

Geneva County Child Nutrition

GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 Hamburger Romaine Salad Potato Wedges Broccoli Florets, FRZ Romaine Lettuce & Tomato Fruit Cocktail Pear, Halves Chocolate Pudding 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk dressing, balsamic vinaigrette	Oct - 3 Taco Salad Romaine Salad Corn WK Refried Beans Cinnamon Spicy Pears Oranges, Fresh Sister Schubert Wh/ Rol 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk dressing, balsamic vinaigrette	Oct - 4 Chicken, Oven Fried Romaine Salad Turnips Mashed Potatoes Sweet Potatoe, Baked Gravy Sister Schubert Wh/ Rol Grapes, Fresh Fruity Applesauce 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 5 Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cole Slaw Shoestring fries Hushpuppies Toast, Whole Wheat Fruity Applesauce Cantaloupe 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk Tarter Sauce dressing, balsamic vinaigrette	Oct - 6 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Peaches Oranges, Fresh Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette
Oct - 9	Oct - 10	Oct - 11	Oct - 12 General Tso Chicken Fried Rice Beef Nuggets Romaine Salad Mashed Potatoes Blackeye Peas Cornbread Peach Cup Fruity Applesauce 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 13 Hot Pocket Romaine Salad Tator Tots Green Beans, FRZ Carrots, Steamed Oranges, Fresh Cinnamon Spicy Pears 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette
Oct - 16 Hamburger Cheeseburger/ ww Romaine Salad Sweet Potatoe, Baked Baked Beans Oranges, Fresh Fruity Applesauce Romaine Lettuce & Tomato 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 17 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches, Halves 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 18 Hot Dog Hot Dog Chili ONIONS FRESH Romaine Salad Baked Potato Cantaloupe Bananas Banana Pudding 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk dressing, balsamic vinaigrette	Oct - 19 Country Fried Steak Romaine Salad Turnips Mashed Potatoes Cornbread Gravy Grapes, Fresh Fruit Cocktail 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 20 Spicy Chicken Fillet/ ww Chicken Fillet / ww Romaine Salad Broccoli Florets, FRZ Shoestring fries Apples, Fresh Oranges, Fresh 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Geneva County Child Nutrition

GO DAWGS !!!!!!!

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 23 Hot Wings CHICKEN NUGGETS Romaine Salad Blackeye Peas Baked Potato Sister Schubert Wh/ Rol Apples, Fresh Peaches 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 24 Crispito with cheese Romaine Salad Corn on Cob Sister Schubert Wh/ Rol Oranges, Fresh Pears, Sliced canned 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 25 Spaghetti w/ whole Wheat Romaine Salad Italian Vegetables Broccoli Florets, FRZ Breadsticks, Whole Wheat Marinara Sauce Mandrian Oranges Bananas 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 26 Chicken, Bites whole muscle Romaine Salad Butterbeans Fries, French 3/8" crkl cut Sister Schubert Wh/ Rol Fruit Cocktail Cantaloupe 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 27 Pizza, Cheese Pepperoni Pizza Romaine Salad Corn WK Apples, Fresh Peaches 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette
Oct - 30 Chicken Fillet / ww Romaine Salad Green Beans, FRZ Sweet Potato Fries Bananas 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Oct - 31 Sub Sandwich Apple Chicken Salad Crackers Romaine Salad Blackeye Peas Carrots, Steamed Chips, Doritos COOL RANCH Pear, Halves Apples, Fresh 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk dressing, balsamic vinaigrette	Nov - 1 Catfish Strips BBQ Sandwich / ww Romaine Salad Baked Beans Cheese Grits Hushpuppies Toast, Whole Wheat Fruity Applesauce Cantaloupe 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk Tarter Sauce dressing, balsamic vinaigrette	Nov - 2 Fajita Nachos Romaine Salad Blackbeans Corn WK Sister Schubert Wh/ Rol Peaches Apples, Fresh 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette	Nov - 3 Pizza, Cheese Pepperoni Pizza Romaine Salad Peas Apples, Fresh Fruit Cocktail 1% Milk Fat Free Chocolate Milk Skim Milk Fat Free Strawberry Milk Fat Free Vanilla Milk dressing, balsamic vinaigrette

A variety of milk is offered daily.
Menus are subject to change.

"The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer."

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.