

FAMILY SERVICES RESOURCE GUIDE 2015

BARBERS & BEAUTY SERVICES

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| Caddo Kiowa Technology Center | 405-643-5511 |
| 415 N 7 th St Ft. Cobb | \$5 Haircuts |
| Academy of Cosmetology | 405-222-2323 |
| 607 W Gr& Ave Chickasha | \$6 Haircuts |

CHILDREN & YOUTH SERVICES

| | |
|---|--|
| Child Support | 405-522-2273 |
| Foster Parent Hotline | 1800-736-9729 |
| Youth & Family Service Center | 580-250-1123 |
| 317 C Ave Lawton, OK 73502 | Provides outpatient counseling, substance abuse services, women's shelter, prevention programs & referral service |
| YMCA | 405-224-2281 |
| 725 W Chickasha Ave Chickasha, OK | |
| East Grade Elementary | 405-247-2496 |
| 107 E 5 th St. Anadarko, OK | Provides free meals to children up to age 18, M-F 8:30am-9:30am breakfast, 11:30am-12:30pm lunch |
| | SUMMERTIME ONLY |
| Oakridge Camp | 405-247-5433 |
| 20007 Hwy 9 Anadarko, OK | Provides free meals to children up to age 18, M-F 8am-9:30am breakfast, 12:00pm-1:45pm lunch |
| | SUMMERTIME ONLY |
| First Assembly go GOD | 405-247-5528 |
| 215 W Alabama St. Anadarko | Provides free meals for children up to age 18, M-F 12:00pm-1:00pm |
| | SUMMERTIME ONLY |
| Comanche Nation | 580-492-3240 |
| 584 NW Bingo Rd Lawton, OK | Provides daycare facilities in Lawton & Apache. Indian child welfare, children's court, help with obtaining child support, youth shelter, & a youth program that educates youth on cultural arts, special events, physical activities, dietary education & special interest activities |
| Day Care Licensing | 405-247-4047 |
| 208 Hardees Way Anadarko, OK 73005 | |
| | Inspects & certifies daycare facilities in Caddo county |
| Delaware Nation Child Care Program | 405-247-2448 |
| 31064 State Hwy 281 Building 100 Anadarko, OK 73005 | |
| | Provides daycare financial assistance to tribal families with children 13 years or younger |
| Foster Care Division | 405-247-4012 |
| 208 Hardees Way Anadarko, OK 73005 | Places children that have been removed from their homes in safe environments |
| Ft Sill Apache Emergency Youth Shelter | 580-588-2298 |
| 43187 US Hwy 281 Apache, Ok 73006 | Offers a safe environment for |

Native American children who are temporarily in need of a home

Great Plains Childcare Resource 1-888-878-4417
901 S Broadway Hobart, OK 73651 Provides information on childcare, training & assessments for employers

Kiowa Tribe Headstart 580-654-6208
100 Kiowa Way Carnegie, OK 73105 Provides educational physical & nutritional activities to children

Office of Juvenile Affairs 405-247-2501
105 E Oklahoma St Anadarko, OK 73005 Manages the states juvenile affairs

Post Adoption Services 1-877-657-9438
Provides adoptive families with needed social services, medical & financial support

SoonerCare 1-800-987-7767
Provides healthcare to children under 19, adults to children under 18, pregnant women & the elderly

Soonerstart Early Intervention 405-224-1050
205 Chickasha Ave Ste. 4 Chickasha, OK Provides support & education to children 0-3 with developmental delays

Washita Valley Community Action Council 405-224-5831
205 W Chickasha Ave Chickasha, OK 73018
Provides educational, physical & nutritional activities to children through headstart programs

Anadarko 405-247-6745
Chickasha 405-222-0172
Apache 580-588-2270
Ft Cobb 405-643-3248 Early Headstart age 6wks-3yrs
405-643-5314 Headstart 3yrs-5 yrs 7:30-11:30, regular daycare after 11:30am, & an after school program for kids up to age 13

Wichita & Affiliated Tribes Juvenile Services 405-247-8625
1-½ miles N on Hwy 281 Anadarko, OK 73005
Provides resources for at risk youth 12-18 yrs old that are enrolled

Boys & Girls Club 580-357-7541
1315 SW F Ave Lawton, OK Provides a safe place for youth 12-18 years old

J.Roy Dunning Youth Shelter 580-248-6450

Job Corps 1-800-733-JOBS (5627)
Provides free education, meals & housing for youth ages 16-24

Potters Wheel Ministry-Youth With a Mission 580-588-9446
307 E Wallace Apache, OK 73006

Southwestern Youth Services 580-482-2809
317 N Hudson St Altus, OK

Four Tribes 405-247-2021
115-½ SW 2nd St Anadarko, OK 73005 Provides summer employment for youth ages 16-21. Camps; sports, cultural & physical for youth age 14-21, referrals for Wichita, Delaware, Caddo, Apache & Ft Sill Apache Native

