

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes		
<b>Chips and Snacks</b>												
<b>Austin</b>												
SeAnimal Crackers	79783-40790		1 oz	35	3	0	21	20	85	1 bread		
Zoo Animal Crackers	79783-48786		1 oz	14	0	0	25	25	90	1.5 bread		
<b>Azar Nut Company</b>												
Carnival Crunch			.75 oz	13	0	0	15	16	180	1 bread		
Power Snacks Peanuts		Roasted, salted	1 oz	71	11	0	0	6	100			
Power Snacks Sunflower Kernels		Roasted, salted	1 oz	76	8	0	4	6	110			
Power Snacks Sunflower Kernels		Honey roasted	1 oz	71	6	0	7	8	88			
Power Snacks Sunflower Kernels		Barbecue	1 oz	76	11	0	7	6	60			
Power Snacks Raisins			1 oz	0	0	0	71	22	6	raisins, plain		
<b>Bake Crafters</b>												
Honi Munchable Snack Mix Pack			.7 oz	27	9	0	20	14	110	1 bread		
Pretzels, alphabet packs			.7 oz	0	0	0	0	15	150	1bread		
<b>Baked Classics</b>												
Potato Crisps		Sour Cream & Onion, Mesquite BBQ	.5 oz	11	0	0	7	10	135			
Potato Crisps		Sour Cream & Onion, Mesquite BBQ	1 oz	11	0	0	7	20	135			
<b>Barrel O'Fun</b>												
Baked Classic Potato Crisps		Mesquite Barbecue, Sour Cream & Onion	.5 oz	20	0	0	3	10	125			
Baked Fries Jonny Rapp		Bacon Cheddar, Hot, Ketchup	1 oz	35	3	0	4	20	230			
Cheesy O's Lite Puffed Cheese Snacks			1 oz	32	3	0	4	19	160			
Stix O'Cheese	18375		1 oz	32	3	0	4	19	125	1 bread		
Stix O'Fire	18376		1 oz	35	4	0	4	19	160	1 bread		
Cheese Balls	18377		1 oz	35	0	0	9	15	95	1 bread		
<b>Rachel's Baked Thin Crisp</b>												
	18647	Original	1.14 oz	14	0	0	6	26	210			
	18650	Cheddar & Sour Cream	1.14 oz	21	3	0	9	24	220			
	18649	Sour Cream & Onion	1.14 oz	21	3	0	9	24	220			
	18648	Barbeque	1.14 oz	21	3	0	9	24	220			
<b>Rachel's Puffed Multi-Grain Sancks</b>												
		Apple Cinnamon	.5 oz	33	0	0	14	10	60			
		Cheddar Cheese	.5 oz	33	0	0	7	10	60			
		Buttery Caramel	.5 oz	33	0	0	14	10	60			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
<b>Betty Crocker</b>													
Fruit Shapes	11510	Scooby-Doo	0.88 oz	0	0	0	20	17	50				
<b>Brookside Fruit Company</b>													
Clodhoppers		Granola Crunch	1.06 oz	30	10	0	27	22	80	1 bread			
<b>Brother's All Natural</b>													
Fruit Crisps		Fugi Apple	100% fruit	freeze	dried								
		Strawberry	100% fruit	freeze	dried								
		Peach	100% fruit	freeze	dried								
<b>California Classics</b>													
Crunchy Cheese Curls			0.75	31	5	0	7	13	150				
Cheese Balls			0.75	30	10	0	5	13	150				
<b>Country Choice Organic</b>													
Fit Kids Snackin' Grahams		Cinnamon Toast	1 oz	25	8	0	21	21	100				
<b>Dakota Gourmet</b>													
S'more Mix		Choc Graham Square Mix	1.25 oz	30	7	0	14	21	70				
Sunflower Seeds		Blaze-In Hot	1oz	85	8	0	1	5	115	seeds			
Honey Nutz		Soybeans	1oz	39	7	0	11	11	55	nonfried veg			
Sunflower Seeds		lightly salted	1oz	74	8	0	1	5	85	seeds			
Sunflower Seeds		honey roasted	1oz	68	9	0	15	8	85	seeds			
<b>Fieldstone Bakery</b>													
Granola Cereal		Original	1.25 oz	23	4	0	23	40	130	1 bread			
<b>Flat Earth</b>													
Baked Fruit Crisps	39774	Apple cin.	1 oz	31	7	0	21	21	35				
Baked Veggie Crisps	39773	Cheddar	1 oz	35	7	0	11	19	190				
<b>Frito Lay</b>													
Baked Cheetos	21642	Crunchy Regular	0.875oz	35	4	0	1	13	210	1 bread			
Baked Cheetos	30993	Crunchy Flamin' Hot	0.875 oz	34	0	0	1	15	210	1 bread			
Cheetos Fantastix	43578	Flamin' Hot	1 oz	35	7	0	0	19	230	1 bread			
Baked Doritos	20002	Nacho Cheese	.75oz	22	0	0	5	19	160	1 bread			
Reduced Fat Doritos	31748	Nacho Cheese	1oz	35	7	0	1	19	220	1 bread			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
		36096	Cooler Ranch			1oz	35	7	0	1	19	220	1 bread
			Spicy Sweet Chili Tortilla			1oz	35	7	0	1	19	220	1 bread
Quaker		36308	Snack Mix			1oz	30	7	0	15	15	230	1 bread
Baked Lay's		32078	KC Masterpiece BBQ			0.875 oz	20	0	0	1	19	190	1 bread
Baked Lay's		33627	Cheddar Sour Cream			0.875 oz	23	4	0	12	19	190	1 bread
Baked Lay's		33625	Original			1.125 oz	12	0	0	6	26	200	1 bread
Cheetos Fantastix		36098	Chili Cheese			1 oz	35	7	0	0	15	190	1 bread
Cheetos Fantastix		43593	Flamin' Hot			1 oz	35	7	0	0	19	230	1 bread
Tostitos Baked Scoops		42537				.87 oz	18	0	0	0	19	115	1 bread
Munchies Snack Mix			Flamin' Hot			.87 oz	32	4	0	3	18	170	1 bread
<b>Generation Max</b>													
Snickers Cereal Clusters		26916				1.06 oz	28	10	0	30	20	120	
Twix Cereal Clusters		26917				1.06 oz	28	10	0	30	20	120	
Combos Crackers		26922	Hot& Spicy			1.06 oz	35	0	0	6	18	220	
		26927	Pizza										
Combos Pretzels		26928	Ranch			1.06 oz	10	0	0	6	23	230	
<b>General Mills</b>													
Fr by the FootSpecEd		12106	Berry Tie Dye			.75 oz	19	6	0	33	16	40	
Spec Ed Fruit Roll-Ups		29162	Strawberry			.5 oz	25	0	0	29	11	55	
Cinnamon Toast Crunch Crisps						1 oz	21	0	0	32	22	200	
Fruity Cheerios						.87 oz	10	0	0	28	21	120	1 bread
Whole Grain Fr. Toast Crisps Cereal Snacks													
		17797000				1 oz	21	0	0	32	22	210	1 bread
Cocoa Puffs 25% less sugar			Cereal on the Go (pouch)			7/8 oz	11	0	0	33	20	130	1 bread
Cinnamon Toast Crunch			Cereal on the Go (pouch)			1oz	25	4	0	32	22	200	1 bread
Cinnamon Toast Crunch Crisps			Cereal on the Go (pouch)			1 oz	21	0	0	32	22	200	1 bread
Whole Grain French Toast Crunch Crisps			Cereal on the Go (pouch)			1 oz	21	0	0	32	22	210	1 bread
Fruity Cheerios			Cereal on the Go (pouch)			7/8 oz	11	0	0	33	21	120	1 bread
<b>Jonny Rapp's</b>													
Cheesy Os		18209	Puffed Cheese snack			.75 oz	35	0	0	5	15	95	

