

# Geneva County Child Nutrition

High School

Lunch

**GO DAWGS !!!!!!!**

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26  Hamburger Cheeseburger/ ww Romaine Salad Sweet Potato Fries Baked Beans Oranges, Fresh Fruity Applesauce Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 27  Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Feb - 28  Country Fried Steak Romaine Salad Gravy Turnips Mashed Potatoes Cornbread Grapes, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 1  Fiesta Chicken Soup Sub Sandwich Romaine Salad Green Beans Brownies Bananas Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 2  Eggs Sausage, link Romaine Salad Cheese Grits Pancakes Hash Browns Juice, Grape 4 oz. Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk Syrup, Pancake & Waffle
Mar - 5  Ranch Chicken Wrap Corndog Romaine Salad Peas, Green, FZN Potato Wedges Grapes, Fresh Fruity Applesauce Sister Schubert Wh/ Rol Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 6  Fajita Nachos Romaine Salad Refried Beans Corn WK Assorted Fresh Fruit Bananas Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 7  Pork Roast Romaine Salad Mashed Potatoes Blackeye Peas Carrots Gravy Cornbread Peach Cup Applesauce Cups Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 8  Taco Soup Grilled Cheese / ww Romaine Salad Broccoli Fruit Cocktail Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 9  HOLIDAY
Mar - 12  Pork Chops Chicken Tenderloin Romaine Salad Turnips Mashed Potatoes Gravy Fruity Applesauce Sister Schubert Wh/ Rol Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 13  Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 14  Chick Fil-A Sandwich Romaine Salad Green Beans, FRZ Sweet Potato Fries Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 15  Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Hushpuppies Toast, Whole Wheat Fruity Applesauce Oranges, Fresh Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 16  Pizza, Stuffed Crust Cheese Pizza, French Bread Pepperoni Romaine Salad Peas Apples, Fresh Fruit Cocktail Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Geneva County Child Nutrition

## GCHS High School Lunch GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 19  Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Sweet Potato Fries Sister Schubert Wh/ Rol Apples, Fresh Peaches Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 20  Crispito with cheese Romaine Salad Corn on Cob Rice & Tomatoes Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned Salsa Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 21  Lasagna Romaine Salad Italian Vegetables Broccoli Florets, FRZ Marinara Sauce Breadsticks, Whole Wheat Mandrian Oranges Bananas Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 22  Chicken, Bites whole muscle Romaine Salad Butterbeans Fries, French 3/8" crkl cut Sister Schubert Wh/ Rol Fruit Cocktail Assorted Fresh Fruit Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk	Mar - 23  Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches, Halves Fat Free Chocolate Milk Fat Free Strawberry Milk 1% Milk Skim Milk Fat Free Vanilla Milk
Mar - 26  SPRING BREAK	Mar - 27  SPRING BREAK	Mar - 28  SPRING BREAK	Mar - 29  SPRING BREAK	Mar - 30  SPRING BREAK

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

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