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| Americans | |
| Oklahoma Parents Center | 1-877-553-4332 |
| Statewide parent training & information | |
| www.oklahomaparentscenter.org | |
| Child Abuse & Neglect Hotline | 1-800-522-3511 |
| Child Find America | 1-800-426-5678 |
| Save The Children | 1-800-728-3843 |
| SOS Children's Village USA | 1-888-767-4543 |
| Thursdays Child | 1-800-872-5437 |
| National call center for at risk youth | |

CLOTHING ROOMS

| | | |
|--|------------|------------------------|
| Arena Cowboy Church | Thursdays | 503 W Main St Fletcher |
| Apache Ministerial Alliance | Wednesdays | Noon-2 |
| 222 E Evans Ave Apache, Ok | | |
| Southern Oaks | Thursdays | 9am-Noon |
| 110 S 5 th St Chickasha, OK | | |
| Resurrection House | M-F | 9am-12 & 1pm-4 |
| 823 Choctaw Ave Chickasha, OK | | |
| Caddo Baptist Association | Wednesdays | 9am-11:45am |
| 404 SW 5 th Ave Anadarko, OK Closed June & July | | |
| Central Baptist Church | | 580-353-6750 |
| 901 SW B Ave Lawton, OK | | |
| Elgin First United Methodist Church | | 580-492-4305 |
| 619 G St Elgin, OK | | |

COUNSELING & DOMESTIC VIOLENCE SERVICES

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| Action Associates INC | 580-323-0838 |
| 2500 S Hwy 183 Clinton, OK Provides domestic violence counseling | |
| Byte & Associates | 405-222-4786 |
| 117 S 7 th St Chickasha, OK Provides psychological assessments, mental health counseling for individuals & groups | |
| Red Rock Behavioral Services | 405-222-0622 |
| 804 Choctaw Blvd Chickasha, OK Provides mental health services, counseling & rehabilitation | |
| Chuska Counseling | 405-224-3887 |
| 401 W Chickasha Ave Ste 417 Chickasha, OK | |
| Southwest Youth & Family Services | 405-247-5437 |
| 102 E Broadway Anadarko, OK Provides mental health assessments, crisis intervention, individual & group therapy, individual & group rehabilitation, family & children's therapy sessions | |
| Wichita Tribal Family Violence Prevention | 405-247-2425 |

1-½ miles N Hwy 281 Anadarko Provides referrals for individual & group counseling, locates safe environments for domestic violence issues
 Apache Tribe Domestic Violence 405-247-9495
 1503 S Mission Blvd Anadarko, OK Provides information & referrals & legal representation for domestic violence issues
 Safeline Domestic Violence Hotline 1-800-522-7233
 Reachout Mental Health/Substance Abuse Hotline 1-800-522-9054
 Women's Haven 580-252-4357 1-877-970-4357
 P.O. Box 555 Duncan, OK 73534 Provides domestic violence counseling & assistance
 Women's Service & Family Resource Center 405-224-8256
 1628 17th St Chickasha, OK Provides domestic violence counseling & assistance
 Women's Service & Family Resource Center 405-262-4455
 Provides domestic violence counseling & assistance
 Options Counseling 405-222-3018
 205 W Chickasha Ave Ste 1 Chickasha, OK
 Comanche Nation Family Assistance Center 580-492-3590
 Provides domestic violence counseling & other assistance including shelter

CREDIT COUNSELING

Consumer Credit Counseling Service www.cccok.org 1-800-364-2227
 AAA Debt Hotline 405-224-2520
www.creditkaema.com Free credit report

DENTAL CLINICS

www.freedentalcare.us.st.oklahoma

Calvary Baptist Church Dental Clinic 580-353-2600
 709 SW H Ave Lawton, OK 2nd Thursday of each month, tooth extractions only, must be 18 years of age or accompanied by an adult or guardian. 1st come 1st serve basis, sign up starts at 9am, please come early. FREE
 Variety Care 405-643-2776
 315 Main St Ft Cobb, OK M-F 8am-5pm closed at noon on Wednesday
 Sliding fee scale
 Dental clinics located at:
 I240 & Western Oklahoma City, OK
 NW 10th Ave Oklahoma City, OK
 Weatherford Western Technology Center 580-772-0294
 2605 E Main St Weatherford, OK closed June & July
 Anadarko Denture Clinic 405-247-9848 1-800-248-9848
 2 ½ miles North of Anadarko on Hwy 281
 OkMOM- Missions of Mercy
 FREE dental clinic designed to treat the most pressing needs of patients that are either uninsured, underinsured or would normally not have access to

dental care. At the event, patients will undergo medical & dental triage to identify their needs & then be routed to the appropriate areas of treatment: oral surgery, extractions, restorations, pediatrics & hygiene. Join us for OkMOM 2016 in Oklahoma City, Oklahoma! The two-day clinic will be held on **February 5-6, 2016**, At the Cox Convention Center. Event starts at 5am for both Friday & Saturday. Free breakfast & lunch provided for patients

