## Track Tryout Information Sheet

Feb 11<sup>th</sup>-12<sup>th</sup> 3:30-5:00- All runners

Feb 13<sup>th</sup> 3:30-5:00- Throwers (shot put, discus, etc.)

Bring: running clothes/shoes, water, etc.

\*You must have a valid physical on file to try out\*

Contact Coach Washington with additional questions.