



LUNCH

SEPTEMBER 2018

Bamberg School District One

All Student Breakfast & Lunch meals are Free for the 2018-2019 School Year.

Monday



10
Chicken Tenders
Or
Calfish Strips
Steamed Carrots, Mixed Vegetables
Tropical Fruit Mix, Peas
WG Roll

17
Spaghetti & Meatsauce
Or
Chicken Tenders
Mixed Vegetables, Sweet Peas
Peaches, Raisins
Garlic Texas Toast

24
Fish Sticks
Or
Chicken Tenders
Seasoned Fries,
Steamed Carrots, Peaches
Tropical Fruit Mix, Baked Cookie

Tuesday

4
Beef & Cheese Burrito
Or
Mexican Personal Pizza
Green Beans, Corn
Tropical Fruit Mix
Peaches

11
Beef-a-Roni
Or
Glazed Pork Rib Patty
Green Beans, Sweet Peas
Pineapple Tidbits, Fruit Raisins
Garlic Texas Toast

18
Turkey Hot Dog w/Chili on Bun
Or
Chili & Cheese
Baked Fries, Steamed Carrots
Tropical Fruit Mix, Coleslaw
Baked Cookie

25
Mexican Personal Pizza
Or
Popcorn Chicken
Green Beans, Corn
Fruit Raisins, Peas

Wednesday

5
Spaghetti & Meatsauce
Or
Chicken Tenders
Sweet Peas, Steamed Carrots
Pineapple Tidbits, Fruit Raisins
Garlic Texas Toast

12
Chicken Filet Sandwich
Or
Mexican Personal Pizza
Shr. Lettuce w/Sliced Tomatoes
Sweet Potato Fries
Applesauce Cups, Bananas

19
Meatloaf
Or
Popcorn Chicken
Steamed Broccoli, Lima Beans
Pineapple Tidbits, Orange Wedges
WG Roll

26
Meatloaf
Or
Glazed Pork Rib Patty
Brown Rice
Turnips Greens, Lima Beans
Strawberry Fruit Cup
Mandarin-Oranges

Thursday

6
Meatloaf
Or
Glazed Pork Rib Patty
Brown Rice
Turnips Greens, Lima Beans
Applesauce, Peas

13
BBQ Pork w/Sauce
Or
Meatloaf
Brown Rice
Lima Beans, Turnip Greens
Pineapple Tidbits, Golden Apples

20
Glazed BBQ Pork on Bun
Or
Cheeseburger on Bun
Shr. Lettuce w/ Sl. Tomato & Pickle
Green Beans
Mandarin Oranges, Fresh Apples

27
Turkey Hot Dog w/Chili on WG Bun
Or
Glazed BBQ Pork on Bun
Sweet Peas, Coleslaw
Golden Apples, Pineapple Tidbits

Friday

7
Taco-Seas. Chicken & Cheese
Or
Chili & Cheese
Seasoned Fries
Mixed Vegetables
Mandarin Oranges, Fruit
Baked Cookie

14
Taco-Seas. Chicken & Cheese
Or
Chili & Cheese
Corn, California Blend Vegetables
Seasoned Fries, Mandarin Oranges
Baked Cookie

21
Fajita-Seas. Chicken & Cheese
Tortilla Wrap
Or
Mexican Personal Pizza
Shr. Lettuce w/Diced Tomatoes
Corn, Peas, Fruit Cocktail

28
Chicken Filet Sandwich
Or
Cheeseburger on Bun
Shr. Lettuce w/Pickles
Seasoned Fries
Fresh Fruit, Fruit Cocktail



Menus are subject to change.

Assorted Milk Offered Daily

This institution is an equal opportunity provider.