

OCTOBER 2018

Lunch K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Hot Dog Baked Beans Broccoli w/ Cheese Fruit Milk Alternate: Hot Ham/Turkey & Cheese Sandwich</p>	<p>2 Salisbury Steak w/ Gravy Creamed Potatoes Carrots Roll Fruit Milk Alternate: Hamburger</p>	<p>3 BBQ Chicken on Bun Sweet Potato Baby Lima Beans Fruit Milk Alternate: Hot Dog</p>	<p>4 Breaded Chicken Sandwich French Fries Green Beans Cookie Fruit Milk Alternate: Pizza</p>	<p>5 WORK DAY No Students</p>
<p>8 HOLIDAY</p>	<p>9 Chicken Tenders English Peas Carrots Fruit Roll Milk Alternate: Hamburger</p>	<p>10 Chicken Alfredo over Pasta Cali Mixed Vegetables Green Beans Fruit Roll Milk Alternate: Hot Dog</p>	<p>11 Crispitos Carrots w/ Ranch Black Beans Fruit Cookie Milk Alternate: Pizza</p>	<p>12 Turkey & Cheese Sandwich French Fries Broccoli w/ Cheese Fruit Milk Alternate: Corndog</p>
<p>15 Chicken Quesadilla French Fries Black Beans Salsa Fruit Milk Alternate: Hot Ham/Turkey & Cheese Sandwich</p>	<p>16 Chicken Parmesan on Pasta Green Beans Romaine Salad Fruit Milk Alternate: Hamburger</p>	<p>17 Pizza Crunchers Romaine Salad w/Dressing Corn Fruit Milk Alternate: Hot Dog</p>	<p>18 Chicken Bites Sweet Potato Broccoli Fruit Cookie Milk Alternate: Pizza</p>	<p>19 Turkey & Cheese Sandwich Carrots w/ Ranch Lettuce/Tomato Chips Fresh Fruit Milk Alternate: Crispitos</p>
<p>22 Hamburger French Fries Baked Beans Fruit Milk Alternate: Hot Ham/Turkey & Cheese Sandwich</p>	<p>23 Fajita Chicken Wrap Spanish Rice Black Beans Romaine Lettuce Salsa Fruit Milk Alternate: Hamburger</p>	<p>24 Grilled Cheese Sandwich Vegetable Beef Soup Romaine Salad Fruit Milk Alternate: Hot Dog</p>	<p>25 Chicken Bites Roasted Potatoes Carrots w/ Ranch Fruit Roll Cookie Milk Alternate: Pizza</p>	<p>26 Pizza Romaine Salad Corn Fruit Milk Alternate: Crispitos</p>
<p>29 Steak Sandwich French Fries Green Beans Fruit Milk Alternate: Hot Ham/Turkey & Cheese Sandwich</p>	<p>30 Chicken Rice Carrots Stir Fry Vegetables Roll Fruit Milk Alternate: Hamburger</p>	<p>31 Sausage Macaroni & Cheese Turnip Greens Black-eyed Peas Roll Fruit Milk Alternate: Hot Dog</p>		

Daily Options: Chef Salad or Sandwich