

# URGENT:

**Please sign up for Mrs. Neiswangers' 2018-2019 HES Remind on your cell phone. This will keep you aware of important dates and information. Don't miss out on your opportunity to join.**

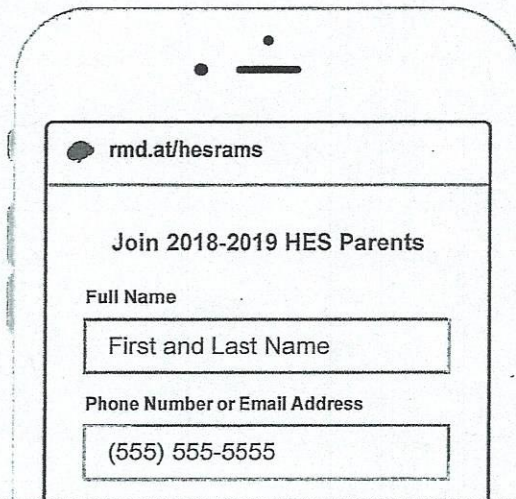
Pick a way to receive messages for 2018-2019 HES Parents:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

**rmd.at/hesrams**

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



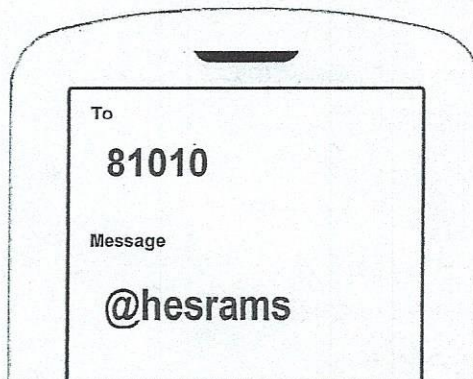
The image shows a smartphone screen with a sign-up form. At the top, it says "rmd.at/hesrams". Below that, the title is "Join 2018-2019 HES Parents". There are two input fields: "Full Name" with the placeholder "First and Last Name", and "Phone Number or Email Address" with the placeholder "(555) 555-5555".

**B** If you don't have a smartphone, get text notifications.

Text the message @hesrams to the number 81010.

If you're having trouble with 81010, try texting @hesrams to (205) 523-8294.

*\* Standard text message rates apply.*



The image shows a smartphone screen with a text message form. The "To" field contains "81010". The "Message" field contains "@hesrams".

Don't have a mobile phone? Go to [rmd.at/hesrams](http://rmd.at/hesrams) on a desktop computer to sign up for email notifications.