

Saraland Elementary School February 2019



Breakfast

- 1st Smoothie, Muffin
- 4th Pancake, Sausage
- 5th Smoothie, Muffin
- 6th Grits, Eggs, Cheese Toast
- 7th Sausage Croissant
- 8th Grits, Breakfast Pizza
- 11th Waffles, Sausage
- 12th Eggs, Ham, Croissant
- 13th Grits, Pancake on a Stick
- 14th Sausage Croissant
- 15th Smoothie, Breakfast Pizza
- 18th French Toast, Sausage
- 19th Smoothie, Muffin
- 20th Grits, Pancakes, Bacon
- 21st Sausage Croissant
- 22nd Grits, Breakfast Pizza
- 25th Pancakes, Sausage
- 26th Egg, Ham Croissant
- 27th Grits, Eggs, Cheese Toast
- 28th Sausage Croissant
- 1st Smoothie, Pizza

Mon	Tue	Wed	Thu	Fri
				1 Pizza, Broccoli w/ Cheese, Fresh Veggies, Cookie
4 Chicken Sandwich, Broccoli w/ Cheese, Oven Potatoes	5 Pork Chop, Mac & Cheese, Green Beans, Bread, Fresh Veggies	6 Nachos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	7 BBQ Sandwich, Baked Beans, Cole Slaw, Chips, Peach Crisp	8 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Cinnamon Bun
11 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Fresh Veggies	12 Chicken Bites, Green Beans, Pudding, Fresh Veggies	13 Pizza, Broccoli w/ Cheese, Fresh Veggies, Muffin	14 Beef Patty w/ Gravy, Cream Potatoes, Mixed Veggies	15 Chicken Quesadilla w/ Cheese, Corn, Fresh Veggie, Cookie
18 Hamburgers, Oven Potatoes, Baked Beans, Fresh Veggies	19 Potato Soup, Cheese Sticks, Broccoli, Fresh Veggies	20 Chili Crispito w/ Cheese, Corn, Black Bean Dip, Fresh Veggies, Pudding	21 Beef Stroganoff, Green Beans, Fresh Veggies	22 Chicken Sandwich, Broccoli w/ Cheese, Chips, Fresh Veggies
25 Chicken Bites, Green Beans, Fresh Veggies	26 Pizza, Broccoli w/ Cheese, Fresh Veggies, Cookie	27 Hot dog w/ Chili Oven Potatoes, Baked Beans, Fresh Veggies	28 Chicken Alfredo, Broccoli, Fresh Veggies	1 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Cinnamon Bun

Offered daily with meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast — Low-Fat or Skim, Flavored or Unflavored Milk
 Lunch — Mixed Green Salad
 Alternate Lunch Meal — Chef Salad
 Fruit & Juice served daily
 Menu subject to change due to deliveries.