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Stix O' Cheese	18375		1 oz	32	3	0	3	19	125				
Six O' Fire	18376		1 oz	35	3	0	3	19	160				
Cheese Balls	18377		.75 oz	35	0	0	3	15	95				
Baked Fries		Cheddar and Bacon	1 oz	27	0	0	4	20	230				
All Natural Popcorn		Original	1 oz	35	3	0	0	18	200				
		Kettle Corn	1 oz	25	0	0	29	21	180				
<b>Kraft</b>													
Honey		Maid Cin Graham Stix	1 oz	23	4	0	28	20	160	1.25 bread			
<b>Keebler</b>													
Character Graham's	30100-34103	Bug Bites (R) Cinnamon Graham Crackers	1.1 oz	28	10	0	29	17	125	1.25 bread			
	30100-28665	Scooby-Doo!(TM) Cinnamon Graham Sticks	1 oz	29	4	0	29	17	115	1 bread			
Elf Graham's	30100-40213	Keebler (R) Elf (R) Graham's Original with Calcium	1 oz	27	7	0	29	16	105	1 bread			
	30100-40221	Keebler (R) Elf (R) Graham's Cinnamon with Calcium	1 oz	27	7	0	29	17	105	1 bread			
	30100-40239	Keebler ® Elf ® Graham's Chocolate	1 oz	31	10	0	25	17	125	1 bread			
Graham's	30100-30073	Keebler (R) Original Graham's with Calcium	.75 oz	25	5	0	19	17	90	1 bread			
	30100-30074	Keebler (R) Original Graham's	.5 oz	33	0	0	21	16	60	0.5 bread			
	30100-38133	Keebler (R) Cinnamon Crisp Graham Selects	.75 oz	25	5	0	19	21	85	1 bread			
	30100-38141	Keebler (R) Apple Cinnamon Graham's	.75 oz	28	5	0	19	16	95	1 bread			
	30100-38166	Keebler (R) Low Fat French Vanilla Graham's	.75 oz	17	5	0	24	16	95	1 bread			
	30100-38299	Keebler (R) Honey Graham's with Fiber	.82 oz	30	0	0	17	21	100	1 bread			
	30100-38406	Keebler (R) Honey Rite (R) Graham's	.5 oz	25	0	0	21	21	65	0.5 bread			
	30100-76450	Keebler (R) Honey Rite (R) Graham's with Calcium	.75 oz	28	5	0	24	16	100	1 bread			
Zesta Saltines	30100-01396	Keebler (R) Unsalted Top Saltines- 2 ct.	.2 oz	20	0	0	0	8	40	.25 bread			
Zesta Saltines	30100-01446	Zesta (R) Saltines- 4 ct.	.4 oz	20	0	0	0	8	190	.5 bread			
<b>Kellogg's</b>													
Corn Flakes®	38000-00196	Bowl Pack	.75 oz	0	0	0	10	16	150	1 bread			
Rice Krispies®	38000-00596	Bowl Pack	.64 oz	0	0	0	11	23	170	1 bread			
Complete Wheat Bran Flakes	38000-00696	Bowl Pack	.89 oz	6	0	0	16	20	180	1 bread			
Frosted Flakes Red Sugar	38000-21861	Bowl Pack	1 oz	0	0	0	28	18	160	1 bread			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Froot Loops Red Sugar	38000-21863	Bowl Pack	.64 oz	7	0	0	32	18	105	1 bread			
Raisin Bran®	38000-00896	Bowl Pack	1.25 oz	4	0	0	31	23	210	1 bread			
Special K(R)	38000-01696	Bowl Pack	.64 oz	0	0	0	11	18	130	1 bread			
Product 19(R)	38000-01996	Bowl Pack	.89 oz	0	0	0	10	27	145	1 bread			
Cruncheroos(R)	38000-02296	Bowl Pack	.64 oz	14	0	0	6	16	140	1 bread			
Crispix(R)	38000-03596	Bowl Pack	.89 oz	0	0	0	10	13	160	1 bread			
Frosted Mini-Wheats	38000-04996	Bowl Pack	1 oz	0	0	0	21	16	0	1 bread			
Apple Jacks Reduced Sugar	38000-29472	Bowl Pack	.75 oz	0	0	0	30	18	120	1 bread			
Wild Animal Crunch Cereal	38000-38860	Bowl Pack	.85 oz	11	0	0	29	16	110	1 bread			
Frosted Flakes® Gold	38000-38484	Bowl Pack	1.10 oz	5	0	0	32	19	190	1 bread			
Corn Flakes	38000-21928	Cereal Individual Pack	.82 oz	0	0	0	9	16	160	1 bread			
CompleteWheat Bran Flakes	38000-21937	Cereal Individual Pack	1.25 oz	5	0	0	19	20	230	1 bread			
Special K®	38000-21968	Cereal Individual Pack	.82 oz	0	0	0	13	18	160	1 bread			
Product 19®	38000-21977	Cereal Individual Pack	.82 oz	0	0	0	13	27	160	1 bread			
Shredded Wheat Miniatures	38000-21982	Cereal Individual Pack	1.07 oz	5	0	0	3	15	0	1 bread			
<b>Kettle Brand</b>													
Baked Potato Chips		lightly salted	.8 oz	25	5	0	0	17	110				
<b>Kraft</b>													
100 Calorie Packs													
Honey Maid Thins			.81 oz	15	0	0	30	19	170	1 bread			
Cheese Nips Mini			.74 oz	25	9	0	0	15	230	1.25 bread			
Cheese Sportz Crackers			.74 oz	25	9	0	0	14	230	1.25 bread			
Ritz Snack Mix	4400000770		.77 oz	25	5	0	9	16	210	1 bread			
<b>Lance</b>													
Nacho Cheese Baked Tortilla Chips			7/8 oz	25	4	0	4	17	180				
<b>MJM's</b>													
Graham Cracker		Low-fat honey, cinnamon,	.9 oz	26	4	0	24	18	132	1 bread			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
		honey graham & fiber											
Bear Grahams & Waffle Grahams		Apple cinnamon, lemon, chocolate vanilla, strawberry, blueberry	.9 oz	26	5	0	22	18	86	1 bread			
All-Sports Bites		Trans fat free	1 oz	26	4	0	23	20	93	1 bread			
Wholesome Dino Bites		Vanilla	1 oz	26	4	0	24	20	92	1 bread			
<b>Nabisco</b>													
100 Calorie Packs	31	Wheat Thins minis	.74 oz	25	5	0	14	25	200	1 bread			
	67	Sportz Cheese Crackers	.74 oz	25	8	0	0	14	230	1.25 bread			
	759	Cheese Nips Thin Crisps	.74 oz	25	5	0	0	15	230	1.25 bread			
	40	Honey Maid Cinnamon Thin Crisps	.81 oz	15	0	0	30	19	170	1 bread			
Newton's Fruit Crisps		Apple Cinnamon	1 oz	15	0	0	29	20	90	.75 bread			
		Mixed Berry	1 oz	15	0	0	29	20	90	.75 bread			
Animal Crackers			1 oz	24	3	0	21	11	150	1 bread			
<b>Pepperidge Farm</b>													
Giant Goldfish Grahams	15094	Cinnamon	0.9 oz	29	7.5	0	23	19	150	1 bread serv			
Giant Goldfish Grahams	15263	Chocolate	0.9 oz	25	8	0	23	19	105	1 bread serv.			
Goldfish PhysEdibles	16187	Strawberry	0.9oz	29	7.5	0	26	19	150				
	16188	Lemon											
Goldfish	15095	Parmesan	0.75oz	27	10	0	0	19	230				
Cheddar Goldfish	14367	Cheddar	0.75 oz	32	9	0	0	19	180				
Kickin'Ranch Goldfish	17331		0.75 oz	30	9	0	0	14	190	1 bread			
Hot 'nSpicy Cheddar	17330		0.75 oz	30	9	0	0	14	190	1 bread			
Vanilla Goldfish	16999		0.90 oz	29	8	0	24	19	105	1 bread			
Goldfish-100 Calorie	18197	Cheddar Made with Whole Grain	.75 oz	30	9	0	0	14	170				
	18198	Blasted Ranch	.75 oz	30	9	0	0	14	190				
<b>Pierre Foods</b>													
Peanut Butter Cup	90011	Peanut butter in plastic cup	1.11 oz	78	16	0	11	6	144				
<b>Planters</b>													
Honey Roasted Peanuts	7695		1 oz	73	11	0	14	16	110	nuts			
Peanuts, salted	7485		1 oz	79	11		4	11	115	nuts			
<b>Popcorn, Indiana</b>													
Gourmet Kettlecorn	1-81972-00065-3	Popcorn	1 oz	35	0	0	21	21	130				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
<b>Ricos</b>													
RTE Popcorn	RIC90003	Butter	5/8 oz	33	0	0	0	10	180				
RTE Popcorn	RIC90002	Cheddar Cheese	5/8 oz	32	0	0	5	10	220				
<b>Right Bites</b>													
100 Calorie Snacks	24100-33880	Right Bites(R) Cheez-It(R) Crackers	.75 oz	30	9	0	0	7	230	1 bread			
<b>Robert's Gourmet</b>													
Pirates Booty		Aged White Cheddar	1 oz	35	7	0	0	18	150				
		Barbecue	1 oz	35	7	0	0	18	150				
		Veggie	1 oz	35	7	0	0	18	150				
<b>Snikiddy Snacks</b>													
Baked Corn Puffs		Grilled Cheese	.85 oz	31	5	0	0	10	160				
		Rockin Ranch	.85 oz	31	5	0	0	10	160				
<b>SNX</b>													
BBQ Chips	596000-J3	BBQ Bling	1.25 oz	25	0	0	6	24	190				
Cinnamon Stax	596001-J3	Cinnamon Chips	1.25 oz	21	0	0	6	25	110				
Caramel Kick	570000-J2	Caramel Bar	1 oz	20	9	0	23	18	35				
<b>Stauffer Snack Items</b>													
Animal Crackers	411075	Original	1 oz	14	0	0	21	23	96				
	411408	Chocolate	1 oz	21	4	0	29	21	140				
	413388	Iced Pink and White	.9 oz	23	4	0	27	20	85				
Cheddar Whales	411128	Cheddar	.75 oz	30	5	0	1	15	150				
	411875	White Cheddar	.75 oz	30	5	0	1	15	150				
<b>Sunkist</b>													
Fruit Snacks		Special Edition Mixed Fruit	.88oz	6	0	0	32	19	55				
<b>Sunshine</b>													
Krispy Saltines	24100-13055	Saltines 500/2 ct.	.2 oz	20	0	0	0	8	90	.25 bread			
Krispy Saltines	24100-61853	Saltines 300/2 ct.	.2 oz	20	0	0	0	8	90	.25 bread			
<b>SuperPretzel</b>													

