

# Geneva County Child Nutrition

## GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
				Jan - 5  Crispito with cheese Romaine Salad Green Beans Corn on Cob Sister Schubert Wh/ Rol Peaches Oranges, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk Salsa
Jan - 8  Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Cornbread Peach Cup Applesauce Cups Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 9  Quesadilla, Chicken WG Romaine Salad Refried Beans Corn WK Chip, Nacho Cheese Strawberry Cup Bananas Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 10  Corndog Romaine Salad Peas, Green, FZN Potato Wedges Grapes, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 11  Chicken Noodle Soup Peanut Butter & Jelly Romaine Salad Broccoli Mixed Vegetables Fruit Cocktail Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 12  Hot Pocket Romaine Salad Tator Tots Green Beans Carrots, Steamed Oranges, Fresh Cinnamon Spicy Pears Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Jan - 15  HOLIDAY	Jan - 16  Chick Fil-A Sandwich Romaine Salad Green Beans Sweet Potato Fries Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 17  Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 18  Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Hushpuppies Toast, Whole Wheat Fruity Applesauce Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 19  Pizza, Cheese Pepperoni Pizza Romaine Salad Peas Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Jan - 22  Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Sweet Potato Fries Sister Schubert Wh/ Rol Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 23  Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 24  Spaghetti w/ whole Wheat Romaine Salad Italian Vegetables Broccoli Breadsticks, Whole Wheat Marinara Sauce Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 25  Chicken, Bites whole muscle Romaine Salad Butterbeans Fries, Oven Straight Sister Schubert Wh/ Rol Fruit Cocktail Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Jan - 26  Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Geneva County Child Nutrition

## GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 29	Jan - 30	Jan - 31	Feb - 1	Feb - 2
Hamburger Cheeseburger/ ww Romaine Salad Sweet Potato Fries Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Hot Dog Hot Dog Chili Romaine Salad Tator Tots Banana Pudding Oranges, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Country Fried Steak Romaine Salad Gravy Turnips Mashed Potatoes Cornbread Grapes, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Spicy Chicken Fillet/ ww Chick Fil-A Sandwich Romaine Salad Broccoli Shoestring fries Mandrian Oranges Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.