

# Geneva County Child Nutrition

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| Oct - 2<br>Fruit Loops Cereal Pouch<br>String Cheese<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk | Oct - 3<br>Sausage & Roll<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                          | Oct - 4<br>Wrap, Sausage, & Egg<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk     | Oct - 5<br>Mini Cinnis<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                                | Oct - 6<br>Cinnamon Toast Crunch<br>Cereal Bar<br>Assorted Fresh Fruit<br>Fat Free Chocolate Milk<br>Fat Free Strawberry Milk<br>1% Milk<br>Skim Milk              |
| Oct - 9   | Oct - 10  | Oct - 11   | Oct - 12<br>Fruit Loops Cereal Pouch<br>String Cheese<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk | Oct - 13<br>Mini Cinnis<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                                     |
| Oct - 16<br>Frudel, Apple<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                            | Oct - 17<br>Sausage & Roll<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                         | Oct - 18<br>Pancakes, Maple Mini WG<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk | Oct - 19<br>Egg and Cheese on WG Bun<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                  | Oct - 20<br>Poptart, Strawberry WG<br>String Cheese<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk         |
| Oct - 23<br>French Toast, mini Maple<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                 | Oct - 24<br>Blueberry Muffin<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                       | Oct - 25<br>Mini Cinnis<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk             | Oct - 26<br>Sausage & Roll<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                            | Oct - 27<br>Graham Cracker, Cinnamon<br>Yogurt - Strawberry<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk |
| Oct - 30<br>waffle, mini pillsbury, maple<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk            | Oct - 31<br>Egg, Omelet Cheese<br>Blueberry Muffin<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk | Nov - 1<br>Sausage & Roll<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk           | Nov - 2<br>Cinnamon bun<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                               | Nov - 3<br>Frudel, Apple<br>Assorted Fresh Fruit<br>1% Milk<br>Fat Free Chocolate Milk<br>Skim Milk<br>Fat Free Strawberry Milk                                    |

A variety of milk is offered daily.  
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.