

## Native American Cultural Regions Note Sheet

<u>Southwest</u>	<u>Pacific Coast</u>
<p><b><u>Location:</u></b> Arizona, New Mexico, northern Mexico, southern Nevada, Utah, and Colorado</p> <p><b><u>Food:</u></b> -depended on corn to survive -squash and beans</p> <p><b><u>Shelter:</u></b> -pueblos and cliff dwellings</p> <p><b><u>Weapons/Tools:</u></b> N/A</p> <p><b><u>Clothes:</u></b> Grew cotton – spun and wove it into clothing</p> <p><b><u>Culture/Community:</u></b> Men: farmed, herded sheep Women: took care of the house, crafted baskets and pottery; hauled water Boys joined the Kachina cult when they turned 6</p>	<p><b><u>Location:</u></b> Southern Alaska to Washington state; east Sierra Nevada to Rocky Mountains</p> <p><b><u>Food:</u></b> Salmon, hunt deer, gathered roots and berries</p> <p><b><u>Shelter:</u></b> Homes made of lumber</p> <p><b><u>Weapons/Tools:</u></b> -bows and arrows - nets</p> <p><b><u>Clothes:</u></b> - Animal hides</p> <p><b><u>Culture/Community:</u></b> - Totem poles, art, ceremonies</p>
<u>California</u>	<u>Great Plains</u>
<p><b><u>Location:</u></b> Southern Oregon to Baja California</p> <p><b><u>Food:</u></b> Fish: salmon and shellfish Gathered: berries, pine nuts Hunted: deer, rabbits, duck</p> <p><b><u>Shelter:</u></b> Cone-shaped homes made out of Redwood trees, poles, and antlers</p> <p><b><u>Weapons/Tools:</u></b></p> <ul style="list-style-type: none"> <li>- Bows and arrows</li> <li>- Snare (trap)</li> <li>- Nets</li> <li>- baskets</li> </ul> <p><b><u>Clothes:</u></b></p> <ul style="list-style-type: none"> <li>- hot months: grass clothing</li> <li>- cold months: animal hides</li> </ul> <p><b><u>Culture/Community:</u></b></p>	<p><b><u>Location:</u></b> Missouri, Iowa, Kansas area</p> <p><b><u>Food:</u></b> Farming by Missouri River Hunted buffalo</p> <p><b><u>Shelter:</u></b> Tepees of buffalo hides</p> <p><b><u>Weapons/Tools:</u></b></p> <ul style="list-style-type: none"> <li>- utilized horseback</li> <li>- ropes and shields made from buffalo fur/hides</li> </ul> <p><b><u>Clothes:</u></b> Robes made from buffalo hides</p> <p><b><u>Culture/Community:</u></b> Hunting and war guaranteed fame with community</p>

<p style="text-align: center;"><u>Great Basin</u></p> <p><b>Location:</b> East of California between Sierra Nevada Mountains and Rocky Mountains</p> <p><b>Food:</b> - hunted ducks , small prey, snakes, grasshoppers</p> <p><b>Shelter:</b> - homes made of willow poles and covered with brush and leaves</p> <p><b>Weapons/Tools:</b> - Traps - nets</p> <p><b>Clothes:</b> Robes made out of rabbit hides</p> <p><b>Culture/Community:</b> Men hunted Women gathered</p>	<p style="text-align: center;"><u>Plateau</u></p> <p><b>Location:</b> North of Great Basin- Cascade Mountains to the west; Rocky Mountains to the east</p> <p><b>Food:</b> Hunted and gathered: carrots, vegetables, deer, antelope</p> <p><b>Shelter:</b> Homes partially underground, near rivers, made of wood</p> <p><b>Weapons/Tools:</b> Digging sticks nets</p> <p><b>Clothes:</b> Animal hides – dresses, leggings, shirts, decorated clothes with seed and shells</p> <p><b>Culture/Community:</b> Wove baskets and hats</p>
<p style="text-align: center;"><u>Eastern Woodlands</u></p> <p><b>Location:</b> East of Mississippi River and south of the Great Lakes</p> <p><b>Food:</b> Combined hunting and fishing with farming</p> <p><b>Shelter:</b> Longhouses: barrel-shaped roof covered in bark Wigwams: cone or dome-shaped homes made using bent poles covered with hides or bark</p> <p><b>Weapons/Tools:</b> - Practiced slash-and-burn agriculture - Used the wampum: beads made of white and purple shells that they arranged on strings and wove into belts. Wampums recorded important events and agreements.</p> <p><b>Clothes:</b> Deer hide</p> <p><b>Culture/Community:</b> Two Distinct Groups: 1. Algonquian: 2. Iroquios:</p>	<p style="text-align: center;"><u>Southeast</u></p> <p><b>Location:</b> Ohio Valley to the Gulf of Mexico and from Texas to the Atlantic Ocean.</p> <p><b>Food:</b> - corn, beans, squash, pumpkins, and sunflowers - squirrels, rabbits, turkeys, deer, alligators, turtles</p> <p><b>Shelter:</b> - Clustered their houses around these mounds. - Built their homes from strips of young trees woven into a rectangular frame and plastered with clay. Roofs were pointed and made of leaves.</p> <p><b>Weapons/Tools:</b> - hoes made of stone, shell, or animal shoulder blades fastened to wooden handles - blow guns - bows and arrows</p> <p><b>Clothes:</b> - simple, short deerskin skirts - fashion rings, earrings, arm rings, and hairpins from stones, shells, feathers, pearls, bones, and clay</p> <p><b>Culture/Community:</b> Built large mounds for rituals and temples</p>

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