

# Geneva County Child Nutrition

## GCHS High School Lunch GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2  Chicken Parmesan Garlic Toast / ww Romaine Salad Broccoli Peaches Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 3  Fiesta Chicken Soup Sub Sandwich Romaine Salad Green Beans Bananas Brownies Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 4  Hamburger Cheeseburger/ ww Romaine Salad Sweet Potato Fries Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 5  BBQ Sandwich / ww Fiesta Chicken Wrap Romaine Salad Baked Potato Corn on Cob Chips, Doritos NACHO CHEESE PLUMS,FRESH Mandrian Oranges Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 6  Hot Pocket Romaine Salad Tator Tots Peas Carrots, Steamed Oranges, Fresh Pear, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Apr - 9  Pork Chops Chicken Tenderloin Romaine Salad Turnips Mashed Potatoes Gravy Fruity Applesauce Sister Schubert Wh/ Rol Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 10  Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 11  Chick Fil-A Sandwich Romaine Salad Green Beans, FRZ Sweet Potato Fries Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 12  Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Hushpuppies Toast, Whole Wheat Fruity Applesauce Oranges, Fresh Tartar Sauce, Pack Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 13  Pizza, Stuffed Crust Cheese Pizza, French Bread Pepperoni Romaine Salad Corn WK Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Apr - 16  Ranch Chicken Wrap Corndog Romaine Salad Peas, Green, FZN Potato Wedges Grapes,Fresh Fruity Applesauce Sister Schubert Wh/ Rol Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 17  Fajita Nachos Romaine Salad Refried Beans Corn WK Strawberry Cup Bananas Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 18  Pork Roast Romaine Salad Gravy Mashed Potatoes Blackeye Peas Carrots Cornbread Peach Cup Applesauce Cups Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Apr - 19  HOLIDAY	Apr - 20  HOLIDAY

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## GCHS High School Lunch GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 23	Apr - 24	Apr - 25	Apr - 26	Apr - 27
Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Sweet Potato Fries Sister Schubert Wh/ Rol Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Crispito with cheese Romaine Salad Corn on Cob Rice & Tomatoes Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Lasagna Romaine Salad Italian Vegetables Broccoli Florets, FRZ Marinara Sauce Breadsticks, Whole Wheat Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Chicken, Bites whole muscle Romaine Salad Butterbeans Fries, French 3/8" crkl cut Sister Schubert Wh/ Rol Fruit Cocktail Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

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*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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