

May 2018

MOBILE COUNTY PUBLIC SCHOOL SYSTEM

LUNCH



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E/M Schools Fruit Juice served Tuesday & Thursday
 High Schools Fruit Juice served daily
 Fresh or Canned Fruit served daily with each meal
 Unflavored low fat milk served daily with each meal



Monday



Tuesday

Wednesday

Thursday

Friday

1B: Pulled Pork
 Hamburger Bun
 Baked Beans
 Fries
 Rice Crispy Treat

1C: Tacos
 Jumbo Taco Shells
 Yam Patty
 Corn
 Salad

1D: Oven Roasted Chicken
 Mashed Potatoes w/gravy
 Sweet Peas & Carrots
 Roll

1E: Turkey/Ham Cheese Sub
 Lettuce/Tomatoes/Pickles
 Mayo/Mustard
 Broccoli
 Carrots
 Chips

2A: Salisbury Steak
 Mashed Potatoes w/gravy
 Green Beans or Sweet Peas
 Roll or Hushpuppies

2B: Fajita w/flour tortilla*
 Lettuce/Tomatoes/Sour cream
 Pinto Beans
 Corn
 Spanish Rice*

2C: Chicken Bites
 Waffles w/syrup
 Fries
 Salad

2D: Buffet Ham
 Turnips/ Salad
 Sweet Potatoes
 Hushpuppies
 Brownie

2E: Chicken Patty
 Bun
 Lettuce/Tomatoes/Pickles
 Sweet Peas
 Carrots

3A: Pizza
 Romaine Salad
 Corn or Corn Nuggets

3B: Hot Dog
 Chili/Cheese Ketchup/Mustard
 Coleslaw
 Baked Beans

3C: Chicken Jambalaya
 Broccoli
 Roll
 WG Sugar Cookie

3D: Oven Roasted Chicken
 Green Beans or Sweet Peas
 Yams or Sweet Potatoes
 Roll or Biscuit

3E: Hamburger
 Cheese/Lettuce/Tomatoes
 Pickles/Ketchup/mayo/Mustard
 Fries
 Carrots

4A: Asian Chicken
 Fried Rice
 Broccoli
 Vegetable Egg Roll

4B: Chili Crispito
 Black or Pinto Beans
 Corn
 Sugar Cookie or Brownie

4C: Chicken Patty
 Hamburger Bun
 Cole Slaw
 Fries*
 Cheese/Lettuce/Tomato

4D: Spaghetti
 Green Beans
 Salad
 Breadstick or Roll

