

5. What are some things you can do to help YOURSELF deal with a loss?

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6. What are some things you can do for OTHERS to help them deal with a loss?

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7. What is suicide?

- Many people who consider suicide do so for a _____ period of time.
- Most people who have attempted and failed are usually _____ to be alive.
- Suicide has _____ warning signs.
- Use of alcohol and drugs put people at risk because _____.
- Suicide is the _____ leading cause of death for 15 – 24 year olds.