

# Saraland Elementary School January 2019



## Breakfast

- 7th Pancakes, Sausage
- 8th Smoothie, Muffin
- 9th Grits, Eggs, Cheese  
Toast
- 10th Sausage Croissant
- 11th Grits, Pancake on a  
Stick
- 14th Waffles, Sausage
- 15th Pancake on a Stick,  
Oatmeal
- 16th Pancakes, Grits, Bacon
- 17th Sausage Croissant
- 18th Smoothie, Breakfast  
Pizza
- 22nd Smoothie, Muffin
- 23rd Grits, Eggs, Cheese  
Toast
- 24th Sausage Croissant
- 25th Grits, Breakfast Pizza
- 28th Waffles, Sausage
- 29th Pancake on a Stick,  
Oatmeal
- 30th Pancakes, Grits, Bacon
- 31st Sausage Croissant
- 1st Smoothie, Muffin

Mon	Tue	Wed	Thu	Fri
7 Chicken Bites, Green Beans, Baby Bakers, Fresh Veggies, Pudding	8 Hot Dog w/ Chili, Baked Beans, Oven Potatoes, Fresh Veggies	9 Chili Crispito w/ Cheese, Corn, Black Beans, Lettuce, Tomatoes, Fresh Veggies	10 Beef Nuggets w/ Gravy, Creamed Potatoes, Black Eyed Peas, Cornbread	11 Pizza, Corn, Fresh Veggies, Brownie
14 Corndog, Oven Potatoes, Baked Beans, Fresh Veggies, Muffin	15 Potato Soup, Cheese Sticks, Broccoli, Fresh Veggies	16 Hamburger, Broccoli w/ Cheese, Oven Potatoes, Fresh Veggies	17 Chicken, Green Beans, Mashed Potatoes, Bread, Pudding, Fresh Veggies	18 Chicken Quesadilla w/ Cheese, Corn, Cookie
21  <b>Holiday</b>	22 Pizza, Broccoli w/ Cheese, Fresh Veggies, Muffin	23 Chicken Sandwich, Oven Potatoes, Green Beans, Fresh Veggies	24 Nachos w/ Cheese, Corn, Black Beans, Fresh Veggies	25 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Cinnamon Bun, Fresh Veggies
28 Chicken Bites, Green Beans, Baby Bakers, Fresh Veggies, Pudding	29 Hamburger, Oven Potatoes, Baked Beans, Fresh Veggies, Lettuce, Tomatoes	30 Chili Crispito w/ Cheese, Black Beans Fresh Veggies, Lettuce, Tomatoes	31 Hot Dog w/ Cheese, Chips, Bake Beans, Cole Slaw, Fresh Veggies	1 Pizza, Broccoli w/ Cheese, Fresh Veggies, Cookie

Offered daily with meals:  
Cereal & Toast with Breakfast  
Lunch & Breakfast — Low-Fat or  
Skim, Flavored or Unflavored Milk  
Lunch — Mixed Green Salad  
Alternate Lunch Meal — Chef Salad  
Fruit & Juice served daily

Menu subject to change due to  
deliveries.