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Soft Pretzel	3 30113	51% Whole Wheat <b>no salt added</b>	1 oz	7	0	0	0	14	65	1.25 bread			
Rods	31012	51% Whole Wheat <b>no salt added</b>	1 oz	7	0	0	0	14	65	1.25 bread			
<b>Super Snax</b>													
Pretzel Poppers		Zesty Pizza	.75 oz	31	0	0	5	14	170				
<b>Terra</b>													
Yukon Gold Potato Chips			1 oz	35	3	0	0	19	80				
<b>Zesta</b>													
Saltines .	30100-00646	Saltines 300/2 ct.	.2 oz	25	0	0	0	8	95	.25 bread			
Saltines .	30100-01008	Saltines 500/2 ct.	.2 oz	25	0	0	0	8	95	.25 bread			
<b>Cookies</b>													
<b>Bake Crafters</b>													
Animal Cracker Packs			1 oz	28	7	0	2	19	110	1 bread			
<b>Barbara's Bakery</b>													
100 Calorie Organic Mini Cookies		Chocolate	1 oz	18	9	0	29	18	150				
		Ginger	1 oz	18	9	0	29	18	150				
		Oatmeal	1 oz	18	9	0	29	18	150				
<b>Best Maid</b>													
Best Maid	Cookie	Low Fat Oatmeal Choc Chip, LF Sugar,	1 oz	30	9	0	30	19	80				
		LF Double Cho. Chip, LF Cho Chip,	1 oz	30	9	0	30	18	80				
		LF Oatmeal Choc. Chip with M & M's	1 oz	30	9	0	30	19	80				
		LF Oatmeal Blueberry	1 oz	30	9	0	30	19	80				
<b>BreakfastBreaks</b>													
Mini Animal Crackers	161918	Original	.9 oz	15	0	0	24	20	80	1 bread			
Mini Animal Grahams	161925	Cinnamon	.9 oz	18	0	0	24	18	140	1 bread			
<b>Chortles</b>													
Chocolate Chortles	3004	Chocolate Choc Chip Cookies	1 oz	30	8	0	25	19	130				
Regular	3003	Chocolate Chip Cookies	1 oz	25	9	0	25	19	95				
<b>Cookietree Bakeries</b>													
Reduced Fat Bake & Serve 1 oz Cookies		Candy Chip, Choc Chip,	1 oz	34	29	0	9	19	117				
		Raisin Oatmeal, Sugar											



DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes	
<b>Fieldstone Bakery</b>													
		Gingerbread Cookie			.75 oz	28	10	0	33	14	60		
<b>Hope's Country Fresh</b>													
		Cookies Select			1 oz	33	9	0	29	18	130		
		White Choc Mac, Sugar, Oatmeal Raisin, Oatmeal Peanut Butter, M&M, Double Fudge, Choc Chip											
<b>Kraft</b>													
		100 Calorie Pack Chips Ahoy Thin Crisps			.81 oz	25	9	0	30	18	140		
		100 Calorie Pack Oreo Thins			.81 oz	15	0	0	35	19	160		
		100 Calorie Pack Shortbread Sportz Cookies			.74 oz	30	5	0	29	16	120		
<b>Mrs. GoodCookie</b>													
		Star Spangled Cookies			1oz	28	0	0	25	19	80		
		Jungle Crackers			1oz	20	7.5	0	21	21	75		
		Jungle Crackers Fruit Sweetened			1.1 oz	29	7	0	16	19	60		
		Belly Bears			1 oz	29	0	0	25	19	75		
		Choc Graham, Cinnamon Graham											
		Honey graham						0					
		Icee Cookies			1oz	29	0	0	30	19	110		
		56066	Cinnamon Grahams (51% whole wheat)		1 oz	29	0	0	25	21	100		
<b>Nabisco</b>													
		937	Chips Ahoy Thin Crisps		.81 oz	25	5	0	31	17	140		
		68	Sportz Cookies		.74 oz	30	5	0	29	16	120		
		938	Oreo Thin Crisps		.81 oz	15	0	0	35	19	160		
		55	Peanut Butter cookie Crisps		.85 oz	30	5	0	29	17	160		
			Teddy Grahams		.5 oz	25	0	0	22	19	70		
			Cinnamon										
			Cinnamon, Chocolate, Cubs		.75 oz	30	5	0	28	20	135		
<b>Otis Spunkmeyer</b>													
			Value Zone Reduced Fat Cookies:		1 oz	27	8	0	32	19-25	100		
			Sugar, Oatmeal raisin, Choc. Chip, Carnival										
			Delicious Essentials Reduced Fat Cookie		1 oz	27	8	0	29	19-25	80		
			Butter Sugar, Oatmeal Raisin, Choc. Chip, Carnival										
<b>Pepperidge Farm</b>													
		18215	100 Calorie Soft Cookie		.81 oz	27	9	0	35	16	55		
			Oatmeal Raisin										

