


November 2018

GW Long K-8 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Bites Roasted Potatoes Carrots w/ Ranch Fruit Roll Cookie Milk Alternate: Hamburger	2 Pizza Corn Romaine Salad Fruit Milk Alternate: Crisпитos
5 Cheeseburger Nuggets Mixed Vegetables French Fries Roll Fruit Milk Alternate: Hot Ham & Cheese Sandwich	6 Sweet & Sour Chicken Fried Rice Carrots Stir Fry Vegetables Fruit Milk Alternate: Pizza	7 Sausage Macaroni & Cheese Turnip Greens Black-eyed Peas Roll Fruit Milk Alternate: Hot Dog	8 Steak Sandwich Broccoli w/ Cheese Corn Fruit Cookie Milk Alternate: Hamburger	9 Work Day No Students
12 HOLIDAY	13 Salisbury Steak w/ Gravy Creamed Potatoes Carrots Roll Fruit Milk Alternate: Pizza	14 <i>Thanksgiving Meal</i> 	15 Breaded Chicken Sandwich French Fries Green Beans Fruit Cookie Milk Alternate: Hamburger	16 Pizza Romaine Salad Corn Fruit Milk Alternate: Crisпитos
19 Thanksgiving Holidays	21 Thanksgiving Holidays	22 Thanksgiving Holidays	23 Thanksgiving Holidays	24 Thanksgiving Holidays
26 Chicken Tenders English Peas Carrots Fruit Roll Milk Alternate: Hot Ham & Cheese Sandwich	27 Beef Nachos on Chips Corn Romaine Salad Fruit Milk Alternate: Pizza	28 Chicken Alfredo over Pasta Mixed Vegetables Green Beans Roll Fruit Milk Alternate: Hot Dog	29 Crisпитos Carrots w/ Ranch Black Beans Fruit Cookie Milk Alternate: Hamburger	30 Corn Dog French Fries Broccoli W/ Cheese Fruit Milk Alternate: Crisпитos

Daily Options: Chef Salad or Sandwich