

## ROCKY HILL HIGH SCHOOL

MARIO J. ALMEIDA  
Principal

EDWARD T. MALIZIA  
Assistant Principal

RICHARD H. SEIDMAN  
Director of Athletics  
and Student Activities

50 CHAPIN AVENUE, ROCKY HILL, CONNECTICUT  
(860) 258-7721  
FAX (860) 258-7735



April 25, 2016

To: Parents of incoming freshman athletes at Rocky Hill High School

From: Richard Seidman, Director of Athletics and Student Activities

Re: RHHS Fall Athletics and Registration:

This memo is a precursor to the visit that our fall coaches will be making to GMS on May 16<sup>th</sup> and 17<sup>th</sup>. It is hard to believe, but your daughters and sons are almost in high school. To that end, to alleviate any confusion you may be feeling, I would like to share a few points about RHHS athletics:

1. All fall sports tryouts begin on Thursday August 25<sup>th</sup>, with the exception of football, which begins conditioning on Monday August 15<sup>th</sup>. Individual sport practice times and locations will be determined and communicated by our head coaches this summer.
2. All student-athletes must have a valid physical on record with our nurse, Renee Garrahy, prior to the first tryout date. In addition, all incoming freshmen will be required to complete Impact Concussion testing, which will be coordinated with our school nurse and Athletic Trainer.
3. Athletic registration is done on-line via InfoSnap. This, as well as all other agreements and information can be found on our school website under Athletic Registration, a tab located on the right hand side of the page. The link can be found below.
4. Please note that registration for 2016-2017 will be available after June 16<sup>th</sup> and that you may register for all three seasons at the beginning of the year if so desired.

<http://rockyhillhigh.ct.rdh.schoolinsites.com/?PageName=bc&n=140309>

Cc: Rick Watson, GMS Principal

Jon Patrei, GMS Athletic Director