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
<b>Readi-Bake</b>													
Benefit Cookies(portioned frozen dough)													
Sugar	4945	Reduced fat	1 oz	29	8	0	35	18	120				
Oatmeal Raisin	4947	Reduced fat	1 oz	29	8	0	35	18	98				
Chocolate Chip	4941	Reduced fat	1 oz	29	8	0	35	18	107				
Candy	4942	Reduced fat	1 oz	33	10	0	35	18	105				
Double Chocolate	4944	Reduced fat	1 oz	32	10	0	34	18	104				
Sugar	4915	51% whole grain reduced fat	1 oz	30	10	0	32	18	120				
Oatmeal Raisin	4917	51% whole grain reduced fat	1 oz	30	10	0	32	18	98				
Chocolate Chip	4911	51% whole grain reduced fat	1 oz	30	10	0	32	18	107				
Candy with mini M&Ms	4912	51% whole grain reduced fat	1 oz	30	10	0	32	18	89				
Oatmeal Choc Chip	4919	51% whole grain reduced fat	1 oz	30	10	0	32	18	100				
<b>Silver Lake Cookies(The Cookie Jar)</b>													
Premium Frozen Cookie Dough 1 oz													
	66102	Chocolate Chip	1 oz	30	9	0	28	19	135				
	66104	Festival Cookies	1 oz	30	9	0	32	19	135				
	66105	Sugar	1 oz	25	9	0	25	19	140				
	66106	Oatmeal Raisin	1 oz	25	9	0	28	18	135				
	66126	Oatmeal White Choc& Cranberry	1 oz	32	8	0	32	20	150				
Value Frozen Cookie Dough 1 oz													
	66002	Chocolate Chip	1 oz	27	8	0	28	20	150				
	66003	Sugar	1 oz	25	9	0	25	19	140				
	66004	Festival Cookies	1 oz	25	9	0	28	19	135				
	66006	Oatmeal Raisin	1 oz	25	5	0	25	18	135				
	66022	Oatmeal Chocolate Chip	1 oz	27	8	0	32	20	150				
Reduced Fat Choc Chip Cookie													
			1 oz	30	8	0	32	20	140				
<b>Cereal bars, granola bars, pastries, muffins, doughnuts, bagels, bakery items</b>													
<b>Bake Crafters</b>													
Muffins		Orange dream, tropical banana, blueberry(low fat), apple blossom(low fat)	2 oz	5	2	0	25	26-30	220	1 bread			
Muffins, whole wheat		Blueberry RF, Fort, banana, RF, Fort	2 oz	30	6	0	21	25	170	1 bread			
Mini Loaf		Carrot, apple cinnamon	2 oz	30	5	0	30	26-29	170	1 bread			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Bagels, plain, sliced			2 oz	6	0	0	1	29	0	2 bread			
Bagel Half			1 oz	3	0	0	1	18	130	1 bread			
Toaster Tarts, singles	Cinnamon( frosted), strawberry(unfrosted)		1.8 oz	30	6	0	33	34	180	1 bread			
	blueberry (unfrosted)												
<b>Barbara's Bakery</b>													
Fruit and Yogurt Bars		apple cinnamon	1.1 oz	17	0	0	35	20	125				
		blueberry apple	1.1 oz	17	0	0	35	20	125				
		strawberry apple	1.1 oz	17	0	0	35	20	125				
		cherry apple	1.1 oz	17	0	0	35	20	125				
<b>Bouquet of Fruits</b>													
On Track Fruit Energy Bar													
		Chocolate Cherry Fudge	1.4 oz	3	0	0	25	28	10	1 fruit			
		Mixed Berries	1.4 oz	3	0	0	25	28	15	1 fruit			
		Strawberry Banana	1.4 oz	3	0	0	10	28	15	1 fruit			
		Peaches and Cream	1.4 oz	3	0	0	30	27	55	1 fruit			
<b>Burlington Farms</b>													
Breakfast square		Iced Cinnamon	1oz	26	7	0	31	35	210				
<b>Clif Bars</b>													
Z bar (organic)		peanut butter, chocolate chip, chocolate brownie	1.3 oz	32	6	0	33	20	170				
		apple cinnamon	1.3 oz	32	6	0	33	20	170				
<b>Country Choice</b>													
Oatmeal on the Run!		Maple	2 oz	12	0	0	29	41	140				
<b>DFManufacturing</b>													
School Brownie			1.6 oz	33	10	0	27	31	140				
<b>Enjoy Life</b>													
Very Berry Snack Bars			1 oz	32	17	0	32	18	110				
Cocoa Loco Snack Bars			1 oz	25	8	0	32	18	95				
Sunbutter Crunch Snack Bars			1 oz	35	3	0	14	18	110				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes	
<b>Fieldstone Bakery</b>													
					1.41 oz	28	8	0	33	27	125	1 bread	
					1.41 oz	28	8	0	33	27	125	1 bread	
					1.41 oz	28	8	0	33	27	125	1 bread	
			Oatmeal Raisin		1.45 oz	26	8	0	27	27	150	1 bread	
<b>General Mills</b>													
					1.3oz	23	0	0	28	30	160	1 bread	
					1.4 oz	23	0	0	28	30	120	1 bread	
					1.4 oz	25	3	0	28	29	105	1 bread	
					1.4 oz	19	0	0	28	30	170	1 bread	
					1.4 oz	24	3	0	26	28	120	1 bread	
<b>Gnu Foods</b>													
			Banana Walnut Bar		1.6 oz	25	0	0	18	30	40		
			Peanut Butter Bar		1.6 oz	32	6	0	16	30	95		
			Cinnamon Raisin Bar		1.6 oz	23	0	0	24	32	30		
			Chocolate Brownie Bar		1.6 oz	25	6	0	20	30	20		
			Orange Cranberry Bar		1.6 oz	23	0	0	24	32	24		
<b>Goody Man</b>													
					1.6oz	20	5	0	32	30	230		
<b>Horizon Health</b>													
					2 oz	23	10	0	24	31	72		
<b>Horizon Snack Foods</b>													
			Apple, Apricot, Blackberry, Cherry, Blueberry, Peach, Raspberry puree, Raspberry IQF, Sweet Potato		2 oz	27-28	7	1.4	17-23	27	211	1 bread	
			Apple, Cherry		2 oz	30	19	1.7	7	28	209	1bread	
<b>Kashi</b>													
	18627-37947		Trail Mix		1.25 oz	32	3	0	17	11	105	.75 bread	
	18627-37949		Honey Almond Flax		1.25 oz	32	3	0	14	19	115	.5 bread	
	18627-37945		Peanut Butter		1.25 oz	32	3	0	14	13	90	.5 bread	
			apple spice		1.94 oz	23	0	0	16	15	125		
			blackberry graham		1.94 oz	23	0	0	16	15	125		
			strawberry		1.94 oz	23	0	0	16	15	125		

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
TLC Chewy Bar		cherry dark chocolate	1.2 oz	14	3	0	14	15	115				
		homey almond	1.2 oz	14	3	0	14	15	115				
		peanut butter	1.2 oz	14	3	0	14	15	115				
		trail mix	1.2 oz	14	3	0	14	15	115				
TLC Crunch Bar		honey Tst 7 grain	1.4 oz	28	3	0	15	3	160				
		pumpkin spice	1.4 oz	28	3	0	15	3	160				
		roasted almond crunch	1.4 oz	28	3	0	15	3	160				
<b>Kellogg's</b>													
All-Bran Bars	38000-21029	All-Bran (R) Bars Honey Oat	1.25 oz	19	3	0	31	25	180	.75 bread			
Special K Bars	38000-22222	Special K (R) Bars Vanilla Crisp	.78 oz	17	3	0	32	24	100	.5 bread			
Nutrigrain Cereal Bar	38000-35945	Nutri-Grain Bar Strawberry	1.3 oz	23	3	0	32	27	120	.75 bread			
	38000-35645	Nutri-Grain Bar Apple Cinnamon	1.3 oz	23	3	0	32	27	105	.75 bread			
	38000-35745	Nutri-Grain Bar Blueberry	1.3 oz	23	3	0	32	27	105	.75 bread			
	38000-05872	Assortment Pack Strawberry/Blueberry/Apple Cinnamon	1.3 oz	23	3	0	32	27	120	.75 bread			
Rice Krispies Treats(R) Orig													
	38000-00736	Kellogg's RKT Squares Grab n' Go ( 4 bars)	1.57 oz	22	7	0	34	27	210	.75 bread			
	38000-26502	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
	38000-26522	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
	38000-26547	Kellogg's RKT Squares Grab n' Go	1.3 oz	20	6	0	32	27	170	.5 bread			
	38000-35054	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
	38000-35056	Kellogg's RKT Squares Retail	.78 oz	22	10	0	32	27	105	.25 bread			
Pop Tarts	all single pack												
	38000-00498	Frosted Strawberry	1.83 oz	23	4.5	0	29	37	190	1 bread			
	38000-00499	Frosted Blueberry	1.76 oz	30	6	0	32	34	180	1 bread			
	38000-00500	Strawberry	1.83 oz	23	5	0	35	37	170	1 bread			
	38000-08584	Brown Sugar Cinnamon	1.83 oz	29	2	0	32	37	170	1 bread			
	38000-36651	Brown Sugar Cinnamon, made with wh gr	1.76 oz	30	2	0	28	34	170	1.25 bread			
	38000-36657	Strawberry, made with whole grains	1.76 oz	24	2	0	30	37	160	1.25 bread			
<b>Luna Sunrise</b>													
Sunrise Bars		Strawberry Crumble	1.69 oz	24	8	0	25	26	105				
		Apple Cinnamon	1.69 oz	24	8	0	25	26	105				
		Vanilla Almond	1.69 oz	24	8	0	25	26	105				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
		Blueberry Bliss	1.69 oz	24	8	0	25	26	105				
<b>Nature Valley</b>													
		Peanut Butter, Oats & Honey	1.5 oz	35	5	0	26	30	190				
	11590	Chocolate Chip	1 oz	23	4	0	25	21	50				
	11594	Oatmeal Raisin	1 oz	18	0	0	32	21	55				
<b>Newman's Own Organics</b>													
		Low Fat Fig Newmans	1.4 oz	17	8	0	10	20	170				
<b>Otis Spunkmeyer</b>													
		Muffins Reduced Fat for Schools:Choc. Chip, Banana, Apple Cinnamon,	1.8 oz	29	6	0	29	29	180				
		Wild Blueberry											
<b>Quaker</b>													
	43947	Oatmeal Raisin	1.4oz(40g)	16	3	0	35	29	160				
	43948	Apples & Cinnamon	1.4 oz	16	3	0	33	29	135				
	43950	Brown Sugar Cinnamon	1.4 oz	18	3	0	33	29	150				
		Peanut Butter Choc Chunk	1oz(28g)	25	8	0	32	20	85				
	O5574	Butterfinger	24 gm	23	8	0	33	19	85				
	O5568	Low Fat S'mores	24 gm	20	5	0	33	19	80				
	O5567	90 Calorie Oatmeal Raisin	24 gm	17	0	0	29	19	80				
	O5566	90 Calorie Cinnamon Sugar	24 gm	17	0	0	29	19	80				
	O5579	90 Calorie Choc. Chunk	24 gm	22	5	0	29	19	80				
	O5578	90 Calorie Baked Apple	24 gm	17	0	0	29	19	85				
	O5509	Peanut Butter Choc Chip 25% less sugar	24 gm	25	9	0	21	17	75				
	O5508	Choc. Chip with 25% less sugar	24 gm	30	9	0	21	17	75				
	O5576	Peanut Butter Choc Chip	24 gm	25	9	0	29	17	95				
		Strawberry	1.3 oz(37g)	19	3	0	24	27	110				
		Apple Crisp	1.3 oz(38g)	19	3	0	24	27	120				
		Strawberry	1.96oz(56g)	18	5	0	21	27	220				
		Apple Crisp	1.96oz(56g)	18	5	0	25	28	150				
		Apple Crisp, Strawberry	1.97oz	17.5	5	0	21	42	135				
	O5509	Chocolate	.84 oz	35	9	0	25	17	75				
	O7653	Oatmeal raisin	1.7 oz	24	8	0	31	33	190				
	27326	Oatmeal chocolate chip	1.7 oz	28	10	0	29	31	190				
<b>Sara Lee Food's</b>													