- D-DENT 405-424-8092
 FREE dental care through a network of volunteer dentists, for low-income veterans, elderly (60 & older) & developmentally disabled people with no insurance. Statewide
- Open Wide 405-942-5539
 1301 N Portland Ave Oklahoma City, OK
 3rd Saturday of each month 9am-2pm FREE cleanings, x-rays& extractions
- Dentistry From The Heart 405-222-0222
 2900 W Grand Ave Chickasha, OK
 1 time per year usually in January or February FREE dental work, chose from cleaning, fillings or extractions

INTELLECTUALLY & DEVELOPMENTALLY DISABLED HOMES & JOBS

- Harrington House 202 Walter Way Anadarko, OK 405-247-6255
 Knox House 406 Knox St Anadarko, OK 405-247-2713
 Special Young Adults 826 W Oregon St Chickasha, OK 405-222-1023
 Special Young Adults Inc 405-222-0039
 1407 Mississippi St Chickasha, OK
- Texas St House 209 W Texas St Anadarko, OK 405-247-6727
 Chickasha Opportunity Center Inc 405-224-4916
 1804 W Iowa St Chickasha, OK
 Residential services for people with developmental disabilities, workshop
- APEX 405-247-7377
 Provides people with disabilities employment in a sewing center
- OK Developmental Disabilities Council 1-800-836-4470

DISABLED SERVICES

- Helen Keller International Childsight 1-877-535-5374
 Foundation to Fight Blindness 1-800-254-6552
 Oklahoma Council for the Blind 1-877-578-6212
 Disability Specialists LLC 405-247-4833 1-866-247-4833
 111 W Broadway Anadarko, OK SSI, Social Security disability initial applications & appeals
- Advanced Home Care Services 405-247-2280
 602 W Georgia Ave Anadarko, OK Provides home health care & skilled nursing
- Healthback Home Health 405-247-6864

806 Wynan Ct Anadarko, Ok Provides skilled nursing, physical
therapy & occupational therapy
Jones Home Health Care 405-247-2055
Provides daily living support, habilitation training, transportation &
supported living services

DRIVERS LICENSE & ID CARDS

Department of Public Safety 405-224-1809
301 S 2nd St Chickasha, OK For initial ID or Drivers License you need a
Birth Certificate & SS Card
Marleta Marlett Tags & Tax 405-247-2828/6717
702 S Mission Blvd Anadarko, OK
Tag Office 405-224-2704
1027 S 4th St Chickasha, OK

DRUG & ALCOHOL ADDICTION TREATMENT, REFERRALS & MEETINGS

AA (Alcoholics Anonymous) www.aa.org 405-949-0910
Randlett Park 1st Step Building Monday 7pm
Wednesday 7pm
Friday 7pm
NA (Narcotics Anonymous) www.na.org 1-818-773-9999
National Helpline 1-800-238-0394
www.thewatershed.com Watershed Addiction 24hr resource & referral
www.substanceabuseusa.org
Drug & Alcohol Rehab Centers Anadarko 405-247-2558
Chickasha 405-224-1179
Alcohol & Drug Treatment Center 24 hr helpline
Anadarko 405- 247-2546
Chickasha 405-222-7027
Southwest Youth & Family 405-247-5437
102 E Broadway Anadarko, OK SASI testing, drug & alcohol relapse &
prevention Open screenings Wednesdays 12-1pm
CASA 12 Step Program 405-247-7313
119 SE 1st Anadarko, OK
Monday through Friday 8:30am-9:30am
Mondays 7pm-8pm
Women's Recovery Tuesday & Thursday 10:30am-11:30am
KDAP 12 Step AA/Support Group M-F 9:30am-10:30am
130 W Main St Anadarko, OK
Celebrate Recovery 1st Baptist Church Chickasha Mondays 7pm
Back Alley Group EVERYDAY in small house in back alley between Choctaw Blvd &
Chickasha Blvd-near Resurrection House in Chickasha
Grace Center 12 Step Program For Life Issues

301 W Kansas St Anadarko, OK Fridays 7pm
 Faith Based 12 Step Program Gambling, Drug & Alcohol abuse, Sexual &
 food addiction

Salvation Army Adult Rehabilitation Program 405-236-3677
 MEN ONLY-(21-60 yrs old) Spiritual Based, 6mo inpatient

1st Step Women's Rehabilitation/Work Rehab 405-794-2834

Jordan's Crossing 405-635-3800
 FREE treatment program for WOMEN ONLY, must commit to 3 months

Counselor by Phone 1-800-780-2294
 For Immediate Help 1-844-810-4673
 Reach-Out 1-800-522-9054

