

South Middle School

Luck of the Dog

5K Run/Walk or 1 Mile Walk with or without a dog

Saturday, March 9, 2019

Race Information:

Deadline for pre-registration is February 28th. Race entries will be accepted on the day of the race. Pre-registration is \$20.00 and \$25.00 after February 28 (including the day of the race). If you register after February 28th you are not guaranteed a t-shirt. Registration on the day of the race will begin at 7A.M. at the outdoor classroom at South Middle School in Cowan. The race will begin promptly at 8 A.M., rain or shine. Awards will be given to the top male and top female in each age category as well as the overall champion for male and female. **(\$20.00 fee includes runner/walker and one dog [optional])**

Registration:

Please complete the entire form and print legibly. Please sign where indicated.

Full Name _____ Telephone _____

Age on March 9, 2019 _____ Gender: _____ Male _____ Female

Address: _____

T-shirt Size: Circle One: Child Small Child Medium Child Large Child X-Large Adult Small

Adult Medium Adult Large Adult X-Large Adult XX-Large (\$2 extra) Other _____ (\$2 extra)

Waiver:

I, individually, (and/or parent or legal guardian of the named minor) in consideration of the acceptance of my entry in the aforementioned event, for myself, my heirs, my executors, administrators and assignees, do hereby release and discharge all sponsors and officials for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate in this event. I also understand that if the event is cancelled for any reason that all entry fees are non-refundable and this entry is non-transferrable. I have read the Rules and Regulations for dogs to participate in this event and warrant that all dog(s) walking with me will meet all requirements. All walkers/runners and/or those responsible for dogs must sign this waiver to be eligible to participate in this event.

Signed (Participant) _____ Date _____

Parent/Guardian (if under age 18) _____ Date _____

Make all checks payable to South Middle School. Please send all forms and fees to:

SMS – attn. Peggy Hegwood 601 West Cumberland Street, Cowan, TN 37318