

# Geneva County Child Nutrition

## GCHS High School Breakfast GO DAWGS!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26 Fruit Loops Cereal Pouch String Cheese Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 27 Sausage & Roll Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Skim Milk Fat Free Vanilla Milk	Feb - 28 Wrap, Sausage, & Egg Assorted Fresh Fruit 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk	Mar - 1 Muffin, Chocolate Chip String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 2 String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Mar - 5 Frudel, Apple String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 6 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 7 Pancakes, Maple Mini WG Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 8 Egg and Cheese on WG Bun Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 9 HOLIDAY
Mar - 12 French Toast, mini Maple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 13 Blueberry Muffin String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 14 Mini Cinnis Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 15 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk	Mar - 16 Cereal, Cocoa Puff Yogurt - Strawberry and Banana Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Mar - 19 waffle, mini pillsbury, maple Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Mar - 20 Egg, Omelet Cheese Blueberry Muffin Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Mar - 21 Sausage & Roll Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Mar - 22 Cinnamon bun String Cheese Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk	Mar - 23 Graham Cracker, Cinnamon Yogurt - Strawberry Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 1% Milk Skim Milk
Mar - 26 SPRING BREAK	Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK	Mar - 30 SPRING BREAK

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**