EDUCATION

Anadarko Adult Education Center 405-247-9876
 115 SW 4th St Anadarko, OK Provides GED classes-
 Closed during summer

Anadarko Adult Learning Center 405-247-2839
 1302 E Central Blvd. Anadarko, OK Provides college classes, can use center
 to apply for jobs, contact Social Security, apply for unemployment, GED classes

Apache Tribe Higher Education 405-247-9492
 Offers financial assistance to Tribal Members who are attending post
 secondary education, assistance to Tribal Members that need short term job
 training, referrals

Caddo Nation Higher Education Services 580-654-2220
 across from the Kiowa Tribal Complex Provides an adult education
 program, & has scholarships for Tribal Members

Comanche Nation Higher Education Program 580-492-3363
 584 NW Bingo Rd Lawton, OK Provides grants to Comanche students to
 attend a post secondary institutions, GED prep course

Caddo Kiowa Technology Center 405-643-5511
 1415 7th St Ft Cobb, OK Provides guidance to help students choose
 a career & reach their educational goals with over 100 areas of study, partners with
 local high schools, & offers college courses to high school students

Delaware Nation Education Program 405-247-2448
 31064 State Hwy 281 Building 100 Anadarko, OK
 Offers financial assistance to Tribal Members who are attending post
 secondary education, assistance to Tribal Members that need short term job
 training or GED, provides secondary school students incentives for 5th
 through 12th grade

Ft Sill Apache Higher Education 580-588-2298
 43187 State Hwy 281 Apache, OK Offers financial assistance for Tribal
 Members who are attending college or graduate school

Kiowa Higher Education Program 580-654-7007
 100 Kiowa Way Carnegie, OK Enables Tribal Members to provide higher
 education & job placement

OSU Extension Center 405-247-3376
 1202 E Central Anadarko, Ok Provides classes on agriculture & youth
 development, 4H, Family Consumer Science & nutritional education
www.oces.ok.state.edu/caddocounty

Great Plains Technology 580-355-6371
 4500 SW Lee Blvd Lawton, OK 73505

Wichita & Affiliated Tribes Higher Education Program
 1 1/2 miles N Hwy 281 Anadarko, OK 405-247-2425
 Provides assistance to Tribal Members with funding for tuition, fees & books
 while attending college, assists with GED, enrollment & testing fees, provides
 short term training courses needed for employment

Canadian Valley Technology Center 405-224-7220
 1401 Michigan Ave Chickasha, OK Provides guidance to help students
 choose a career & reach their educational goals, offers free tuition to people
 over the age of 65 (must live "in district")

JOB CORPS 1-800-733-5627
 Provides FREE education, training for people ages 16-24 through the US
 Department of Labor Job Corps is a **free** education and training
 program that helps young people learn a career, earn a high school diploma
 or GED, and find and keep a good job. For eligible young people at least 16
 years of age that qualify as low income, Job Corps provides the all-around
 skills needed to succeed in a career & in life www.recruiting.jobcorps.gov

EMERGENCY SERVICES

Anadarko Police 405-247-2411
 Anadarko Fire 405-247-3871
 Apache Police & Fire 580-588-3309
 BIA 405-247-6712
 Binger Fire 405-656-2233
 Caddo County Sheriff 405-247-6666
 Caddo County Police Fire & EMS 405-247-5700
 Caddo County Emergency Management 405-933-1600
 Carnegie Police 580-654-1444
 Carnegie Fire 580-654-1027
 Cement Fire 405-489-3839
 Cyril Police 580-464-2216
 Ft Cobb Police 405-643-2115
 Ft Cobb Fire 405-643-2231
 Hinton Police 405-542-3244
 Hinton Fire 405-542-3253
 Hydro Police 405-663-2242
 Hydro Fire 405-663-2222
 Oklahoma Highway Patrol *55 or 580-353-0783
 911 Emergency Call Center

Care Point HIV/AIDS 580-353-7900
 Rental /utility assistance
 Catholic Charities 580-353-1811
 1930 NW Ferris Ave Lawton
 St Vincent De Paul Holy Family 580-536-8729
 Covers Zip Code 73505 ONLY
 St Vincent De Paul Blessed Sacrament 580-355-7837
 Covers Zip Codes 73501,73505,73507 ONLY
 Salvation Army 227 N 4th Ave Chickasha, OK 405-224-5647
 By appointment only