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
<b>Wholesome Indulgence Muffins</b>													
Blueberry			1.5 oz	24	7	0	30	24	120	.75 bread			
Banana Nut			1.5 oz	30	6	0	33	24	130	.75 bread			
Apple Cranberry			1.5 oz	23	8	0	28	22	100	.75 bread			
<b>SL FS Muffin</b>													
Blueberry			2 oz	32	5	0	27	27	150	1 bread			
<b>Simply Blues</b>													
Mini Honey Wheat Breakfast Bar			1.25oz	12	2	0	20	26	88	1 bread			
<b>Schwan Food Company</b>													
Power Alley Energy Burs	78725	Chocolate chip	1.76 oz	21	7	0	35	37	50	1 bread			
Power Alley Chewy Crisp	88044	Oatmeal Cinnamon Flavored	1.76 oz	25	9	0	24	35	55	1 bread			
	88044	Peanut Butter Flavored	1.76 oz	26	9	0	20	33	50	1 bread			
<b>Stauffer Snack Items</b>													
Fruit Bars	412509	Apple	1.3 oz	23	3	0	30	25	45				
	412610	Blueberry	1.3 oz	23	3	0	30	25	55				
	412611	Strawberry	1.3 oz	23	3	0	30	25	50				
<b>Vitalicious</b>													
Vitamuffins VitaTops		Banana Nut	2 oz	15	0	0	5	19	120				
		Deep Chocolate	2 oz	15	9	0	16	21	170				
<b>Winsor Foods</b>													
Elfin Loaves		31625	apple cinnamon	2 oz	30	5	0	28	16	170	1 bread		
		31609	banana	2 oz	33	5	0	28	16	170	1 bread		
		31633	blueberry	2 oz	35	5	0	28	16	170	1 bread		
<b>Beverages</b>													
<b>Apple and Eve</b>													
100 % Juice		apple	200 ml	100% juice									
		grape	200 ml	100% juice									
		fruit punch	200 ml	100% juice									
<b>Back to Nature</b>													

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes	
100% Juice		Fruit Punch			8 oz	100% juice							
		Berry			8 oz	100% juice							
<b>Meridian Beverage Co.</b>													
Aqua Kids	calcium fortified	All Flavors			8oz	0	0	0	0	0	0		
	71208	Strawberry											
	71508	Grape											
<b>Ardmore Farms</b>													
100% Juice Blend	45400	Orange	carton		4 oz	0	0	0	11	14	20	1/2 c fruit	
	45403	Grape	carton		4 oz	0	0	0	11	14	20	1/2 c fruit	
	45453	Grape	carton		6 oz	0	0	0	11	20	20	3/4 c fruit	
	45450	Orange	carton		6 oz	0	0	0	11	20	20	3/4 c fruit	
<b>Hansen's</b>													
Juice Slam		Totally Tropical			6.75 oz	100% juice							
		Strawberry Banana			6.75 oz	100% juice							
		Apple			6.75 oz	100% juice							
		Burstin Berry			6.75 oz	100% juice							
<b>Juice Pac</b>													
Atomic Blast		100% juice blend			6.75 oz	0	0	0	11	24	10	3/4 c fruit	
Punch-uation		100% juice blend			6.75 oz	0	0	0	11	25	15	3/4 c fruit	
Grapes of Math		100% juice blend			6.75 oz	0	0	0	12	28	15	3/4 c fruit	
<b>Kraft Foods</b>													
Capri Sun Fruit Waves		100% Juice pouches											
Apple Splash	142				6 oz	0	0	0	11	20	25	1 fruit	
Berry Breeze	144				6 oz	0	0	0	11	20	25	1 fruit	
Fruit Dive	146				6 oz	0	0	0	11	20	25	1 fruit	
<b>Libby's</b>													
Juicy Juice	Ready to drink	All flavors	100% juice		4.23 oz	0	0	0	13	16		1/2 c fruit	
Juicy Juice	Ready to Drink	All Flavors	100% juice		6.75 oz	0	0	0	13	25	15	3/4 c fruit	
<b>Minute Maid</b>													



DATE	7/15/2009					Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes		
Juice Box		100% juice and 100% juice blends	6.75 oz	0	0	0	11	23-25		3/4 c fruit		
		apple, apple strawberry, apple white grape, grape, mixed berry, orange, fruit punch										
"Just 10" Fruit Punch Pouch		(Splenda sweetened) 5% juice	6.5 oz	0	0	0	1	2	15	below 15 cal		
<b>Ridgefield's</b>												
Cup Slushies 100% juice												
Blue Raspberry	2001		5.5 oz	0	0	0	14	22	50	1 fruit		
Lemon-Lime	2002		5.5 oz	0	0	0	14	22	50	1 fruit		
Sour Apple	2003		5.5 oz	0	0	0	14	22	50	1 fruit		
Strawberry	2004		5.5 oz	0	0	0	14	22	50	1 fruit		
Sour Cherry	2005		5.5 oz	0	0	0	14	22	50	1 fruit		
SideKicks												
		Strawberry-Sour Apple	4.4 oz	0	0	0	15	20	45	1 fruit		
		BlueRaspberry-Lemon	4.4 oz	0	0	0	15	20	45	1 fruit		
<b>RWI</b>												
Ziptide F5		All Flavors(flavored water, nutrient dense, splenda)	8 oz	0	0	0	0	3	0			
<b>R. W. Knudsen</b>												
Lemonade		100% juice	8 oz	0	0	0	13	32	15			
<b>Swirl</b>												
Swirl to Go	100% juice pouch	Strawberry Kiwi (also 4 oz and 8 oz)	6 oz	0	0	0	11	18	11			
		Orange mango (also 4 oz and 8 oz)	6 oz	0	0	0	11	18	11			
<b>Tropicana</b>												
Pure Premium Orange Juice		100% juice	6oz	0	0	0	10	20	0	3/4 c fruit		
Pure Premium Orange Juice		100% juice	8oz	0	0	0	10	26	0	1 c fruit		
Pure Premium Orange Juice& Calcium		100% juice	8 oz	0	0	0	10	26	0	1 c fruit		
Pure Premium Healthy Kids Orange Juice		100 % juice	8oz	0	0	0	10	26	0	1 c fruit		
Tropicana Apple Juice		100% juice	6.75 oz	0	0	0	14	27	20	3/4 c fruit		
Tropicana Fruit Punch		100% Juice	6.75 oz	0	0	0	14	27	20	3/4 c fruit		
<b>Waterroos</b>												
Water		Apple	8 oz	0	0	0	0	0	5			
		Grape	8 oz	0	0	0	0	0	5			
<b>Frozen Desserts</b>												

