



Idling Reduction Fact Sheet ... Did you know?

Each of us takes 20,000 breaths each day.

The average American breathes 3,400 gallons of air a day.

Children breathe 50 percent more air per pound than adults.

Vehicle exhaust is the leading source of toxic air pollution.

Idling consumes 1 gallon of fuel per hour and wastes more fuel than turning off and on your vehicle engine.

Diesel exhaust contains microscopic soot, a particle that is about 200 times smaller than the period at the end of this sentence.

Diesel exhaust contains both very small particles and 40 chemicals that are classified as "hazardous air pollutants" under the Clean Air Act.

Idling buses tend to accumulate diesel exhaust, which may be retained during the ride depending upon bus ventilation rates.

It is more efficient to turn off most warmed-up vehicles than to idle for more than 30 seconds.

A single vehicle dropping off and picking up kids at one school puts three pounds of pollution into the air per month.

Carbon monoxide reduces the ability of blood to bring oxygen to body cells and tissues.

Asthma is the third leading cause of hospitalization among children under the age of 15.

Children's asthma symptoms increase as a result of car exhaust.

Asthma is the most common chronic illness in children and the cause of most school absences.

Exposure to vehicle exhaust increases the risk of death from heart and lung disease and lung cancer.