FOOD PANTRY/TRIBAL COMMODITIES

Grace Christian Fellowship 405-247-3521
 301 W Kansas Anadarko, Ok Provides food boxes for the community
 the 3rd Thursday of each month 3pm-6pm (get there early to get in line)
 Apache Ministerial Alliance 580-588-2426
 120 S Forrest Ave Apache, OK Provides food to homeless and low
 income families, call before you come
 First Baptist Church 405-224-5196
 324 W Colorado St Chickasha, OK Thursday Afternoons, 1 time per month
 Oakridge Camp 405-247-5433
 West of Anadarko, West driveway Caddo County residents only
 Giveaway starts at 10am EVERY SATURDAY (get there early to get in line)
 Salvation Army 227 N 4th Chickasha, OK 405-224-5647
 By appointment only Tuesday & Thursday
 Virginia Ave Baptist Church EMERGENCY FOOD 405-247-3051
 601 E Virginia Ave, Anadarko, OK May go 2 times per month
 Wednesdays 5:30pm
 Southern Oaks Food Pantry CHICKASHA/VERDEN AREA ONLY
 112 S 5th St Chickasha, OK Thursdays 9am-noon 1 time per month
 Lawton Food Bank 580-353-8003
 1405 SW 2nd Ave Lawton, OK M-W-F 8am-2pm Tues& Thurs 12pm-6pm
 Adults must have state ID, pay stub or 2015 award letter. letter from DHS (if
 you do not have any of the above you must first register with Manpower or
 Workforce & get a letter from them. Children need SS card/birth certificate
(Any one can get food from lawton, they have no boundaries)
 SNAP Program (food-stamps) 405-247-4000
 208 Hardees West Anadarko, OK
 WIC Women, Infants & Children 405-247-2507
 405 SW 6th Ave Anadarko, OK Provides supplemental food vouchers for
 pregnant women, nursing mothers babies and children up to the age of 5
 WCD WIC 1 mile North Hwy 281 Anadarko, OK 405-247-2533
 Provides supplemental food vouchers for pregnant women, nursing
 mothers babies and children up to the age of 5

TRIBAL COMMODITIES

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|-----------------------------|--------------|
| Apache Tribe | 405-247-5883 |
| Cherokee Tribe | 918-207-3914 |
| Cheyenne Arapaho Tribe | 405-422-7868 |
| Chickasaw Tribe | 580-436-7255 |
| Choctaw Tribe | 580-924-7773 |
| Comanche Tribe | 580-492-3337 |
| Intertribal Council | 918-542-3443 |
| Muskogee (Creek) Tribe | 918-549-2401 |
| Osage Tribe | 918-287-5429 |
| Pawnee Tribe | 918-762-2541 |
| Ponca Tribe | 580-762-3437 |
| Sac & Fox Tribe | 918-968-3030 |
| Seminole Tribe | 405-382-3900 |
| Wichita & Affiliated Tribes | 405-247-9677 |

FUNERAL SERVICES/CREMATION

Although most funeral homes will not mention this, it is possible to get a cremation for free. Donating a body to science for research is one way of getting a funeral cremation for no cost. The body is used for research by the medical profession, and the body is then cremated and the ashes returned to the family, with no costs incurred. The whole process takes between 4-6 weeks and a memorial service can then take place, if chosen.

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|---|-----------------------------------|-----------------------------------|
| Life Legacy | Free cremation | 1-888-774-4438 |
| Life Quest | Free cremation | 1 866-799-2300 |
| BioGift | - Free cremation, 6 wk return | 1-866-670-1799 |
| Amy Stittsworth Funeral Service & Cremation Directors | | 1-855 246-9662 |
| | Direct Cremations: \$895.00 ☐ | Traditional Funerals: \$2895.00 ☐ |
| | Green Burials: \$695.00 | |
| Comanche Out Reach | | 405-247-4942 |
| | For enrolled Comanche Nation only | |
| Apache Tribe | | 405-247-9493 |
| | For enrolled Apache Tribe only | |

Contact your local tribe for additional information on funerals and cremation

GOVERNMENT AGENCIES

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|-------------------------------|--|
| Department of Human Resources | 405-521-3646 |
| Social Security Admission | 405-222-3335 |
| | 506 W Utah Chickasha, OK |
| Department of Corrections | 405-222-0018 |
| | 309 W Pennsylvania Ave Chickasha, OK Provides rehabilitation for adult offenders |
| Department of Human Services | 405-247-4000 |
| | 208 Hardees West Anadarko, OK Provides relief and care of needy persons |

who are unable to care for themselves

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| Oklahoma Poison control | 405-271-5454 |
| Provides advice on poisons, medications & toxic substances | |
| Client Advocacy (DHS) | 1-800-522-8014 |
| OESC (Unemployment) | 1-800-555-1554 |
| ASCOG | 580-248-0000 |
| Adult & Child Protective Services | 1-800-522-3511 |
| Oklahoma Health Care Authority | 1-800-522-0310 |

