

3. What are the 4 ways infectious diseases can be spread?

a.

b.

c.

d.

4. What is our body's first line of defense against disease?

5. What is inflammation and how does it help fight infection?

6. If a pathogen gets past the physical barriers, what system kicks in to fight the disease from the inside? Describe how it works.

7. What are some things you can do to stay well?