

Geneva County Child Nutrition

GO DAWGS !!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Hamburger Romaine Salad Potato Wedges Broccoli Florets, FRZ Fruit Cocktail Pear, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 3 Taco Salad Romaine Salad Corn WK Refried Beans Cinnamon Spicy Pears Oranges, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 4 Chicken, Oven Fried Romaine Salad Turnips Mashed Potatoes Sweet Potatoe, Baked Gravy Sister Schubert Wh/ Rol Grapes, Fresh Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Oct - 5 BBQ Sandwich / ww Romaine Salad Baked Beans Cole Slaw Fries, Oven Straight Fruity Applesauce Cantaloupe Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Oct - 6 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Peaches Oranges, Fresh Fat Free Chocolate Milk 1% Milk Skim Milk Fat Free Strawberry Milk
Oct - 9	Oct - 10	Oct - 11	Oct - 12 General Tso Chicken Fried Rice Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Cornbread Peach Cup Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Oct - 13 Hot Pocket Romaine Salad Tator Tots Green Beans, FRZ Carrots, Steamed Oranges, Fresh Cinnamon Spicy Pears Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Oct - 16 Hamburger Cheeseburger/ ww Romaine Salad Romaine Lettuce & Tomato Sweet Potatoe, Baked Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 17 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Peaches Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 18 Hot Dog Hot Dog Chili Romaine Salad Baked Potato Cantaloupe Bananas Banana Pudding Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 19 Country Fried Steak Romaine Salad Gravy Mashed Potatoes Turnips Cornbread Fruit Cocktail Grapes, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Oct - 20 Chicken Fillet / ww Romaine Salad Broccoli Florets, FRZ Shoestring fries Apples, Fresh Oranges, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk
Oct - 23 CHICKEN NUGGETS Hot Wings Romaine Salad Blackeye Peas Baked Potato Sister Schubert Wh/ Rol Apples, Fresh Peaches Fat Free Chocolate Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 24 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Oranges, Fresh Pear, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 25 Spaghetti w/ whole Wheat Romaine Salad Italian Vegetables Broccoli w/ cheese Breadsticks, Whole Wheat Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 26 Chicken, Bites whole muscle Romaine Salad Butterbeans Shoestring fries Sister Schubert Wh/ Rol Fruit Cocktail Cantaloupe Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Oct - 27 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct - 30 Chicken Fillet / ww Romaine Salad Green Beans Sweet Potato Fries Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Oct - 31 Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Nov - 1 Baked Turkey Romaine Salad Cornbread Dressing Yams Butterbeans Cranberry Sauce Giblet Gravy Sister Schubert Wh/ Rol Bananas Mardarin Orange Cake 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk BBQ Sandwich / ww Baked Beans Cheese Grits Hushpuppies Oranges, Fresh Cantaloupe	Nov - 2 Baked Turkey Romaine Salad Cornbread Dressing Yams Butterbeans Cranberry Sauce Giblet Gravy Sister Schubert Wh/ Rol Bananas Mardarin Orange Cake 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk BBQ Sandwich / ww Baked Beans Cheese Grits Hushpuppies Oranges, Fresh Cantaloupe	Nov - 3 Pizza, Stuffed Crust Cheese Pizza Stuffed Crust Pepp Romaine Salad Peas Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk

A variety of milk is offered daily.
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

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