HOMELESS SHELTERS/TRANSITIONAL HOUSING

| | |
|---|---|
| Family Promise | 580-699-2821 |
| 910 SW E Ave Lawton, OK | |
| Homeless network, day center, laundry room, computers, client must do job & housing search. Can serve up to 14 people | |
| Salvation Army Homeless Shelter | 580-355-1802 |
| 1306 SW E Ave Lawton, OK | Provides emergency shelter |
| Resurrection House | 405-244-5413 |
| 910 W Chickasha Ave Chickasha, OK | |
| <u>VERY IMPORTANT</u> YOU MUST CALL BEFORE YOU COME! Case by case study, food is available 3 times per day, laundry facilities available, must do 3 job searches per day and 2 hrs of community service, can stay up to 364 days, families and singles, dorm style, NO SEX CRIMES OR DOMESTIC VIOLENCE, not capable to handle disabilities, faith based | |
| Carter Crane Emergency Shelter | 580-353-6592 |
| 1203 Texas Dr Lawton, OK | Provides emergency shelter for all, case management, laundry facilities, counseling, bus tickets, 6 week program, 28 beds |
| RAIN Oklahoma HIV/AIDS/CHRONIC DISEASES | 1-800-285-2273 |
| OKC & Lawton Long term transitional housing,(2 yr program) must apply and go through a committee meeting, must have proof of diagnosis, income, residence, ID, case by case , medication & medical care, information and referral | |
| New Directions ABUSED WOMEN | 580-357-2500 |
| Marie Detty DOMESTIC VIOLENCE & SEXUAL ASSAULT | 580-357-6141 |
| Pathways Halfway House | 405-357-6889 |
| 1202 SW A Ave Lawton, OK | Housing for recovering adolescent addicts |
| Mind Of Christ | 580-581-1505 |
| 1406 NW 13th Ave Lawton, OK | Housing Program |
| Miller Manor Halfway House | 580-248-8526 |
| 706 W Gore Blvd Lawton, OK | Housing for recovering addicts-MEN |
| Helen Holiday Home Halfway House | 580-357-8166 |
| 411 W Gore Blvd Lawton, OK | Housing for recovering addicts-WOMEN |
| New Pathways/Comanche Nation | 580-248-3654 |
| Laurie Tatum Rd/Ft Sill Indian School Housing for recovering addicts, Co-Ed, must have CDIB card | |

Next Step 580-917-0266
Young adults age 18-21

HOSPICE

There is no charge to patients for hospice care, insurance usually pays for it

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| Hospice of Southwest Oklahoma | 580-248-5885 |
| Victory Home Health & Hospice | 580-654-0123 |
| Faith Hospice | 405-247-9526 |
| | 405-224-1763 |
| Indian Territory Home Health & Hospice | 405-224-3500 |
| Lifeline Home Health & Hospice | 405-224-4891 |

HOUSING

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| Anadarko Housing Authority | 405-247-3110 |
| 615 E Texas Dr Anadarko | |
| Anadarko Willows | 405-247-1020 |
| 901 Wells Dr Anadarko | Provides low income housing for the disabled |
| Anadarko Village Apartments | 405-247-5707 |
| 400 N Country Club Rd Anadarko | Provides low income housing |
| Apache Camp | 405-247-2600 |
| 211 N Country Club Rd Anadarko | Provides housing specifically for seniors |
| and disabled people | |
| Apache Housing Authority | 580-588-3664 |
| 103 N Coblake Apache, OK | |
| Cement Housing Authority | 405-489-3674 |
| 122 S First St Cement, OK | |
| Comanche Nation Housing Authority | 580-357-4956 |
| 402 SE F Ave Lawton, Ok | Provides low income housing for tribal members |
| Cyril Housing Authority | 580-464-2439 |
| 101 Chandler Ave Cyril, OK | |
| Delaware Nation Housing Authority | 405-247-2448 |
| 31064 Hwy 281 Anadarko, OK | Provides low income housing for tribal |
| members | |
| The Elms | 405-247-1020 |
| 319 W Oklahoma St Anadarko, OK | Provides low income housing for the |
| disabled | |
| Ft Cobb Housing Authority | 405-643-2111 |
| Thomas Circle Ft Cobb, Ok | |
| Ft Sill Apache Housing Authority | 580-588-9221 |
| 612 S Coblake Apache, OK | Provides low income housing for tribal members |
| Housing Authority for the Apache Tribe | 405-247-7305 |
| 211 N Country Club Rd Anadarko | Provides low income housing to tribal |
| members | |
| Hydro Housing Authority | 405-663-2345 |

501 W 4th St Hydro, OK
 Kiowa Tribe Housing Authority 405-247-1110
 100 Kiowa Way Carnegie, OK Provides low income housing and rental
 assistance for tribal members

Town & Country Apartments 405-247-3662
 Rt 1 Anadarko, Ok Provides low income housing

Wichita & Affiliated Tribes Housing Authority 405-247-7470
 1 1/2 miles N Hwy 281 Anadarko, OK Provides low income housing for tribal
 members

Lawton Housing Authority 580-353-1894
 1327 SW Wisconsin Ave Lawton, OK

Zoe Home Program 580-353-7708
 1112 SW Tennessee Lawton, OK For new homeowners, low income

