

NCAA Checklist for FLHS Students

_____ Register with the NCAA Eligibility Center

- In order for prospective student-athletes to be eligible to compete in any sport at San Diego State University, they must first register with the NCAA Eligibility Center. All prospective student-athletes must be certified by the NCAA Eligibility Center prior to participation in intercollegiate athletics. The Eligibility Center materials can be found online at: www.eligibilitycenter.org
- The following information must be sent to the Eligibility Center:
 - ♣ All official high school transcripts (include all high schools you have attended) and most importantly, your final high school transcript.
 - ♣ SAT/ACT scores (sent directly from the testing agency)

It is important to register with the Eligibility Center as soon as possible after your junior year of high school. The process of certification takes time. Early registration and submission of materials will help ensure a timely process of your application.

_____ Meet requirements for NCAA initial Eligibility

- The NCAA Eligibility Center will determine whether a prospective student-athlete is a “qualifier” or a non-qualifier. Non qualifiers may not practice, compete, or receive athletic aid during their first year at an NCAA Division I institution.
- NCAA Eligibility center quick reference guide:
http://fs.ncaa.org/Docs/eligibility_center/Quick_Reference_Sheet.pdf
- In order to be certified as a qualifier the following requirements must be met:
 1. Graduate from high school.
 2. Successfully complete 16 core curriculum courses in high school

Subject	# of Required Courses	# approved Courses Completed	# of courses still needed
English	4		
Math	3 (Algebra or Higher)		
Science	2 Lab Courses		
Required Additional English, Science, or Math	1 course in English, Math or Science		
History/ Social Studies	2		
Additional Core Courses (from any area above, foreign language)	4		
Total	16		

- Note: Fifteen of the 16 Core courses must be completed during high school; one course may be completed during the year after high school graduation but prior to full time college enrollment.
- Earn the minimum required SAT or ACT test score that corresponds with a prospective student athlete's core curriculum G.P.A. (Note: GPA is calculated using only the 16 core courses above)

Examples;

2.0 GPA- requires 1010 (math and verbal) or 86 sum ACT

2.5 GPA- requires 820 SAT or 68 sum ACT

3.0 GPA- requires 620 SAT or 52 sum ACT

3.5 GPA- requires 420 ACT or 39 sum ACT

_____ Follow up with Eligibility Center

Do not automatically assume that you are certified. It is the responsibility of the prospective student-athlete to submit the necessary documents and to follow up with the Eligibility Center until you receive your written certification.

**** IF YOU HAVE ANY QUESTIONS, CONTACT Jim Roedel- Athletic Dept. or Maribel Marquez- Counseling**

FLHS APPROVED COURSES

English	Math	Science	Social Studies
AP English language	AP Calculus/ Calculus	AP Biology	AP US History
AP English Literature	Pre Calculus	AP Environmental	AP Psychology
Senior English	AP Statistics/ Statistics	Astronomy	World History
Junior English	Trigonometry	Human Anatomy	Intro to Psychology
Sophomore English	Geometry	Chemistry	Economics
Freshman English	Algebra	Earth Science	Geography
**Public Speaking		Physics	Civics
**Creative Writing		Biology	Sociology
**Speech and Debate		PT Med Forensics	
AP Spanish Language AP Spanish Lit Spanish I,II,III,			

** May NOT be used to take the place of GRADE Level-English courses