



# Healthy Lifestyle Night

**Butler Elementary, Twombly Elementary and Quest K-8**

Thursday, February 22nd 2018  
5:00 – 7:00 pm @ the Fort Lupton Rec Center

There will be many different health, wellness, and nutrition information provided by various local organizations, delicious healthy snacks, and fitness based activities and prizes!



# Healthy Lifestyle Night

## **Noche de estilo de vida saludable**

**Butler Elementary, Twombly Elementary and Quest K-8**

Jueves, 22 de febrero de 2018  
5:00 a 7:00 p.m. En el Fort Lupton Rec Center

Habr a mucha informaci n diferente sobre salud, bienestar y nutrici n proporcionada por varias organizaciones locales, deliciosos refrigerios saludables, actividades basadas en el estado f sico y premios