Habitat for Humanity 405-360-7868
 405-733-0272

Goodwill Village 580-353-0912
 1505 SW 11th Lawton, OK Housing for the elderly & disabled

Community Action Weatherization Program 405-232-0199
 Free home weatherization, you must qualify for services

LEGAL & TAX SERVICES

Legal Aid Services of Oklahoma 405-222-1231
 301 S 2nd Ave Chickasha, OK Provides legal services for low income
 persons on civil matters

Legal Aid Services 580-248-4675
 323 SW C Ave Lawton, OK Provides legal services for low income
 persons on civil matters

Apache Tribe Domestic Violence 405-247-4850
 Legal representation in courts for domestic violence cases

IRS Free tax prep , forms & information 1-800-829-3676

MEDICAL CLINICS

www.freeclinics.com/sta/oklahoma (There are over 65 free clinics in Oklahoma)

Variety Care 1-866-388-6688
 307 Main St Ft Cobb, Ok Sliding fee scale

Hearts That Care 580-354-9007
 304 SW A Ave Lawton, OK Call for clinic hrs

Lawton Community Health Center 580-355-5242

Anadarko Health Department 405-247-2507
 Immunizations, STD clinic, pregnancy tests, family planning, WIC

Lions Club Vision 580-355-1802
 Applications available at the Salvation Army

RX Oklahoma 405-232-0199

319 SW 25th Ave Oklahoma City< OK Free prescriptions for those in need,
must meet certain criteria

OU Medical Center 405-271-4700
700 NE 13th St Oklahoma City, OK Teaching Hospital, low income people
can file for indigent assistance

MENTAL HEALTH SERVICES

Taliaferro Community Mental Health Center 1-866-818-5780
602 SW 38th Ave Lawton, Ok
Norman Behavioral Health Group 405-579-7560
Red Rock Behavioral Health Services 405-222-0622
www.mentalhealth.org
Mental Health Association 405-943-3700
Southwest Youth & Family 405-247-5437
102 E Broadway Anadarko, OK
Multi County Counseling 580-581-1818
1719 Sw 11th St Lawton Counseling for children to adults, individual &
family counseling. Marital, parenting, social skills, mental health & substance
abuse issues are addressed. Medicaid and most insurance accepted
Hope Family Clinic 580-357-3857
4121 W Gore Blvd Lawton, OK
National Alliance on Mental Illness NAMI 580-536-7314

PETS/ANIMAL SERVICE

Animal Birth Control Clinic 580-355-6985
85 NE 20th St Lawton, OK Affordable neuter, spay & vaccinations
Chickasha Animal Shelter EMERGENCY PET FOOD 405-222-6093
203 N Genevieve Chickasha, OK Tuesday through Saturday
Lawton Humane Society Spay & neuter vouchers 580-355-7729
Paws of Love Therapy dogs 580-699-7007
Service Dogs 1-866-248-6265
Giddy Up & Go Horseback Riding 580-248-3701
Animal Assisted Therapy
Bobbie Wallis-Volunteer with Friends of Change 405-245-6932
area vets visit once a month for a low cost spay & neuter clinic. Call for
appointment time \$50 spay& neuter, \$5 vaccines, micro chipping

PHONE/LIFELINE PROGRAM

Assist Wireless 405-370-3993
515 W Texas Anadarko, OK Free Smart-phones, no contract,
Text & Talk \$1.87 + taxes Unlimited Text & Talk \$6.03 + taxes
Also have a location inside Williams Grocery store on Mission
Terracom Low cost home & wireless phone service 1-877-351-4747

PREGNANCY SUPPORT

- Pregnancy Support Center 405-247-4841
508 W Kentucky Anadarko, OK Pregnancy testing, "Earn While You Learn" program-parenting classes; from pregnancy to teenagers. Earn "baby bucks" by watching videos & filling out a worksheet, then you can "shop" in their store for baby diapers, food, formula, clothes etc
Monday & Thursday 12pm-4pm Tuesday 3pm-7pm
- Women's Care Pregnancy Center 405-222-5483
1201 W Choctaw Chickasha, Ok Free pregnancy tests, counseling, baby clothes, diapers, food & parenting classes M-F 9am -5pm
- Caddo County Health Department 405-247-2507
405 SW 6th Ave Anadarko, OK
- Pregnancy Resource Center 1-888-604-1444
319 C Ave Lawton, OK
- Planned Parenthood 1-800-230-7526
- WIC 405-247-2507
216 W Broadway Anadarko, OK Provides assistance with nutrition, and breast-feeding
- WCD/WIC 405-247-2533
Hwy 281 Anadarko,OK Provides assistance with nutrition, and breast-feeding

SENIOR SERVICES & NUTRITION

- Solutions for a Better Aging 1-888-405-4242
- Alzheimer's Association 580-699-2877
- Advantage Waiver 1-800-435-4711
- Elder Services 1-800-211-2116
- A Place for Mom www.aplaceformom.com 1-855-492-6027
- ASCOG-The Association of South Central Oklahoma Governments
Can provide assistance to seniors and older adults in Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman.
802 Main St., P.O. Box 1647, Duncan, Oklahoma 73533-1647
- AARP 1-866-687-2277