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
<b>Arrezzio</b>												
Italian Ice Tubes		Strawberry, Orange, Lemon, Cherry			4 fl oz	0	0	0	21	22-24	0	
<b>Blue Bell Creameries</b>												
Lowfat Frozen Yogurt	473				3 oz cup	15	10	0	23	17	50	
LF Ice Cr.Sandwich	128	Vanilla			3 fl oz	19	8	0	19	22	115	
	132	Cookies & Cream			3 fl oz	16	3	0	22	25	125	
LF Sundae Cup	112	Fiesta (Cinco de Mayo)			3 oz cup	15	10	0	20	16		
	465	Cookies & Cream			3 oz cup	20	10	0	27	17	60	
Low Fat Ice Cream Cup	126	Strawberry			3 oz cup	15	10	0	22	15	55	
	137	Chocolate			3 oz cup	15	10	0	22	15	55	
	466	Vanilla			3 oz cup	15	10	0	22	15	55	
Light Ice Cream	458	Vanilla			3 oz cup	13	6	0	24	13	50	
Sherbet	457	Lime, rainbow, orange			3 oz cup	5	5	0	33	21	25	
Mini Rainbows	450				1.25 oz	0	0	0	19	17	5	
Fudgy Bar	105				2 fl oz.	0	0	0	22	15	50	
Rainbow Pop Up	139				2.75 fl. oz	6	6	0	28	17	20	
Freeze Bar	131	Cherry			1.75 fl oz.	0	0	0	26	16	5	1/4 c fruit
	190	Grape			1.75 fl oz.	0	0	0	23	16	5	1/4 c fruit
	188	Rainbow Freeze			3.75 fl. oz	0	0	0	19	27	10	1/4 c fruit
Fruiti Bar	193				2.75 fl oz	0	0	0	26	24	10	1/4 c fruit
Strawberry Banana Bar	114				2.5 fl oz	0	0	0	25	21	10	1/4 c fruit
<b>Balliro's</b>												
Italian Ice		Orange			4 fl oz	0	0	0	7	9	0	
		Sugar-Free Tangerine			4 fl oz	0	0	0	0	6	0	
		Sugar-Free Peach			4 fl oz	0	0	0	0	7	0	
		Sugar-Free Lemon			4 fl oz	0	0	0	0	7	0	
		Sugar-Free Blue Raspberry			4 fl oz	0	0	0	0	7	0	
CN Ice Fruit Drink		Orange			4 fl oz	0	0	0	7	3	0	1/2 fruit
		Cherry			4 fl oz	0	0	0	7	3	0	1/2 fruit
<b>California Natural Juice Bars</b>												
100% Juice Bars with 3 gm fiber		Cherry, Orange			3 oz	0	0	0	12	13	10	3/8 c Fruit
<b>Frostar</b>												
Juice-On-A-Stick		Cherry, Orange			1.75 oz	0	0	0	16	11	15	

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Pudding-On-A-Stick	Chocolate,		1.75 oz	23	8	NL	27	19	50				
Pudding-On-A-Stick	Swirl		1.75 oz	27	4.5	NL	27	19	50				
<b>Fruit-A-Freeze Bars</b>													
Cherry, Strawberry, Watermelon, Pineapple, Fruit Punch-Lemon, Lemon, Mango			3 & 4 oz	0	0	0	11	17-26	50				
<b>Icee</b>													
Squeeze Tubes W/ Juice	Cherry, Blue Raspberry, Watermelon		4oz	0	0	0	19	21-24	10				
<b>J&amp;J Snack Foods</b>													
Whole Fruit Bar	23050300	Outrageous Orange	3 fl oz	0	0	0	11	14	10	3/8 cup			
(Premium Juice Bar)	23050200	Outrageous Orange	2 fl oz	0	0	0	11	10	5	1/4 cup			
	23050305	Wild Cherry	3 fl oz	0	0	0	11	14	10	3/8 cup			
	23050205	Wild Cherry	2 fl oz	0	0	0	11	10	5	1/4 cup			
	23050310	Very Berry	3 fl oz	0	0	0	11	14	10	3/8 cup			
	23050210	Very Berry	2 fl oz	0	0	0	11	10	5	1/4 cup			
	23050315	Sour Apple-licious	3 fl oz	0	0	0	11	14	10	3/8 cup			
	23050215	Sour Apple-licious	2 fl oz	0	0	0	11	10	5	1/4 cup			
<b>Luigi's</b>													
Sherbet Cups	Chocolate, Orange, Raspberry, Lime, Grape		4oz	11.3	7.5	0	20	17	20	1/4 c fruit serv			
Real Italian Ice Squeeze-up Tube	Cherry, Strawberry, Lemon		4oz	0	0	0	13	17	15				
Sourpuss	Cherry, watermelon		2.25 oz	0	0	0	22	30	0	1/4 c. fruit			
Sourpuss	Cherry, Watermelon		3.1 oz	0	0	0	22	31	5	3/8c fruit			
<b>Mayfield Dairy</b>													
Fudge Bar			2.5 fl oz	0	0	0	24	24	70				
Fudge Stix			1.75 oz	0	0	0	24	17	50				
Fudge Stix Bullet Bar Jr.			1.75 oz	0	0	0	9	12	60				
Fudge Bar NSA			1.75 oz	0	0	0	18	12	60				
Push-Ups Sherbet			2.0 oz	2	2	0	18	16	20				
Real Fruit Bars			2 oz	0	0	0	21	16	0				
Fruit Stix NSA			1.75 oz	0	0	0	1	15	15				
Lowfat Ice Cream Cup	Chocolate, vanilla		3 oz	13.5	9	0	21	18	60				
Lowfat Ice Cream Sandwich			4 fl oz	17	6	0	23	30	180				
Vanilla LF Frozen Yogurt			3 fl oz	23	10	0	20	14	50				
Firecracker Jr.(70% juice)	Cherry, lemon, raspberry		1.6 fl oz	0	0	0	16	8	0				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes	
Orange Cream Bar					3 fl oz	8	6	0	22	15	35		
Birmingham Orange Sherbet Cup					3 fl oz	15	10	0	20	19	15		
<b>Madrina's</b>													
Horchata	82269-68074	Pina			4 oz	11	0	0	15	18	10		
	82269-68034	Coconut			4 oz	11	0	0	15	18	10		
	82269-68054	Mango			4 oz	11	0	0	15	18	10		
<b>Minute Maid</b>													
Juice Bars	Blue Rasp, Cherry, Cherry Apple, Fruit Punch, Grape,				2.25 oz &	0	0	0	22	15	10	1/4c fruit	
	Green Apple, Orange, Pink Lemonade, Strawberry				3.1 oz	0	0	0	22	21	10	3/8 c fruit	
<b>North Star</b>													
Lowfat Ice cream cup	24480506	vanilla			3 oz	19	0	0	21	12	45		
	24490506	chocolate			3 oz	19	0	0	21	12	45		
	24500206	strawberry			3 oz	19	0	0	21	12	45		
Banana Blast	23030807	banana cream bar			3.5 oz	15	9	0	16	20	45		
Fat Free No Sugar Added Ice Cream		Chocolate, vanilla, strawberry			4 fl oz	0	0	0	6	27	85		
Fudge Bar					2.5 fl oz	0	0	0	14	10	70		
LowFat Ice Cr Bar		Vanilla & Chocolate			2.5 fl oz	17	8	0	24	12	50		
		Strawberries and Cream			2.5 fl oz	17	8	0	22	11	50		
Cookies & Cream Bar		lowfat			2.5 oz	15	9	0	33	19	70		
Dream Bar		orange			2.5 oz	12	7	0	21	15	30		
Strawberry Juice Bar		50% Juice			2.5 fl oz	0	0	0	19	16	5		
Raspberry Sherbet					4 fl oz	9	8	0	17	25	15		
Lime Sherbet					4 fl oz	9	8	0	17	25	15		
Orange Sherbet					4 oz	9	8	0	16	18	10		
Lemon Lime Sherbet		Frog Spit (tube)			3 fl oz	12	6	0	22	18	10		
		Bar			2.5 oz	11	6	0	21	15	30		
Rootbeer Float					3.5 fl oz	17	10	0	19	19	45		
Red Fat Ice Cr Sand					3.5 fl oz	25	10	0	14	25	85		
Mini Sundae Cone		Lowfat			2 fl oz	20	9	0	23	14	50		
Totally Tubular Sherbet		Orange			2.5 oz	11	6	0	22	18	10		
Frozen Yogurt		Vanilla			3 oz cup	14	6	0	12	14	45		

