

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. Help your child set a goal and write down a plan to achieve it.
2. Make a list with your child of activities you enjoyed together during the past year. Schedule time on the calendar to do some of them this year.
3. Pick a category (animals, sports) and a letter. How many items from that category can your child think of that begin with that letter?
4. Ask your child, "What's the coldest place in the nation today? The warmest? What's the temperature difference between the two?"
5. Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it for a family treasure hunt.
6. Tonight at dinner, put a "price" on each item you serve. Have your child figure out the "cost" of the meal.
7. Have a big job to finish? Look for five free minutes and get started. Small chunks of time add up, and you'll set a great example for your child.
8. Decide as a family on something special to save for.
9. Have your child think of several words that start with the same letter, then use them in a sentence that makes sense.
10. Have a family sing-along. Have each person share a favorite song!
11. Help your child look up events that occurred on this day in history.
12. Challenge your child to put away $1 + 3 + 2 - 4 + 1$ things in her room.
13. Watch the news with your child. Locate a place mentioned on a map.
14. Resist the urge to overschedule your child. Kids need "downtime" to think, imagine and play.
15. Teach your child about resolving conflicts. Explain how people reach compromises. Give an example.
16. Take a walk with your child. Note the seasonal changes.
17. Label four sheets of paper: Spring, Summer, Fall and Winter. Have your child write descriptive words for each season.
18. Honor Martin Luther King, Jr.'s life. Talk with your child about prejudice.
19. Encourage your child to write a letter or an email to a friend.
20. At dinner, have family members tell about the books they are reading.
21. With your child, learn how to count to 10 in three different languages.
22. Feed the birds. Ask your child to count the varieties of birds he sees.
23. Check out a book from the library about simple experiments you and your child can try at home. Try one today.
24. Encourage your child to start a diary or journal this year.
25. Choose a poem to read aloud to your child. With your feet, stomp syllables as you read.
26. At the store, ask your child to figure how much change you should get from your purchase.
27. Plan an indoor family "camp-out." Make a tent from a blanket. Eat s'mores. Read scary stories.
28. Let your child help you make a fruit salad. Include an unfamiliar fruit.
29. Help your child make a dictionary of spelling or vocabulary words.
30. Look through your house with your child. Make a list of everything that comes from plants.
31. At dinner, have everyone tell one thing they learned today.



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