MEALS

- Apache Tribe AOA 405-247-6330
601 E Colorado Anadarko, Ok
- Senior Nutrition Center 405-247-4857
415 W Main St Anadarko, OK
- Cyril Senior Center 580-464-3100
3 Ohio St Cyril, OK
- Senior Nutrition Center 405-542-6454
501 W Main St Hinton, OK
- Senior Nutrition Center 580-588-2200
301 E Evans Apache, OK

Senior Nutrition Center 580-654-1507
3 E 3rd St Carnegie, OK

SUICIDE PREVENTION

National Suicide Prevention Lifeline 1-800-273-TALK (8255)
Suicide Hot line OKC 405-848-2273
Tulsa 918-836-4357
OASIS Statewide information & referral 1-800-426-2747
Kristin Brooks Hope Center 1-800-442-HOPE(4673)
Kiowa Teen Suicide Prevention 405-247-5200
Provides QPR (question, persuade, refer) and/or ASSIST training's free of charge to tribal and community members to help create a culture of safety for our youth, teach life skills, host community awareness events that promote help seeking behaviors and work to reduce the stigma that surrounds suicide

SUPPORT GROUPS

RAIN, INC AIDS/HIV/Chronic diseases 1-800-285-2273
1103 SW C Ave Suite 100 Oklahoma City, OK M-F 8:30am-4:30pm
HIV/AIDS Hotline 1-800-535-2437
Mended Hearts 1-888-432-7899
American Cancer Society 1-888-460-6550
NCI Cancer Information 1-800-422-6237
Cancer Care 1-800-813-4637
TOPS (food/weight loss issues) 1-800-932-8677
(additional support groups can be found in drug & substance abuse, children's & counseling sections)

TRANSPORTATION

Kiowa Fastrans 580-654-2053
Serves Anadarko to Verden, Chickasha, Apache, Hobart, Binger, Hinton, Carnegie M-F 8:00am-4:30pm Call for prices
Washita Valley Transit 405-222-3438
Grady County ONLY M-F 5:20am-4:20pm Call for prices
Sooner Ride FREE 1-877-404-4500
Must be have Sooner Care. For medical appointments only, need at least 3 business days notice, you can have someone go with you, does do gas reimbursements (needs a doctors signature-call for details)
Anadarko PTS Must have Medicaid & be disabled, must go through DHS
www.patienttravel.org Air charity network, referral system for free flights for non emergency medical reasons
Angels for Life 1-800-296-1217
Charity non-emergency medical flights
Angel Flight South Central 1-800-989-2602
Charity non-emergency medical flights
Red River Transportation 580-335-5588

Free for Medicare patients, non Medicare has fee
 Caddo Kiowa Technology Center 405-643-5511
 Ft.Cobb, OK Low cost car repair, shop fee, parts fee, repair must go
 along with the curriculum, starts in August, call instructor for more
 information
 Canadian Valley Technology Center 405-224-7720
 1401 Michigan Ave Chickasha, OK Low cost car repair, shop fee, parts fee,
 repair must go along with the curriculum, starts in August, call instructor for
 more information

VETERAN/MILITARY SERVICES

VA 1-800-827-1000
 Veterans center 580-351-6511
 501 Flowermound Rd Lawton, OK
 Armed Services YMCA of the USA 1-800-597-1260
 Fisher House Foundation 1-888-294-8560
 Intrepid Fallen Heros Fund 1-800-340-4376
 Department of Veterans Benefits 1-888-655-2838
 125 South Main St Room 1B 38 Muskogee, OK Provides assistance to
 Veterans and their families in obtaining benefits
 Ft Sill Morale, Welfare & Recreation 580-442-6472
 Armed Services YMCA 580-355-5520
 Operation Homefront 580-581-0772
 Veterans Service Center 580-357-7280
 Red Cross Military Families 580-558-2132
 VFW 415 W Main St Anadarko, OK 405-247-2671
 Oklahoma City VA Medical Center 1-866-835-5273
 921 NE 13th St Oklahoma City, OK
www.oklahoma.gov
www.ok.gov/odva

OTHER IMPORTANT #'S

211 Oklahoma Resource and Referral Hotline
 United Way 405-236-8441
 1444 NW 28th St Oklahoma City, OK
 Social Security Administration 1-800-772-1213
 Poison Helpline 1-800-222-1222
 Medicare 1-800-633-4227
 Red Cross 405-228-9500 405-372-1833
 Salvation Army 405-224-5647
 227 N 4th Ave, Chickasha, OK OKC 405-246-1060
 OK Safeline 1-800-522-7233
 Sexual assault, domestic violence, human trafficking Hotline