DATE	7/15/2009						Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
<b>Papa's</b>													
Fruit Freeze	All Flavors					4 oz	0	0	0	16	18	4	3/8 c fruit
<b>Purity</b>													
98% Fat Free Vanilla Cup				630111		4 oz	10	9	0	24	8	15	
98% Fat Free Chocolate Cup				630112		4 oz	9	8	0	24	8	25	
Fat Free Orange Sherbet Cup				630109		4 oz	0	0	0	28	18	15	
98% Fat Free Ice Cream Sandwich				630193		4 oz	16	6	0	23	15	16	
98% /Fat Free Mini IC Sandwich				630102		2.25 oz	9	5	0	25	15	50	
Orange Sherbet Pop Ups				630105		3 oz	13	6	0	18	18	0	
Fudge Bars				520170		2.5 oz	0	0	0	24	12	15	
Fudge Pops				590170		1.75 oz	0	0	0	25	12	14	
NSA Fudge Pops				560119		1.75 oz	0	0	0	6	12	15	
Orange Yogurt Bars				520171		3 oz	9	9	0	22	10	18	
Mayfield Blue Blast Yogurt Bars				633473		3 oz	14	9	0	20	10	26	
Mayfield Real Fruit Bars				633449		1.75 oz	0	0	0	21	18	26	
Popsicle Brand Fudge Bars				630370		2.7 oz	3	2	0	21	12	25	
Popsicle Firecracker Jr. w/Juice				670335		1.6 oz	0	0	0	16	15	10	
Popsicle Scribblers w/ Juice				630377		2.4 oz	0	0	0	14	11	10	
Popsicle Pop Up Orange Burst				630305		2.75 oz	10	10	0	17	15	10	
Edy's Strawberry Fruit Bar				630250		4 oz	0	0	0	23	18	10	
Edy's Strawberry Freeze Smoothie Cup				630115		4 oz	10	9	0	21	18	10	
Good Humor Cookies & Cream Bar				630318		2.7 oz	13	8	0	20	12	25	
<b>Repicci's</b>													
Italian Ice			cup/tube			4oz cup/tu	0	0	0	25	25	5	
<b>Rosati</b>													
Italian ice Cup	All flavors					4 fl oz	0	0	0	22	25	15	1/2c. Fruit
<b>Shape Ups</b>													
Frozen Dessert	Cherry, Orange, Grape					3oz	0	0	0	23	18	25	
Frozen Juice Cup	Holiday Cups-Halloween, Winter Wonderland,					3 oz	0	0	0	19	18	10	1/4 c fruit
	Shamrock, American Flag, Heart												
<b>Slush Puppie</b>													
Slush Pups			100% juice pops			3.3 oz	0	0	0	11	11	15	

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes		
<b>Snapple</b>													
	Snapple on Ice	Kiwi-Strawberry		3.5 oz	0	0	0	15	18	10			
<b>Sunshine Swirl</b>													
	Smooth Ice Cups	Blue Razzin Lemonade, Strawberry Banana Blast, Cotton Candy, Bubble Gum Burst		4 oz	0	0	0	19	26	5			
<b>Tio Pepe's</b>													
	Horchata Congelada	Rice/Cinnamon/Vanilla	a (tubes)	4oz	3	0	0	30	34	0			
	Horchata Congelada	Rice/Cinnamon/Vanilla	a M-pak	3oz	0	0	0	30	27	0			
<b>Turner</b>													
	Frozen Flavored Juice Bar	Tropical Punch, Strawberry, Orange		2.25 fl oz	0	0	0	14	14	0			
	Good Humor Vanilla Low Fat Ice Cream Sandwich			3.0 fl oz	12	7	0	21	26	110			
	Good Humor Cookies and Cream Low Fat Ice Cream Bar			2.7 fl oz	10	10	0	18	18	35			
	Madrina's Frozen Dessert	Coconut		4 fl oz	11	0	0	15	18	56			
		Horchata		4 fl oz	11	0	0	15	18	10			
		Mango		4 fl oz	11	0	0	15	18	56			
		Pina		4 fl oz	11	0	0	15	18	56			
<b>Unilever</b>													
	Popsicle Pop Ups	Orange Burst, Reckless Rainbow		2.75 fl oz	9	0	0	19	15	15			
	Popsicle Firecracker Jr.	with real fruit juice		1.6 fl oz	0	0	0	16	15	0			
	Popsicle Scribblers			2.4 fl oz	0	0	0	14	15	5			
<b>Wawona Frozen Foods</b>													
	Frozen Fruit Pops	Strawberry		2.75 oz	0	0	0	21	18	9			
		Peach		3.0 oz	0	0	0	19	18	7			
		Strawberry		1.5 oz	0	0	0	23	18	5			
		Peach		1.5 oz	0	0	0	21	18	4			
<b>Yoplait</b>													
	Strawberry Frozen Yogurt and Cereal Bar			4 oz	11	8	0	12	23	100			
	Raspberry & Vanilla Frozen Yogurt & Cereal Bar			4 oz	20	7	1	20	36	150			
<b>Other</b>													
	Crystal Light On the Go	Lemonade, classic orange		0.17oz	0	0	0	0	0	0			
	Crystal Light On the Go	Raspberry Ice(powder)		0.17oz	0	0	0	0	0	0			

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes		
On the Run Drinkmix Sticks	Sugarfree, no caffeine	all flavors	0.01 oz	0	0	0	0	0	35			
FulFill Fitness Drink Mix Sticks		all flavors	0.07 oz	0	0	0	0	0	35			
Slosh Drink Mix Sticks		Dragon fruit, Blue raspberry, Bubble gum	0.10 oz	0	0	0	0	0	35			
Replenish Sports Drink Mix Sticks		all flavors	0.10 oz	0	0	0	0	0	110			
Moo Magic Milk Mix Sticks		all flavors	0.05 oz	0	0	0	0	0	0			
<b>Kraft</b>												
Tang Fitness Drink Mix		Fruit punch, Lemon Lime	.14 oz	0	0	0	0	0	110			
<b>4 C</b>												
Totally Light 2 Go		Lemonade	.07 oz	0	0	0	0	0	35			
		Pink Lemonade	.07 oz	0	0	0	0	0	0			
		Cranberry Pomegrante	.07 oz	0	0	0	0	0	10			
		Fruit Punch	.07 oz	0	0	0	0	0	10			
		Just Apple	.07 oz	0	0	0	0	0	10			
		Morning Orange	.07 oz	0	0	0	0	0	10			
		Wild Berry Pomegrante	.07 oz	0	0	0	0	0	10			
		Red Tea (naturally decaffienated)	.07 oz	0	0	0	0	0	10			
Vitamin Stix		Strawberry Kiwi	.07 oz	0	0	0	0	0	10			
<b>Non-Frozen Yogurt</b>												
<b>Dannon</b>												
Danimals		All Flavors	4oz	10	6	0	17	15	80			
Danimals		All Flavors	8oz.	10	6	0	17	30	150			
Dannon Frusion		Wild Berry Blend and Banana Berry Blend	7oz.	13	8	0	17	35	90			
Light 'n Fit Smoothie		Raspberry, Strawberry, Strawberry Banana, Tropical	7oz.	0	0	0	7	17	70			
Danimals XL		Orange Strawberry Banana Blowout, Cherry Berry Blast	5.75 oz	16	8	0	17	29	105			
		Strawberry Explosion				0						
Danimals Drinkable		Strawberry Explosion, Strikin' Strawberry Kiwi,	3.1 oz	15	10	0	15	17	55			
		Strawberry Ex Banana & Rockin' Raspberry, Strikin' Kiwi										
<b>General Mills</b>												
Go Gurt Smoothie		Strawberry Banana	5oz.	1	0	0	14	19	100			
Fizzix Yogurt Snack	70470	Blue Raspberry, Strawberry Watermelon	2.28 oz	7	0	0	16	13	30			
Yoplait Light Smoothie		Strawberry Banana	8 oz	0	0	0	4	22	120			
<b>Horizon Organic</b>												

