

# Geneva County Child Nutrition

## GCHS High School Breakfast GO DAWGS!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 5  French Toast, mini Maple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Feb - 6  Blueberry Muffin String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Feb - 7  Mini Cinnis Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Feb - 8  Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Feb - 9  Graham Cracker, Cinnamon Yogurt - Strawberry Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Feb - 12  Frudel, Apple String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 13  Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 14  Pancakes, Maple Mini WG Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 15  Egg and Cheese on WG Bun Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 16
Feb - 19	Feb - 20  waffle, mini pillsbury, maple Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 21  Egg, Omelet Cheese Blueberry Muffin Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 22  Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 23  Cinnamon bun String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk
Feb - 26  Fruit Loops Cereal Pouch String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 27  Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 28  Wrap, Sausage, & Egg Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk	Mar - 1	Mar - 2

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.