

Geneva County Child Nutrition

GCHS High School Lunch GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 5 Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Sweet Potato Fries Sister Schubert Wh/ Rol Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 6 Crispito with cheese Romaine Salad Corn on Cob Rice & Tomatoes Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 7 Spaghetti w/ whole Wheat Romaine Salad Italian Vegetables Broccoli Breadsticks, Whole Wheat Marinara Sauce Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 8 Chicken, Bites whole muscle Romaine Salad Butterbeans Fries, French 3/8" crkl cut Sister Schubert Wh/ Rol Fruit Cocktail Strawberries, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 9 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Feb - 12 Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Yams Cornbread Peach Cup Applesauce Cups Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 13 Fajita Nachos Romaine Salad Refried Beans Corn WK Strawberry Cup Bananas Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 14 Corndog Romaine Salad Peas, Green, FZN Potato Wedges Mardarin Orange Cake Grapes, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 15 Chicken Noodle Soup Peanut Butter & Jelly Romaine Salad Broccoli Mixed Vegetables Fruit Cocktail Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 16
Feb - 19	Feb - 20 Chick Fil-A Sandwich Romaine Salad Green Beans Sweet Potato Fries Bananas Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 21 Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 22 BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Fruity Applesauce Carrots, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 23 Pizza, Cheese Pepperoni Pizza Romaine Salad Peas Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26 Hamburger Cheeseburger/ ww Romaine Salad Sweet Potato Fries Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 27 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 28 Country Fried Steak Romaine Salad Gravy Turnips Mashed Potatoes Cornbread Grapes, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 1 	Mar - 2

A variety of milk is offered daily.
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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