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods						
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Tuber Z		Organic Lowfat Yogurt Strawberry			2 oz	8	8	0	18	11	40	
<b>Stonyfield Farm</b>												
Smoothie Lowfat Yogurt		Strawberry			4.6 oz	14	6	0	13	23	90	
<b>Upstate Farms</b>												
Yogurt Nonfat, Fortified		Strawberry, Peach, Raspberr, Strawberry Banana, Cherry Vanilla, Blueberry			4 oz	0	0	0	18	22	75	
<b>Yoplait</b>												
Light Nonfat Yogurt		Cherry, Peach			6 oz	0	0	0	8	19	85	
Lowfat Yogurt		17726	Strawberry Banana Bash		4 oz	9	9	0	15	21	55	
		17725	Trix Raspberry Rainbow		4 oz	9	9	0	15	21	55	
		720	Trix Raspberry Rainbow/Strawberry Banana Ba		4oz	9	9	0	15	21	55	
		17727	Trix Watermelon Burst		4 oz	9	9	0	15	21	55	
<b>Dairy</b>												
<b>Milk (any brand)</b>		Reduced fat, low fat, or skim All Brands & Flavors			8 oz.	varies	varies	0	varies	12-13 w	varies	1 milk
<b>Coca Cola Ent. and Bravo Foods</b>												
Slammers	Low fat Milk		Pro Chocolate, Pro Vanilla, Organic White, Pro Strawberry, Three Muskateers		8 oz	100% m	varies	0	varies	17 flav	varies	1 milk
<b>Nestle</b>												
Nesquick		61650	Chocolate		8 oz	100% milk						1 milk
		8590	Strawberry		8 oz	100% milk						1 milk
<b>Frigo</b>												
Cheese Heads Light		(like string cheese)			1oz	37	30	0	0	0	200	>3.5gm fat 1 oz meat alt
<b>Gehl's</b>												
Pudding Please!		Milk Choc, vanilla			4oz	7	0	0	20	27	180	
<b>Kozy Shack</b>												



DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
Puddings	189232	Crazy Chocolate Poppin	4 oz	8	4	0	13	20	110				
	189234	Very Vanilla Poppin	4 oz	8	4	0	13	20	135				
	189230	Balistic Banana Poppin	4 oz	8	4	0	12	17	95				
	130300	Chocolate Soy	4.5 oz	17	4	0	10	23	80				
	130310	Vanilla Soy	4.5 oz	17	4	0	10	21	80				
<b>Kraft</b>													
Handi Snacks Sugar Free		Reduced calorie pudding (splenda)											
Chocolate			3.5 oz	20	10	0	0	9	160				
<b>Sargento</b>													
Light String Cheese			.75oz	37	22	0	0	0	180	>3.5 gm fat .75 oz meat			
<b>Yoplait</b>													
Yoplait Light Smoothie	All Flavors		8oz	0	0	0	4	18	120				
<b>Fruits</b>													
<b>Brothers-All-Natural</b>													
Fruit Crisps	100%	sliced freeze dried fruit	100 % fruit	0	0	0	73	14	0				
		apple, mango, strawberry, pineapple, banana											
		strawberry banana											
<b>Concept Foods</b>													
Fruit Tubes		Banana, Guava, Pineapple, Mango, Jack Fruit	2oz tube	100% fruit (frozen individual servings)							1/4 c fruit		
<b>Knouse Foods</b>													
Apple Sauce - sweetened Splenda			4oz cup	0	0	0	8	12	3	1/2 fruit			
Fruit'n Sauce-sweetened splenda	All Flavors		4oz. Cup	0	0	0	8	14	10	1/2 fruit			
<b>Dole</b>													
Fruit Bowls	All Fruits	100% fruit	4.3 oz	16	8	0	17	19	10	1/2 fruit			
<b>Materne</b>													
Applesauce GoGo Squeeze			3.17 oz	0	0	0	17	14	3				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
<b>Mott's</b>													
Applesauce, Scooby-Doo!		Mummy Berry, Pirates Punch, Rawberry Kiwi	4 oz cup	0	0	0	14	17	0	1 fruit			
<b>Pierre Foods</b>													
Fruit Cups	80340	Pineapple	4 oz	0	0	0	20	25	4	1 fruit			
	11040	Applesauce	4 oz	0	0	0	12	15	4	1 fruit			
	10104	Chunky applesauce	4 oz	0	0	0	14	18	4	1 fruit			
	10204	Cinnamon Applesauce	4 oz	0	0	0	18	23	5	1 fruit			
	10704	Strawberry applesauce	4 oz	0	0	0	14	20	9	1 fruit			
	80140	Peaches	4 oz	0	0	0	13	16	5	1 fruit			
	80240	Pears	4 oz	0	0	0	14	17	8	1 fruit			
<b>Sunkist</b>													
<b>Fun Fruits</b>													
Pals, Giggles, Smiles, Grins, Carrots		Prepackaged fresh fruits and vegetables					No limit on fresh fruits and vegetables						
							No limit on fresh fruits and vegetables						
<b>Pastas, Meats, Soups</b>													
<b>Highland Beef Farms</b>													
Honey Pep TurkeyStick	211	Turkey	.8 oz	35	0	0	5	1	150				
Honey Pep ChixStick	064	Chicken	.8 oz	35	0	0	5	1	150				
<b>Jack's Links</b>													
Beef Jerky	113	Sweet & Hot	1 oz	12	6	0	14	5	440				
	173	Teriyaki	1oz	12	6	0	14	5	440				
	183	KC Masterpiece Barbecue	1 oz	12	6	0	21	7	390				
	47388	Chicken Fajita	1 oz	28	6	0	11	4	450				
	47383	Teriyaki Beef Steak Nuggets	1 oz	28	6	0	11	4	450				
	47387	Pork Tender Cuts	1 oz	28	6	0	11	4	450				
		Original	.9 oz	14	0	0	12	3	430				

DATE	7/15/2009					Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes			
		Peppered	.9 oz	14	0	0	12	4	360				
		Sweet & Hot	.9 oz	14	0	0	16	4	420				
		Teriyaki	.9 oz	14	0	0	16	4	410				
<b>Main Dishes</b>													
<b>Pierre Foods</b>													
Peanut Butter and Jelly Bar with Graham Wafer	92100		2.2 oz	55	11	2	16	27	267	1 meat+1bread			
Peanut Butter and Jelly Jamwich	92127	Strawberry jam on wheat bread	2.8 oz	49	11	2	26	33	309	1 meat+1bread			
	92123	Grape jelly on wheat bread	2.8 oz	49	11	2	26	36	308	1 meat+1bread			
<b>Schwan</b>													
Tony's Pizza Strips	Pepperoni		3.1 oz	23	9	0	4	28	460	2bread + 1oz meat alt			
<b>Smuckers</b>													
Uncrustables	6650	PB & Grape Jelly, white bread	2.8 oz	54	9	0	18	33	354	1M + 1B			
	6651	PB & Jelly-Wheat bread	2.8 oz	54	9	0	18	33	354	1M + 1B			
	6659	PB & Strawberry Jam, white bread	2.8 oz	54	9	0	18	33	354	1M + 1B			
	6675	PB, Honey and Wheat Bread	2.8 oz	47	8	0	16	24	330	1M + 1B			
	5150006673	PB & Grape Jelly, with soy protein	2.5 oz	38	7	0	18	31	290	1M + 1B			
<b>Schwans</b>													
Classic Crust Pizza	16"	Cheese, Pepperoni	1/10 pie	30	8	0	2	38	600	1.5M,2.25B			
Harvest Pizza	16"	Cheese	1/10 pie	28	10	0	2	37	600	1.5M,2.25B			
Products bought for the NSLP should adhere to the Buy American procurement regulations.													
This does not mean that these products are approved or endorsed by the School Nutrition Program.													
Nor does an exemption indicate that these products have significant nutritional value. In addition,													
the exemptions should not be perceived as guidance or encouragement to school													
food authorities concerning their possible purchase.													

DATE	7/15/2009						Foods in Compliance for TN Competitive Foods							
Brand	ProdCode	Description			Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes		
For the rules on this, visit the following link: <a href="http://state.tn.us/sos/rules/0520/0520-01/0520-01-06.pdf">http://state.tn.us/sos/rules/0520/0520-01/0520-01-06.pdf</a>														
0520-1-6-.04 MINIMUM NUTRITIONAL STANDARDS FOR INDIVIDUAL FOOD ITEMS SOLD OR OFFERED FOR SALE TO PUPILS IN GRADES PRE-K-8														