



# Tiger Times

Ringgold  
Elementary School

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## From the Desk of Mrs. Erwin

Happy New Year!

January is one of my favorite months; it is a great time of reflecting on the first half of the school year and identifying areas to fine tune. We've had a great school year thus far; however, we can always improve. Therefore, the area for improvement for the last half of this year is recognition.

I'd like to recognize someone at RES who is a new employee with us this year. April Shadwick is the STEAM teacher; she provides learning opportunities for all of our students at least once per week for Science, Technology, Engineering, Art, and Math. Mrs. Shadwick has a son at RES and a daughter at RPS; she also completed her student teaching at RES. Mrs.

Shadwick is a very hard worker, extremely committed to our students, and is one of the kindest people you will ever encounter. RES is so thankful to have her as part of our family!

RES is also fortunate to have a PHENOMENAL cafeteria staff. They are always pleasant and work hard to provide delicious meals for everyone at RES. Amy Collins and her staff are the BEST!

Just a few reminders:

\*All transportation changes must be submitted in writing to the office with a parent/guardian signature.

\*All absence/doctor's notes must be submitted to the office (not through email or DoJo).

\*Lunch charges must be

paid weekly.

\*Car rider tags are required for students to be picked up in the car rider line.

\*Attendance is CRUCIAL to your child's educational. Please make sure your child arrives on time, stays all day, and doesn't miss unless he/she is sick.

RES will be having many family events over the next few months. I hope you and your family can join us. Not only do we have lots of fun but we do so while learning!

Don't forget to READ everyday with or to your child!

*Mrs. Erwin*

## Set the Date!

- ☺ 01/12 Report Cards
- ☺ 01/15 MLK Holiday
- ☺ Hoops 4 Heart Kickoff
- ☺ 02/01 Illustrator Michael P. White
- ☺ 02/09 Hoops 4 Heart Celebration
- ☺ 02/15 Progress Reports
- ☺ 02/16 No School OR Inclement Weather Make-up Day
- ☺ 02/19 Presidents Day Holiday
- ☺ 02/22-03/02 Book Fair
- ☺ 2/27 Family Literacy Night

## Moreland Minute

Are you a Tigger or an Eeyore?

Pooh, Piglet, Tigger, and Eeyore are all good pals. They play together, go on adventures, and learn things. Each of them cares deeply for his buddies.

When you think of "Tigger", what comes to mind? What is he like?

(happy, silly, energetic, positive, not too smart, carefree, ...)

When you think of "Eeyore", what comes to mind?

(sad, slow, dejected, pessimistic)

When anything happens, Eeyore expects the worst. He expects the weather to be rainy, the shelter to be uncomfortable, the hike to be too long, the water to be too warm and the food too cold. He sets his expectations way low so he is seldom disappointed, but then he has nothing to look forward to.

Tigger, on the other hand, sees fun and adventure in everything. He hops rather than walk, jumps rather than run, and bounces rather than

sit still. He sees the rainbow through the clouds, notices something new at every step of a hike, and believes every minute of life is a gift to enjoy. He may not think things through, but he is always looking ahead to the next adventure.

So, who are you? Are you more of an Eeyore, plodding through life, sure that school will be hard, friends will be few, and there won't be much fun to do on the weekend? Or are you like Tigger, ready to make every task a game, every day an adventure, and

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# Paws for Partners

Ringgold Elementary would like to extend a heartfelt thanks to two of our Tigeriffic partners!

First, we honor Metro Boiler Tube, represented by Mr. Mark Collins, as this month's outstanding partner. This long-time business partner purchased MANY school supplies, bottled water for Nurse Denise's clinic & Mrs. G's Hoops 4 Heart event, and some essentials to help the MOID students! We greatly appreciate Metro Boiler Tube and Mr. Collins for their continued support of RES.

Additionally, we are very grateful to the Ringgold Kiwanis Club for their recent and very generous donation



of \$500, which will be used to meet teachers' "wish list" requests. They have supported RES for many years and are always willing to help however possible. For example, when contacted about a need for a sponsor to provide shirts for FCA Leadership Team members, the Kiwanis Club president was first to respond and offer \$125 to serve as this sponsor. We are certainly blessed to have such involved, supportive partners!

## RES DAZZLERS

**We were so proud of the Dazzlers as they danced in the RES Christmas Program! Way to go girls! The team is working on their second dance of the year, and will compete with both dances at the end of the month at the Heritage 5 Star Invitational. We are rooting for you Dazzlers!**

## Lines from the Library

I am thrilled to announce that illustrator Michael P. White will be visiting our school Feb. 2, 2018!

