

YOU ARE INVITED TO BGIS'S



5<sup>TH</sup> ANNUAL 5K FOR A CAUSE!!!

**DATE: March 24, 2017**

**COST: \$20 Student Entry fee includes running packet, water bottle, and t-shirt**

Parents may purchase additional shirts-\$20, walk/jog with their child (no fee), or attend as a spectator (no fee)

**\$5 Entry Fee- includes entry fee and water bottle (No T-shirt)**

Please note: we cannot excuse students [siblings] from other schools.

**MUST PAY BY: March 15, 2017- ALL FEES PAID ON [www.MYSCHOOLFEES.com](http://www.MYSCHOOLFEES.com)**

\*Additional donations accepted-Please contact Bridgette Rayfield (email below) to scholarship a student.

Questions: email Bridgette Rayfield at [brayfield@hoover.k12.al.us](mailto:brayfield@hoover.k12.al.us)

\*\*For more information on the causes we are supporting, a detailed schedule, and to see our video from past years, visit our webpage <http://brocksintermediate.al.hci.schoolinsites.com/>

Available T-shirt sizes:

YM, YL, AS, AM, AL, AXL, AXXL

**General Schedule of Events: \*To view schedule by TEAM, see our detailed schedule on the website.**

Warm-up station

5k-walk/run

Cool-down station

Concessions- Bring an extra \$5-\$10 the day of the race to purchase

Tail-gating games

Tug of war

Nutrition station-Making a healthy snack

Hoover YMCA fun station

**Our Causes:**

BGIS Physical Education Program (Health and wellness goals)

Hoover YMCA-Scholarship fund

Other causes TBD

My child has permission to participate in all of the 5k festivities.

Student Name: \_\_\_\_\_ Student Homeroom: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Physical Limitations? (if any) \_\_\_\_\_