



Elementary



Action for Healthy Kids (AFHK) is proud to work with schools nationwide to promote **Every Kid Healthy Week™** which focuses on sound nutrition, regular physical activity & health-promoting school programs. AFHK recognizes Every Kid Healthy Week during the last week of April (**April 20th – 24th**)

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
<ul style="list-style-type: none"> Cheese Pizza Sweet & Sour Chicken Power Salad Oriental Noodles Steamed Broccoli Fresh Carrot Sticks Fresh Sliced Apples Rosati Ice Fruit Cup 	<ul style="list-style-type: none"> Beef Taco Salad Chicken Quesadilla Fruit-Yogurt Salad Seasoned Corn Seasoned Pinto Beans Strawberry/Blueberries Sliced Pears 	<ul style="list-style-type: none"> Chicken Tenders Meatloaf Hawaiian Chicken Wrap Dinner Roll Seasoned Green Beans Mashed Potatoes w/Gravy Fresh Grapes Sliced Peaches 	<ul style="list-style-type: none"> Chicken Corndog Beef Tips & Rice Ham & Cheese Wrap Meal Dinner Roll Succotash Oven Baked French Fries Fresh Banana Mandarin Oranges Cookie 	<ul style="list-style-type: none"> Cheese Sticks w/Marinara Turkey Tetrzini Tuna Sandwich Meal Steamed Carrots Zucchini Parmesan Crisp Fresh Garden Salad Fresh Pear Hawaiian Fruit Cup
13	14	15	16	17
<ul style="list-style-type: none"> Chicken Nuggets Stuffed Cheese Pizza Fruit & Yogurt Salad Brown Rice w/Gravy Sweet Potato Fries Fresh Spinach Salad Fresh Apple Slices Rosati Ice Fruit Cup 	<ul style="list-style-type: none"> Chicken Cordon Blu Beefy Mac & Cheese Greek Salad Meal Dinner Roll Black-Eyed Peas Mashed Potatoes &Gravy Fresh Grapes Mandarin Oranges 	<p style="text-align: center;"><u>Brunch for Lunch</u></p> <ul style="list-style-type: none"> Pancakes w/Syrup Grilled Cheese Sandwich Grilled Ham & Cheese Sandwich Scrambled Eggs Potato Rounds Cherry Tomatoes Sausage Link Fresh Fruit & Fruit Juice 	<ul style="list-style-type: none"> Crispito Pulled Pork Nachos Chicken Caesar Salad Seasoned Corn Pinto Beans Fresh Kiwi Canned Pear Slices Cookie 	<ul style="list-style-type: none"> Hamburger Steak w/gravy Chicken Alfredo Tuna Sandwich Meal Garlic Cheese Stick Cinnamon Sweet Potatoes Seasoned Green Beans Fresh Orange Slices Applesauce
20	21	22	23	24
<ul style="list-style-type: none"> Hamburger on Bun All-Beef Hotdog on Bun SB & Jelly Sandwich Potato Rounds Baked Beans Cherry Tomatoes w/Dip Fresh Sliced Apples Rosati Ice Fruit Cup 	<ul style="list-style-type: none"> Steak Nuggets BBQ Pork Sandwich Fruit & Yogurt Salad Oven Baked Fries Sweet Peas Fresh Spinach Salad Fresh Melon Cup Canned Pear Slices Cookie 	<ul style="list-style-type: none"> Greek Chicken Flatbread Sloppy Joe Sandwich Trio Salad Roasted Red Potatoes Steamed Yellow Squash Greek Garbanzo Salad Fresh Grapes Pineapple Chunks 	<ul style="list-style-type: none"> Spaghetti w/Meat Sauce Steak Parmesan Sandwich Southwestern Chicken Salad Garlic Cheese Breadstick Roasted Brussel Sprouts Fresh Spinach Salad Steamed Cauliflower Fresh Banana Mandarin Oranges 	<ul style="list-style-type: none"> Personal Pan Cheese Pizza Cheesy Chicken & Rice Tuna Sandwich Meal Steamed Broccoli Sweet Potato Fries Cucumber Slices w/Dip Fresh Orange Halves Applesauce Cookie
27	28	29	30	
<ul style="list-style-type: none"> Cheese Pizza Sweet & Sour Pork Power Salad Oriental Noodles Steamed Broccoli Fresh Carrot Sticks Fresh Sliced Apples Rosati Ice Fruit Cup Rice Krispy Treat 	<ul style="list-style-type: none"> Beef Taco Salad Chicken Quesadilla Fruit-Yogurt Salad Seasoned Corn Seasoned Pinto Beans Strawberry/Blueberries Sliced Pears 	<ul style="list-style-type: none"> Chicken Tenders Meatloaf Hawaiian Chicken Wrap Dinner Roll Seasoned Green Beans Mashed Potatoes w/Gravy Fresh Grapes Sliced Peaches 	<ul style="list-style-type: none"> Chicken Corndog Beef Tips & Rice Ham & Cheese Wrap Meal Dinner Roll Succotash Oven Baked French Fries Fresh Banana Mandarin Oranges Cookie 	<p style="text-align: center;"><i>USDA is an equal opportunity provider & employer</i></p> <p style="text-align: center;"> Meatless <i>Monday Entrée</i></p>

****April 24th is an Inclement Weather Make-Up Day; School may not be in session**