He will teach our students how to draw as well as share how he became a children's book illustrator. During our Family Literacy Night in March we will have six of his drawings in a silent auction.

Michael was born and raised in Atlanta, Georgia. He received his Associate of Arts degree from

The Art Institute of Atlanta. Michael spent many years doing local and regional art festivals before illustrating his first book. His artwork has been featured in many galleries including a show highlighting his book illustrations at the Hudgens Center for the Arts.

He has illustrated four children's books: *The Library Dragon* (winner of the 1997 Flicker Tale Children's Book Award, an Honor Book for the 1997-1998 Florida Reading Association Children's Book Award)

*The Secret of Old Zeb* (winner of an Award of Merit from the Southeastern Library Association) with Carmen Agra Deedy  
*Harriett's Horrible Hair Day* with Dawn Lesley Stewart  
*The Return of the Library Dragon* with Carmen Deedy

All of these books are available for student checkout from our media center.

# PE With Mrs. G

Alliance for a Healthier Generation  
[www.HealthierGeneration.org](http://www.HealthierGeneration.org)

**When the weather turns cold and it gets dark early, keeping kids active can take some creativity.**

**Here are some ideas for keeping your family moving all winter long.**

## 1. Discover Indoor Facilities

Visit an indoor pool, ice skating rink or basketball court at a local gym, school, or community center. You can visit <http://www.ymca.net/> to locate your local YMCA and find out about indoor programs they offer.

## 2. Dance Your Heart Out!

Encourage your child to pick the music, crank it up and then dance away! March, box step, bounce, spin, shake it...it is a great way to burn calories.

## 3. Take it Outside

If there is snow where you live get the whole family outside to do some sledding, build snow forts and throw snowballs, build a snow sculpture—anything that keeps the kids moving and having fun.

## 4. Walk the Mall

When it's too cold to venture outdoors take the family for a brisk walk around the nearest mall. Walk

up the stairs versus taking the escalators.

## 5. Keep it Clean

Recruit your kids to help with the house cleaning. Pick jobs based on age and capability: younger children can pick up toys while older kids can vacuum, sort laundry, or scrub the bathtub.

## 6. Visit the Library

Libraries are a great resource for children's fitness videos and books, which you can use to teach your child about indoor exercises. Best of all, it's free!

## 7. Hit the Trails

Go snow trekking, skiing or snowboarding with the kids for a fun aerobic workout. If you don't have the equipment (or a nearby resort), find a hill ideal for sledding or tubing. Climbing back up after each run will get hearts pumping.

## 8. Visit a Zoo or a Farm

Zoos and farms are fun winter destinations for learning how life changes through the seasons. Kids can also learn how animals are taken care of during winter.

## 9. Sign 'Em Up

Enroll your child in an instructional group class. Try dancing, gymnastics, martial arts, fencing, indoor swimming lessons—anything that will get him or her excited about staying active.

## 10. Find Middle Ground

If it's impossible to pry kids away from the TV, encourage them to do jumping jacks, sit-ups, and push-ups during commercial breaks.



# HooPs for Heart

Ringgold Elementary students will participate in **HooPs for Heart** January 22nd - February 5th. This valuable service project benefits the

**American Heart Association.**

It's a great way to encourage kids to take care of their hearts through physical activity while making a difference in the lives of others.

## Ringgold Elementary School

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When you shop at AmazonSmile, Amazon donates 0.5% of the purchase price to Ringgold Elementary Parent Teacher Organization Inc. Bookmark the link <http://smile.amazon.com/ch/80-0622870> and support us every time you shop.

## Our Mission

Ringgold Elementary School believes each child is a unique individual capable of reaching his or her full potential in a safe, positive environment

CATOOSA COUNTY SCHOOLS

## Vision Statement

Catoosa County Public Schools will be a nationally recognized learning community whose graduates are prepared for tomorrow's challenges.

## REMEMBER-

You can always view a copy of our County and School Title I Policies information in the Family Resource Center, Room 408. We welcome your input with any comments or changes you suggest regarding the above policies. We also welcome your input on our Title I spending.

## PTO

### Box Tops for Educations:

- ◆ **Thanks for collecting box tops**
- ◆ **Please do not send expired box tops**
- ◆ **25 box tops = ONE Blow Pop for your student**
- ◆ **Pops for Tops rewards will come home the end of each month**
- ◆ **A new collection form will come home the end of each month**
- ◆ **Can also send box tops in a Ziploc bag**
- ◆ **Don't forget to write your student's name and teach on the form or Ziploc bag**
- ◆ **School totals so far= over \$500.00 This money goes to help with our cafeteria makeover**
- ◆ **Keep those box tops coming!**

