District
Elementary School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 1 SCHOOL HOLIDAY	Sep - 2 CORN DOG NUGGETS PEPPERONI PIZZA SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING PEARS MILK, VARIETY	Sep - 3 CHICKEN NUGGETS MEATLOAF SISTER SCHUBERT'S ROLL GREEN BEANS MASHED POTATOES APPLESAUCE HONEY MUSTARD DRESSING KETCHUP MILK, VARIETY	Sep - 4 MAC & CHEESE BBQ ON BUN PINTO BEANS BROCCOLI/CHEESE FRUIT COCKTAIL MILK - Variety	Sep - 5 CHEESEBURGER CHICKEN PATTY/BUN FRENCH FRIES BABY CARROTS RANCH DRESSING LETTUCE & TOMATO FRESH APPLES MILK, VARIETY
Sep - 8 STUFFED CRUST PIZZA CHICKEN FAJITA SWEET YELLOW CORN SALSA TOSSED SALAD RANCH DRESSING PEACH SLICES MILK, VARIETY	Sep - 9 CHICKEN/BISCUIT SAUSAGE/BISCUIT SCRAMBLED EGGS ROUNDBOUTS PEARS MILK, VARIETY	Sep - 10 CORN DOG MAC & CHEESE SISTER SCHUBERT'S ROLL LIMA BEANS BROCCOLI/CHEESE FRUIT COCKTAIL MILK, VARIETY	Sep - 11 GRILLED CHICKEN SPAGHETTI W/CHEESE SISTER SCHUBERT'S ROLL TOSSED SALAD RANCH DRESSING PINTO BEANS PINEAPPLE TIDBITS MILK, VARIETY	Sep - 12 CHEESEBURGER NACHO SUMPREME SMILES SALSA LETTUCE & TOMATO ORANGES HALVES MILK, VARIETY
Sep - 15 PEPPERONI PIZZA NACHO SUMPREME SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING SALSA FRUIT COCKTAIL MILK, VARIETY	Sep - 16 MEXICAN TACO TOASTED CHEESE SANDWICH PINTO BEANS BROCCOLI/CHEESE SALSA MANDARIN ORANGES MILK, VARIETY	Sep - 17 STEAK FRITTER/GRAVY SISTER SCHUBERT'S ROLL HOT DOG/BUN SWEET POTATOES GREEN BEANS PEARS MILK, VARIETY	Sep - 18 OCEAN TREATS HUSHPUPIES BBQ ON BUN NORTHERN BEANS POTATO WEDGES PEACH SLICES MILK, VARIETY	Sep - 19 CHEESEBURGER PIZZA STICKS MARINARA SAUCE CURLY FRIES BAKED BEANS LETTUCE & TOMATO FRESH APPLES MILK, VARIETY
Sep - 22 SCHOOL HOLIDAY	Sep - 23 PEPPERONI PIZZA HAM & CHEESE/BUN SWEET YELLOW CORN TOSSED SALAD RANCH DRESSING PEACH SLICES MILK, VARIETY	Sep - 24 CHICKEN NUGGETS SISTER SCHUBERT'S ROLL HOT DOG/BUN GREEN BEANS MASHED POTATOES PEARS MILK, VARIETY	Sep - 25 MEATLOAF SISTER SCHUBERT'S ROLL MEXICAN TACO SALSA PINTO BEANS SWEET POTATOES BROCCOLI/CHEESE MANDARIN ORANGES MILK, VARIETY	Sep - 26 CHEESEBURGER CORN DOG NUGGETS ROUNDBOUTS LETTUCE & TOMATO FRESH APPLES MILK, VARIETY
Sep - 29 PEPPERONI PIZZA CORN DOG SWEET YELLOW CORN GREEN PEAS APPLESAUCE MILK, VARIETY	Sep - 30 BBQ RIB PATTY/BUN HAM WRAP PINTO BEANS SALSA BROCCOLI/CHEESE FRUIT COCKTAIL MILK, VARIETY			

RITA BRANDON, FOOD SERVICE DIRECTOR
 KATHY BARCROFT, MANAGER
 "MENU SUBJECT TO CHANGE"

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Average	Target	% of Target		Average	% of Calories	Target
Calories	638*	640-640	100%	Tot. Fat	17.88* g	25.21%	<=30.0%
				Sat. Fat	6.87* g	9.69%	<10.00%

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