



**JANUARY 18, 2017**

**RSVP BY JANUARY 12**  
**THE NURTURED HEART APPROACH®**  
**3 HOUR TRAINING**

**Time:** 3:30 PM-6:30 PM

**Check In:** 3:15 PM

**Dates:** January 18, 2017

**No fee for Dixon Unified School District parents/caregivers**

Does your child seem to be a professional at breaking rules? Is your child experiencing debilitating anxiety or worry? Do you feel out of control as a parent? At this Nurtured Heart workshop, we help you learn how to build healthy relationships that *celebrate* the intensity of your children. We also give you tools to create Inner Wealth® in your children, which guides them to transforming their behavior from negative and destructive to successful and positive. The Nurtured Heart Approach (NHA®) is a relationship-focused methodology that creates healthy relationships in families and classrooms, and ensures successful futures for our children.

**TO REGISTER CALL: (707)693-6300 X8014**

**Spanish interpreter will be available. Child Care will also be provided.**

The Nurtured Heart Approach® is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in *all children* while facilitating parenting and classroom success. The essence of the Approach is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially and academically. The Nurtured Heart Approach has also been shown to create transformative changes in children diagnosed with ADHD, Oppositional Defiant Disorder, Reactive Attachment Disorder and other behavioral, emotional and anxiety related symptoms – almost always without the need for long-term mental health treatment. Even children experiencing social cognitive challenges, like Autism Spectrum Disorder and Asperger Syndrome greatly benefit from the Approach, reducing the need for traditional mental health and medical interventions™. Children's Success Foundation  
[www.childrensuccessfoundation.org](http://www.childrensuccessfoundation.org)

**LOCATION**

Gretchen Higgins Elementary  
1525 Pembroke Way  
Dixon, CA 95765

**Facilitators/Certified NHA  
Advanced Trainers**

Adriane Laughter, Mental Health  
Coordinator

Courtney Doyle, Mental Health Clinician

Sana Akhtar, Mental Health Clinician

Monica Ramirez, Mental Health Clinician